



**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS  
OF BUCHAREST**



**INTERNATIONAL UNIVERSITY SPORTS FEDERATION  
INTERNATIONAL ASSOCIATION OF PHYSICAL EDUCATION AND SPORT UNIVERSITIES  
LONDON ACADEMY OF SPORTS AND HEALTH SCIENCES  
ROMANIAN COUNCIL OF SCIENCE AND SPORT**

**INTERNATIONAL CONGRESS OF PHYSICAL  
EDUCATION, SPORTS AND KINETOTHERAPY  
9<sup>th</sup> Edition**

**EDUCATION AND SPORTS SCIENCE IN 21<sup>ST</sup>  
CENTURY**

**Bucharest, 13-15 June 2019**





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**Rector of National University of  
Physical Education and Sports, Bucharest**

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**Zakirianov Baurjan** *Prof. PhD Hab*, Rector of the Kazakh Academy of Sports and Tourism, Kazakhstan

## **ORGANIZING COMMITTEE**

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**Alin SĂFTEL** Assistant PhD student, U.N.E.F.S. Bucharest

## CONGRESS PROGRAM

### INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY

#### “EDUCATION AND SPORTS SCIENCE IN 21ST CENTURY 9th EDITION

THURSDAY, 13th of JUNE 2019

#### WORKSHOPS

- 1. UNIFIED DANCE AS AN INCLUSIVE STRATEGY FOR  
YOUNG PEOPLE WITH LIMITED ABILITIES**  
Sports Games Hall, 14<sup>00</sup>-15<sup>00</sup>

Moderators:

*Gabriel POPESCU, Professor. PhD, UNEFS*

*Mihaela ZAHIU, Assistant PhD, UNEFS*

- 2. LET`S PLAY BOCCE TOGETHER**  
Sports Games Hall, 15<sup>00</sup>-16<sup>00</sup>

Moderators:

*Valeria BĂLAN, Associate Professor PhD, UNEFS*

*Carmen GHERGHEL, Associate Professor PhD, UNEFS*

*Ana-Maria MUJEA, Assistant PhD, UNEFS*

**16<sup>00</sup> – 19<sup>30</sup> – STUDENT SCIENTIFIC SESSION - e-POSTER**

#### **Section 1. Basketball Room**

Moderators:

*Corina IVAN, Associate Professor PhD, UNEFS,*

*Marina IGOROV, Associate PhD, UNEFS*

Secretary:

*Oana IONESCU, Assistant PhD, UNEFS*

## **Section 2. Handball Room**

Moderators:

*Sorin CIOLCĂ, Associate professor PhD, UNEFS*

*Adina GEAMBAȘU, Lecturer PhD, UNEFS*

Secretary:

*Roxana BEJAN, Lecturer PhD, UNEFS*

## **Section 3. Athletics Room**

Moderators:

*Liliana DINA, Associate professor PhD, UNEFS*

*Sorin ȘERBĂNOIU, Associate professor PhD, UNEFS*

Secretary:

*Ana GAVOJDEA, Assistant PhD, UNEFS*

**17<sup>30</sup> – 18<sup>00</sup> – Dinner**

Ballet Room



## FRIDAY, 14 JUNE 2019

9<sup>00</sup> – 9<sup>45</sup> – **Registration (U.N.E.F.S. Bucharest, 140 Constantin Noica Street)**

### 10<sup>00</sup> – 10<sup>30</sup> **Plenary session**

Opening of the INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY – “EDUCATION AND SPORTS SCIENCE IN THE 21st CENTURY” – 9th Edition  
UNEFS Amphitheatre

### 10<sup>30</sup> – 12<sup>00</sup> – **Presentation of papers in the plenary session**

Moderator:

*Vasilica GRIGORE, Professor PhD, UNEFS*

Secretary:

*Alin SĂFTEL, Assistant PhD student, UNEFS*

UNEFS Amphitheatre

#### **Keynote speakers:**

1. *Alexandru ILIE, Mihaela APOSTU, Corina PREDESCU, Radu PREDESCU, National University of Physical Education and Sports, Bucharest, “Carol Davila” University of Medicine and Pharmacy, Bucharest, Romania*  
The efficiency of computerized dynamometry in recovery of the medial meniscus surgery
2. *Victor MANOLACHI, Alexei DEMCENCO, Veaceslav MANOLACHI - State University of Physical Education and Sport, Chisinau, Republic of Moldova*  
Applicative coordinative abilities - students’ safety factor in contemporary leisure activities
3. *Nikolaos THEODOROU - KEA Fair Play Code, Greece*  
Coach sport integrity - Kalaitzidis UEFAPRO case study analysis with recommendations
4. *Florin PELIN, Radu PREDOIU, Georgeta MITRACHE, Alexandra PREDOIU, National University of Physical Education and Sports, Bucharest Romania*  
Mental features of top level athletes

## **12<sup>15</sup> – 13<sup>15</sup> – WORKSHOPS**

### **STRATEGIES FOR THE FUTURE, STRATEGIES FOR YOUTH**

Moderators:

*Florin PELIN, Professor PhD, UNEFS*

*Corina CIOLCĂ, Associate Prof. PhD, UNEFS*

Secretary:

*Alin SĂFTEL, Assistant PhD student, UNEFS*

Amphitheatre Room

### **MENTAL HEALTH CHALLENGES IN ELITE SPORT**

Moderator:

*Alan RINGLAND, Dr., Institute of Technology, Tralee, Ireland*

Secretary:

*Radu PREDOIU, Lecturer PhD, UNEFS*

F1 Room

*13 30- 14 45 LUNCH, Marble Hall*

## **15<sup>00</sup> – 16<sup>30</sup> – WORKSHOPS**

### **ACTING TOGETHER TOWARDS SMARTER COURSE DESIGN IN A CHANGING WORLD**

Moderator:

*Alina MOANȚĂ, Professor PhD, UNEFS*

*Aura BOTA, Professor PhD, UNEFS*

Secretary:

*Sonia ALBU, Assistant PhD student, UNEFS*

UNEFS MUSEUM

### **BUILDING TRUST IN SPORT THROUGH COACHES' INTEGRITY**

Moderators:

*Vasilica GRIGORE, Professor PhD, UNEFS*

*Monica STĂNESCU, Professor PhD, UNEFS*

Secretary:

*Marius STOICESCU, Lecturer PhD, UNEFS*

C1 Room

## **CURRENT AND FUTURE TRAINING STRATEGIES FOR PHYSICAL THERAPISTS**

Moderator:

*Mariana CORDUN, Professor PhD, UNEFS*

*Carmen GHERGHEL, Associate Professor PhD, UNEFS*

Secretary:

*Daniel MURĂREȚU, Lecturer PhD, UNEFS*

F1 Room

## **MODERN COORDINATES OF MOTOR ACTIVITIES IN NON-PROFILE HIGHER EDUCATION**

Moderators:

*Nicoleta LEONTE, Lecturer PhD, Politehnica University of Bucharest*

*Carmen GRIGOROIU, Lecturer PhD, Politehnica University of Bucharest*

C2 Room

**15<sup>00</sup> – 18<sup>00</sup> – Oral and e-POSTER presentations – by section**

**18<sup>30</sup> - OFFICIAL DINNER**

Marble Hall

## Section 1

### SPORTS AND PERFORMANCE (Amphitheatre Room)

#### 15<sup>00</sup> – 16<sup>30</sup> ORAL AND E-POSTER PRESENTATION

##### Moderators

- *Gheorghe MARINESCU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Gabriel POPESCU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*

##### Secretary

- *Adina DREVE, Assistant PhD (U.N.E.F.S. Bucharest, Romania)*

##### Oral presentation

Paper ID	Title	Authors' names	Institution	Country
1076	THE ROLE OF MUSCLE ACTIVATION INDEX IN MOTOR CONTROL – A THEORETICAL PRESENTATION	Bogdan ANTOHE, Marinela RAȚĂ, Gloria RAȚĂ	National University of Physical Education and Sports, Bucharest “Vasile Alecsandri” University of Bacău	Romania
1101	POSSIBLE CORRELATIONS BETWEEN AEROBIC POWER AND LACTACID ANAEROBIC CAPACITY IN HANDBALL PLAYERS	Florin TROFIN, Cezar HONCERIU	Alexandru Ioan Cuza” University of Iasi	Romania
1132	HEART RATE IN MAXIMUM AEROBIC EFFORT AND LACTACID ANAEROBIC CAPACITY IN HANDBALL FEMALE PLAYERS	Florin TROFIN, Beatrice ABALAȘEI	Alexandru Ioan Cuza” University of Iasi	Romania

##### e-Poster presentation

Paper ID	Title	Authors' names	Institution	Country
1034	STUDY ON THE NEED FOR JUDICIOUS PHYSICAL TRAINING OF THE JUNIORS DANCERS	Alin Cristian ROSA	University “1 Decembrie” Alba Iulia	Romania
1059	COMPARATIVE STUDY ON THE TOPSPIN AND RETOPSPIN EXECUTION BIOMECHANICS IN FEMALE CADETS	Mircea MOCANU, Ioan NEGULESCU, Catalin SAVU	Dunărea de Jos” University, Galați, National University of Physical Education and Sports, Bucharest	Romania
1077	RECIPROCAL RELATIONSHIP BETWEEN THE GAME PATTERN AND THE TRAINING PATTERN IN THE PERFORMANCE VOLLEYBALL	Nicolae-Lucian VOINEA, Gloria RAȚĂ	National University of Physical Education and Sports, Bucharest “Vasile Alecsandri” University of Bacău	Romania
1086	MONITORING AND TESTING MOTOR SKILLS IN YOUNG SOCCER PLAYERS	Gaetano RAIOLA, Francesca D’ELIA, Tiziana D’ISANTO, Gaetano ALTAVILLA	University of Salerno, MIUR Campania University of Split	Italy, Croatia

1088	THE EVALUATION OF THE IMPROVEMENT OF THE ENDURANCE IN THE TRANSITION PERIOD	Gaetano RAIOLA, Tiziana D'ISANTO, Francesca D'ELIA, Gaetano ALTAVILLA	University of Salerno, MIUR Campania University of Split	Italy, Croatia
1089	ANALYSIS OF THE QUANTITY AND QUALITY PARAMETERS IN THE HIGH BAR COMPETITIVE ROUTINES	Vladimir POTOP Vasilica GRIGORE Marian CREȚU Valeriu JURAT	Ecological University, National University of Physical Education and Sports, Bucharest University of Pitesti, State University of Physical Education and Sport, Chisinau	Romania, Moldova
1098	STUDY ON THE LEARNING OF BADMINTON'S TECHNIQUE IN 6-7 YEARS OLD CHILDREN	Ștefan MAFTEI, Gloria RAȚĂ, Bogdan BREANĂ	University of Physical Education and Sports, Bucharest Vasile Alecsandri University, Bacău	Romania
1102	FENCING TRAINING EFFECT ON CHILDREN DIAGNOSED WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER	Hatuel Lydiaa CZUCKERMANN	Ohalo College in Katzrin - Academic Institute for Education, Sciences and Sports	Israel

### 16<sup>30</sup> – 18<sup>00</sup> ORAL AND E-POSTER PRESENTATION

#### Moderators

- *Corina ȚIFREA, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Marian TEODORU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*

#### Secretary

- *Ștefan TOADER, Assistant PhD (U.N.E.F.S. Bucharest, Romania)*

#### Oral presentation

Paper ID	Title	Authors' names	Institution	Country
1140	INFLUENCE OF LEPIDIUM MEYENII, ON STRESS INDUCED BY WALKING ON A TREADMILL	Ramona-Niculina JURCĂU, Ioana-Marieta JURCĂU, Septimiu ORMENIȘAN, Vlad-Teodor GROSU, Cornelia POPOVICI, Ioana MOZOȘ	„Iuliu Hațieganu” University of Medicine and Pharmacy, Cluj-Napoca, Emergency Clinical Hospital for Children, Cluj-Napoca, Babeș-Bolyai University, Cluj-Napoca, Technical University of Cluj-Napoca, „Victor Babeș” University of Medicine and Pharmacy, Timișoara	Romania

## e-Poster presentation

Paper ID	Title	Authors' names	Institution	Country
1103	WAYS TO ACHIEVE PROGRESSION IN THE FOOTBALL GAME	Dumitru BARBU, Doru STOICA	University of Craiova,	Romania
1104	CONTRIBUTION OF THE BIOMECHANICAL CRITERIA IN TEACHING AND LEARNING ON BALANCE BEAM	Vladimir POTOP Vasilica GRIGORE Mariana CIMPEANU Victor BUFTEA Carolina MOGA	Ecological University, National University of Physical Education and Sports, Bucharest School Sports Club Dinamo , State University of Physical Education and Sport, Chisinau	Romania, Moldova
1105	ADAPTATION OF MUSCLE METABOLISM AND CARDIAC ACTIVITY IN SPECIFIC ENDURANCE TRAINING	Mihaela SOLCANU, Simona BIDIUGAN	National Research Institute for Sports, Bucharest	Romania
1109	MODEL CONSTRUCTION OF PHYSICAL AND TECHNICAL READINESS IN FEMALE POLE VAULT	Jaromir SEDLACEK, Peter KRŠKA	Faculty of Sport, Presov University in Presov, Faculty of Education, Catholic University in Ruzomberok	Slovakia
1121	ANALYSIS OF STICK SHOTING IN OINA GAME USING THE BIOMECHANICS PARAMETERS	Cristian VĂDUVA, Gheorghe MONEA, Mihnea MARIN, Ligia RUSU	University Babeş Bolyai, Cluj-Napoca University of Craiova, University of Craiova	Romania
1123	RESEARCH ON THE TIME PERCEPTION OF THE ATHLETES	Maxim KOCHERYAN, Igor SEMENET, Elena DAVYDOVA, Stanislava FAGINA	Ural State University of Economics, Ekaterinburg, Slavonic University of the Republic of Moldova, Kishinev	Russia Moldova
1124	SPORTS INFLUENCE ON THE FORMATION OF PERSONAL DEFORMATIONS	Petr RYSKIN, Igor SEMENET, Irina VASHLIAEVA, Natalia SHURALEVA	Ural State University of Economics, Ekaterinburg, Slavonic University of the Republic of Moldova, Kishinev	Russia Moldova
1128	THE ROLE OF SELF-IMAGE AND MOTIVATION IN SPORTS PERFORMANCES	Ileana Monica POPOVICI, Cristina Elena MORARU	Alexandru Ioan Cuza” University of Iasi, Faculty of Physical Education and Sports, Iasi	Romania
1138	PLANNING A TRAINING PROCESS OF HIGHLY QUALIFIED TABLE TENNIS ATHLETES	Elena MOCROUSOV	State University of Physical Education and Sport, Chisinau,	Moldova
1148	FOOD PRINCIPLES PROVIDING MUSCULAR ACTIVITY ENERGY IN STUDENTS SPORTS TRAINING PRACTICING POWERLIFTING	Viorel DORGAN, Dumitru PRODAN, Natalia NASTAS	State University of Physical Education and Sport, Chisinau	Romania

## Section 2

### PHYSICAL EDUCATION AND TEACHER TRAINING (*Doctoral Room*)

#### 15<sup>00</sup> – 16<sup>30</sup> ORAL AND E-POSTER PRESENTATION

#### Moderators

- *Silvia TEODORESCU Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Gabriel GHÎTESCU Professor PhD (U.N.E.F.S. Bucharest, Romania)*

#### Secretary

- *Tudor PALADE Lecturer PhD (U.N.E.F.S. Bucharest, Romania)*

#### Oral presentation

Paper ID	Title	Authors' names	Institution	Country
1106	SMALL - SIDED GAMES: EFFECTIVE MEANS IN TRAINING THE SCHOOL REPRESENTATIVE IN SOCCER	Octavian Horațiu RUSU, Răzvan Gheorghe RUSU	National University of Physical Education and Sports, Bucharest "1 Decembrie 1918" University of Alba Iulia	Romania

#### e-Poster presentation

Paper ID	Title	Authors' names	Institution	Country
1038	BODY MASS INDEX OF STUDENTS WITH INTELLECTUAL DISABILITIES IN BUCHAREST	Vicol Eduard ȘUȚĂ, Tiberiu TĂTARU, Laurențiu OPREA, Lizia Ioana ȘUȚĂ	Special School Constantin Paunescu, Bucharest, Constantin Brancusi University, Targu Jiu, School Inspectorate of Bucharest	Romania
1041	COGNITIVE PROCESS STIMULATION STRATEGY IN THE PROCESS OF PROFESSIONAL TRAINING	Gloria RAȚĂ, Marinela RAȚĂ, Bogdan Constantin RAȚĂ	"Vasile Alecsandri" University of Bacău,	Romania
1045	PREDICTION OF THE PROFESSIONAL ORIENTATION OF STUDENTS IN VOCATIONAL PROFILE AND NON PROFILE	Ionut CORLACI, Adina GEAMBASU, Oana IONESCU, Ana Maria GAVOJDEA	National University of Physical Education and Sports, Bucharest	Romania
1060	CHILDREN'S MOTOR SKILLS VS VIRTUAL REALITY	Irina BĂIȚEL, Luminița PĂTRU	"Dante Alighieri" Theoretical High School, Bucharest National University of Physical Education and Sports, Bucharest	Romania

1062	CONSIDERATIONS REGARDING THE PSYCHOMOTOR ASSESSMENT OF STUDENTS IN THE VOCATIONAL PRIMARY EDUCATION	Bogdan GOZU, Gabriela PANĂ	University of Bucharest, Bucharest "Bălașa Doamna" High School of Fine Arts, Târgoviște	Romania
1064	FORMATION AND DEVELOPMENT OF PROFESSIONAL RELIABILITY OF FUTURE PHYSICAL EDUCATION TEACHERS	Oleksandr SOLTYK, Bogdan VYNOGRADSKYI, Yevgen PAVLYUK, Tetyana CHOPYK, Oleksandr ANTONIUK, Oksana PAVLYUK, Iuliia PAVLOVA	Khmelnyskyi National University, Khmelnitsky Lviv State University of Physical Culture, Lviv	Ukraine
1116	THE INFLUENCE OF TECHNICAL TRAINING THROUGH MEANS SPECIFIC TO FOOTBALL GAME IN MIDDLE SCHOOL	Doru STOICA, Dumitru BARBU	University of Craiova, Faculty of Physical Education and Sport, Craiova	Romania
1120	SOMATIC AND MOTOR PROFILE OF THE POPULATION AT RISK OF SOCIAL EXCLUSION	Dan BADEA	National University of Physical Education and Sports, Bucharest	Romania
1122	CHILDREN WITH BEHAVIORAL DESORDERS PERCEPTION ON SPORT ACTIVITIES FOR SOCIAL INCLUSION	Veronica GUSE Vasilica GRIGORE Andrade BICHESCU	National University of Physical Education and Sports, Bucharest Eftimie Murgu University of Reșița	Romania

### 16<sup>30</sup> – 18<sup>00</sup> e-Poster presentation

#### Moderators

- *Mihaela MANOS Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Virgil TUDOR Professor PhD (U.N.E.F.S. Bucharest, Romania)*

#### Secretary

- *Alin FEDIUC Assistant PhD student (U.N.E.F.S. Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1125	THE PROFILE OF PERSONAL AUTONOMY IN NON-ATHLETE AND ATHLETE TEENAGERS	Ștefan TÛDÖS, Georgeta MITRACHE, Radu PREDOIU, Ștefan Dănuț TUDORANCEA	University of Physical Education and Sports, Bucharest National College "Grigore Moisil", Bucharest	Romania
1137	CONTRIBUTION OF STEP-BY-STEP PEDAGOGY TO INCREASING MOTIVATION FOR PHYSICAL EDUCATION AND SPORT	Alina Gabriela RUSANESCU, Vasilica GRIGORE	National University of Physical Education and Sports, Bucharest	Romania
1143	THE IMPACT OF ADVENTURE EDUCATION ACTIVITIES ON THE DEVELOPMENT OF ARM STRENGTH	Virgil GANEA, Emilia Florina GROSU, Ramona-Niculina JURCĂU	"Babeș-Bolyai" University, Cluj-Napoca „Iuliu Hațieganu” University of	Romania



			Medicine and Pharmacy, Cluj-Napoca	
1147	OPTIMIZING THE MANAGEMENT OF TIME AND SPACE IN ALPINE SKIING	Valentin CARACAS, Iozsef Laszlo HIDI, Andrei IGOROV	National University of Physical Education and Sports, Bucharest	Romania
1155	DEVELOPING SPORTS INTEGRITY COMPETENCES AT PRE-SERVICE COACHES	Monica STANESCU Vasilica GRIGORE Marius STOICESCU Pompiliu Nicolae CONSTANTIN	National University of Physical Education and Sports, Bucharest	Romania
1158	COMPETENCES OF THE TODDLER'S SWIMMING INSTRUCTOR	Elena MILEACOVA, Marina VASHCHENKO, Viorel DORGAN	State University of Physical Education and Sports, Chisinau	Moldova
1160	PHYSICAL EDUCATION TEACHERS OPINIONS ABOUT STUDENTS WITH SPECIAL EDUCATIONAL REQUIREMENTS	Ana Maria SORA	National University of Physical Education and Sports, Bucharest	Romania
1191	OPTIMIZATION OF PHYSICAL EDUCATION ACTIVITIES IN PRESCHOOL AND PRIMARY EDUCATION - DEVELOPMENT CREATIVITY	Constantin PEHOIU, Bianca - Chera FERRARIO, Cristian SAVU	Valahia University of Targoviste	Romania
1192	IMPACT OF COMMUNICATION ON THE TEACHER-STUDENT RELATIONSHIP IN CONTEMPORARY PHYSICAL EDUCATION	Constantin PEHOIU, Cristian SAVU, Bianca - Chera FERRARIO	Valahia University of Targoviste	Romania

### Section 3

#### HEALTHCARE AND KINETOTHERAPY (*Biochemistry Room*)

#### 15<sup>00</sup> – 16<sup>00</sup> ORAL AND E-POSTER PRESENTATION

##### Moderators

- *Cristian ISPAS Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Sabina MACOVEI Professor PhD (U.N.E.F.S. Bucharest, Romania)*

##### Secretary

- *Sergiu MITROI Assistant PhD student (U.N.E.F.S. Bucharest, Romania)*

#### Oral presentation

Paper ID	Title	Authors' names	Institution	Country
1081	IMPACT OF MOTOR SKILLS TRAINING IN CHILDREN WITH AUTISM SPECTRUM DISORDER	Răzvan Constantin DANCIU, Gheorghe MARINESCU, Laurențiu Daniel TICALĂ	National University of Physical Education and Sports, Bucharest	Romania
1139	EFFECT OF ROMANIAN HERACLEUM SPHONDYLIUM PRODUCT, IN ACUTE AND INTENSE PHYSICAL STRESS	Ramona-Niculina JURCĂU, Cezar HONCERIU, Ioana-Marieta JURCĂU, Mihai KISS, Virgil GANEA, Cornelia POPOVICI, Emilia-Florina GROSU	„Iuliu Hațieganu” University of Medicine and Pharmacy, Cluj-Napoca Alexandru Ioan Cuza University, Iași Emergency Clinical Hospital for Children, Cluj-Napoca, "Babes-Bolyai" University, Cluj-Napoca	Romania
1141	OPINION OF MEDICAL DOCTORS, ATTENDED A POSTGRADUATE COURSE, REGARDING SPICES IN SPORTS	Ramona-Niculina JURCĂU, Ioana-Marieta JURCĂU, Alina RUSU, Nicolae-Alexandru COLCERIU, Mihai KISS	„Iuliu Hațieganu” University of Medicine and Pharmacy, Cluj-Napoca Emergency Clinical Hospital for Children, Cluj-Napoca Technical University of Cluj-Napoca University of Agricultural Sciences and Veterinary Medicine Cluj-Napoca	Romania

## e-Poster presentation

Paper ID	Title	Authors' names	Institution	Country
1021	WALKING REHABILITATION BY USING THE HUBER 360 PLATFORM IN MULTIPLE SCLEROSIS	Carmen Liliana GHERGHEL, Mariana CORDUN, Gigi TEODORU, Lucian Călin MARIN	National University of Physical Education and Sports, Bucharest Dr. Chiriac Medical Rehabilitation Centre, Bucharest	Romania
1022	REHABILITATION OF MUSCLE STRENGTH BY MEANS OF HUBER 360 PLATFORM IN LUMBAR RADICULOPATHY	Carmen Liliana GHERGHEL, Mariana CORDUN, Ovidiu Cristian CHIRIAC, Lucian Călin MARIN	National University of Physical Education and Sports, Bucharest Dr. Chiriac Medical Rehabilitation Centre, Bucharest	Romania
1027	HEALTH-RELATED QUALITY OF LIFE IN UKRAINIAN YOUNG CHILDREN: SELF-REPORTS AND PROXY-REPORTS	Iuliia PAVLOVA, Oksana FEDECHKO, Ivanna BODNAR	Lviv State University of Physical Culture, Lviv	Ukraine
1075	PHYSICAL ACTIVITY OF TRUCK DRIVERS	Jana JURIKOVA, Sandra BERGEROVA	Department of Kinesiology, Faculty of Sports Studies, Masaryk University, Brno	Czech Republic

## 16<sup>00</sup> – 17<sup>00</sup> e-Poster Presentation

### Moderators

- *Mihaela APOSTU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Ruxandra EL-BSAT, Associate Professor PhD (U.N.E.F.S. Bucharest, Romania)*

### Secretary

- *Remus GLOGOJEANU, Lecturer PhD (U.N.E.F.S. Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1025	THE INFLUENCE OF PHYSIOTHERAPY ON FUNCTIONAL FITNESS OF ADULTS WITH DOWN SYNDROME	Ilona ILINCA, Eugenia ROSULESCU, Germina COSMA, Mircea DANOIU	University of Craiova, Faculty of Physical Education and Sport, Craiova Neuromotor Adults Rehabilitation Center St. Maria, Craiova	Romania
1030	EPIDURAL TREATMENT AND KINEOTHERAPY IN SPINE DISORDERS	Ionuț Gabriel TĂNASE	Ovidius University, Faculty of Physical Education and Sport, Constanta	Romania
1070	BOTH FEET OBSTACLE JUMP IN AUTISM	Bogdan BREANĂ, Gloria RAȚĂ, Ștefan MAFTEI	National University of Physical Education and Sports, Bucharest	Romania

1090	IMPROVING CARDIOVASCULAR RESISTANCE TO YOUNG PERSONS THROUGH FUNCTIONAL TRAINING	Corina TIFREA, Georgiana HARJA	National University of Physical Education and Sports, Bucharest	Romania
1095	MECHANISM OF TRANSCRANIAL MAGNETIC STIMULATION TREATING ON SPASTIC CEREBRAL PALSY	Veronica CHIRIȚĂ	National University of Physical Education and Sports, Bucharest	Romania
1107	FUNCTIONAL RECOVERY BY KINETIC TREATMENT OF THE POST-TRAUMATIC ELBOW DISLOCATIONS	Olivia Carmen TIMNEA, Cosmina CHERAN, Daniela PAURAR, Andreea Consuela TIMNEA, Larisa POTOP	Romanian-American University, Ecological University of Bucharest, Clinical Emergency Hospital for Children "Grigore Alexandrescu", Bucharest Chiajna Medical Center, Ilfov	Romania
1112	KINETOTHERAPY AFTER NON- INVASIVE TREATMENT OF DUPUYTREN CONTRACTION	Ionuț Gabriel TĂNASE	Ovidius University, Constanta	Romania

### 17<sup>00</sup> – 18<sup>00</sup> e-Poster Presentation

#### Moderators

- *Antoaneta CREȚU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Carmen GHERGHEL, Associate Professor PhD (U.N.E.F.S. Bucharest, Romania)*

#### Secretary

- *Bogdan GOGA, Assistent PhD student (U.N.E.F.S. Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1113	THE KINEMATICAL MODEL OF THE ELBOW JOINT WITH ONE DEGREE OF FREEDOM	Petronela PARASCHIV, Ramona CIMPOESU, Ciprian PARASCHIV	Technical University Gheorghe Asachi, Iasi Gr. T. Popa, University of Medicine and Pharmacy, Iasi	Romania
1126	ENTY – ROMANIAN SYSTEM FOR OBJECTIVE EVALUATION OF EQUILIBRIUM IN HUMANS	Mădălina GEORGESCU, Daniel ROSNER, Cristian ALEXANDRESCU, Flavia OPREA, Andrei OSMAN	Carol Davila University of Medicine and Pharmacy, Bucharest, Politehnica University of Bucharest, University of Medicine and Pharmacy, Craiova	Romania

1133	THE EFFECTS OF RECOVERING PATIENTS WITH CORONARY BYPASS THROUGH THE “4PHASES PROTOCOL”	Cozeta-Anca MINCULESCU, Oana-Cristiana IONESCU, Radu-Valentin CHITA	National University of Physical Education and Sports, Bucharest	Romania
1142	THE RELATIONSHIP BETWEEN COPING STRATEGIES AND STRESS LEVELS IN KINETOTHERAPY MASTER'S STUDENTS	Mitrache GEORGETA, Adina GEAMBASU Mircea BRATU Radu PREDOIU	National University of Physical Education and Sports, Bucharest	Romania
1149	VEGETARIAN DIET IN AEROBIC SPORTS. PARTICULARITIES, NECESSITIES AND RECOMMENDATIONS	Elena-Teodora CONSTANTIN, Antoaneta CREȚU, Mihaela APOSTU, Ruxandra EL-BSAT, Corina PREDESCU	National University of Physical Education and Sports, Bucharest	Romania

## Section 4

### OLYMPISM, SPORTS HISTORY, PHILOSOPHY, ANTHROPOLOGY, PSYCHOLOGY AND SOCIOLOGY

### MANAGEMENT AND MARKETING IN PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY

### VARIA

*(Handball Room)*

### 15<sup>00</sup> – 16<sup>30</sup> ORAL AND e-POSTER PRESENTATION

#### Moderators

- *Doina CROITORU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *George DINA, Professor PhD (U.N.E.F.S. Bucharest, Romania)*

#### Secretary

- *Ana Maria ȘURUBA, Lecturer PhD (U.N.E.F.S. Bucharest, Romania)*

#### Oral presentation

Paper ID	Title	Authors' names	Institution	Country
<b>OLYMPISM, SPORTS HISTORY, PHILOSOPHY, ANTHROPOLOGY, PSYCHOLOGY AND SOCIOLOGY</b>				
1026	SPORT PSYCHOLOGY IN THE PARALYMPIC ENVIRONMENT: PERCEPTIONS OF COACHES, ATHLETES AND MANAGERS	Alan RINGLAND	Institute of Technology, Dromtacker, Tralee	Ireland

#### e-Poster presentation

Paper ID	Title	Authors' names	Institution	Country
<b>OLYMPISM, SPORTS HISTORY, PHILOSOPHY, ANTHROPOLOGY, PSYCHOLOGY AND SOCIOLOGY</b>				
1039	METHODOLOGICAL CONCEPT OF HYPOTHESES BUILDING AND VERIFICATION IN BEHAVIORAL RESEARCH	Ioan Rudi PRISĂCARU	FENIX Toulouse Trening Center	France
1040	VERBAL AND NONVERBAL SKILLS OF PROFESSIONALS IN THE CULTURAL AND ARTISTIC ENVIRONMENT	Georgeta (NICOLA) VLĂDUȚU, Radu PREDOIU, Sabina MACOVEI, Mihaela ZAHIU	National University of Physical Education and Sports, Bucharest	Romania
1136	RESILIENCE, STRESSORS AND PROTECTIVE FACTORS IN SPORTS PERFORMANCE	Roxana BEJAN-MURESAN, Adrian CINPEANU	National University of Physical Education and Sports, Bucharest	Romania

MANAGEMENT AND MARKETING IN PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY				
1037	LEGAL CONSIDERATIONS RELATED TO THE SPORTS ACTIVITY CONTRACT	Emil Sorin BUCUR	Titu Maiorescu University (Doctoral School), Bucharest	Romania
1091	STUDY REGARDING SPORT MANAGERS PERSONALITY PROFILE	Sonia ALBU, Vasilica GRIGORE	National University of Physical Education and Sports, Bucharest	Romania
1087	SPECIFIC CULTURAL PROFILE OF SPORT SPECIALIST: FURTHER IMPLICATION IN SCHOOL DEVELOPMENT	Constanta MIHAILĂ, Gabriela Alina PARASCHIVA	National University of Physical Education and Sports, Bucharest Politehnica University of Timisoara	Romania
1100	SYSTEMIC INDICATORS AND SPECIFIC LEGISLATION TO PHYSICAL EDUCATION AND SPORTS: ROMANIAN CASE	Constanta MIHAILĂ, Gabriela Alina PARASCHIVA	National University of Physical Education and Sports, Bucharest Politehnica University of Timisoara	Romania

### 16<sup>30</sup> – 18<sup>00</sup> e-POSTER PRESENTATION

#### Moderators

- *Luciela VASILE, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Ionuț CORLACI, Associate Professor PhD (U.N.E.F.S. Bucharest, Romania)*

#### Secretary

- *Laurențiu TICALĂ, Lecturer PhD (U.N.E.F.S. Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
<b>Varia</b>				
1042	NATIONAL FITNESS TRENDS	Anastasiia VOROBIOVA, Marina VASYLENKO, Nadiia VYSOCHINA	National University of Ukraine on Physical Education and Sport, Kyiv National Defence University of Ukraine named after Ivan Chernyakhovsk, Kyiv	Ukraine
1047	DEVELOPMENT OF THE DOWN SYNDROME PERSONS' ACCURACY THROUGH THE MEANS OF BOCCE	Ana Maria MUJEA, Carmen Liliana GHERGHEL, Valeria BALAN	National University of Physical Education and Sports, Bucharest	Romania
1084	THE REAL CHALLENGE IN LONG-DISTANCE RUNNING	Corina IVAN	National University of Physical Education and Sports, Bucharest	Romania

1096	BALANCE PERFORMANCE IN SEDENTARY AND ACTIVE HEALTHY YOUNG INDIVIDUALS	Radu PETROMAN	Department of Rehabilitation, Physical Medicine and Rheumatology, "Victor Babes" University of Medicine and Pharmacy Timisoara	Romania
1134	THE IMPACT OF A CHESS TRAINING PROGRAM ON YOUNG SOCCER TEAMS	Teodora VELEA, Viorel COJOCARU	National University of Physical Education and Sports, Bucharest	Romania
1145	STRATEGIES FOR THE SOCIAL INTEGRATION OF THE YOUTH THROUGH SPORT ACTIVITIES	Corina CIOLCĂ, Iulian Gabriel GHIȚESCU	National University of Physical Education and Sports, Bucharest	Romania
1151	INFLUENCE OF SWIMMING ON WEIGHT CONTROL OF DOWN SYNDROME CHILDREN AT PUBERTY	Ioana OPRÎȘESCU, Valeria BĂLAN	National University of Physical Education and Sports, Bucharest	Romania
1156	STUDY RELATIONSHIP BETWEEN SELF-ESTEEM AND LEISURE ACTIVITIES IN TEENAGE SPORTSMEN	Ana-Maria ȘURUBA-RUSEN, Daniel Constantin MURĂREȚU	National University of Physical Education and Sports, Bucharest	Romania
1157	STUDY ON BEHAVIORAL RESPONSIVENESS TO STRESS, SELF-ESTEEM AND LEISURE ACTIVITIES IN ADOLESCENTS	Ana-Maria ȘURUBA-RUSEN, Daniel Constantin MURĂREȚU	National University of Physical Education and Sports, Bucharest	Romania



## WORKSHOP

### MODERN COORDINATES OF MOTOR ACTIVITIES IN NON- PROFILE HIGHER EDUCATION

(C2 Room)

15<sup>00</sup> – 16<sup>30</sup>

Moderators

- Nicoleta LEONTE, Lecturer PhD, Politehnica University of Bucharest
- Carmen GRIGOROIU, Lecturer PhD, Politehnica University of Bucharest

Paper ID	Title	Authors' names	Institution	Country
1074	INCREASING PRECISION AND OPTIMIZING EFFICIENCY IN DISTANCE BASKETBALL SHOOTING (6.75 M)	Mihaela NETOLITZCHI, Nicoleta LEONTE, Ofelia POPESCU, Camelia BRANETȚ	Politehnica University of Bucharest, Bucharest	Romania
1079	STUDY ON THE IMPACT OF AEROBIC EXERCISE ON SELF-IMAGE IN YOUNG WOMEN	Camelia BRANETȚ, Oroles FLORESCU, Adrian PRICOP, Iancu RĂCHITĂ	Politehnica University of Bucharest, Bucharest	Romania
1048	PHYSICAL TRAINING SPECIFIC TO CADET CYCLISTS IN THE TIME TRIALS	Narcis NEAGU, Carmen GRIGOROIU, Raluca PELIN, Mihaela NETOLITZCHI	Politehnica University of Bucharest, Bucharest	Romania
1117	OPTIMIZATION OF EXPLOSIVE STRENGTH IN BEGINNER FEMALE VOLLEYBALL PLAYERS	Teodora WESSELLY, Mariana MEZEI, Oroles FLORESCU, Narcis NEAGU, Adrian PRICOP	Politehnica University of Bucharest, Bucharest	Romania
1058	THE TETANOID TRAINING METHOD IN HIGH-PERFORMANCE ALPINE SKIING	Iancu RĂCHITĂ, Nicoleta LEONTE, Ofelia POPESCU, Marian PETROF	Politehnica University of Bucharest, Bucharest	Romania
1067	OPTIMIZATION OF SELECTION IN AEROBIC GYMNASTICS BY CORRELATING PHYSICAL AND TECHNICAL ELEMENTS	Mariana MEZEI, Teodora WESSELLY, Raluca Anca PELIN, Carmen GRIGOROIU	Politehnica University of Bucharest, Bucharest	Romania
1092	DEVELOPING THE COORDINATING CAPACITIES OF FEMALE STUDENTS BY BASKETBALL-SPECIFIC MEANS	Ionela Cristina NAE	The Academy of Economic Studies, Bucharest	Romania

**18<sup>30</sup> - OFFICIAL DINNER**  
Marble Hall

**Saturday, 15 June 2019**

**10<sup>00</sup> – 12<sup>00</sup> – ORAL and e-POSTER PRESENTATION**

**Section 1**

**SPORTS AND PERFORMANCE**

*(C1 Room)*

**10<sup>00</sup> – 11<sup>30</sup> ORAL AND e-POSTER PRESENTATION**

**Moderators**

- *Marius STOICA Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Laurențiu BOCIOACĂ Associate Professor PhD (U.N.E.F.S. Bucharest, Romania)*

**Secretary**

- *Andrei SIMION Assistant PhD student (U.N.E.F.S. Bucharest, Romania)*

**Oral presentation**

Paper ID	Title	Authors' names	Institution	Country
1108	BODY DIFFICULTIES IN JUNIOR RHYTHMIC GYMNASTICS ACCORDING TO FIG CODE OF POINTS	Ștefania CHIRIAC, Silvia TEODORESCU, Aura BOTA	National University of Physical Education and Sports, Bucharest	Romania

**e-Poster presentation**

Paper ID	Title	Authors' names	Institution	Country
1028	MANIFESTATIONS OF ATTENTION IN JUNIOR FEMALE HANDBALL PLAYERS	Cristina ROMILA, Sabina MACOVEI, Florentina TONIȚA	National University of Physical Education and Sports, Bucharest Romanian-American University	Romania
1035	THE PREDICTION OF THE JUMP SHOOTING ACCORDING TO THE ENDURANCE IN BASKETBALL	Walled ALOGAILI, Gheorghe MARINESCU, Hisham HEWAED, Laurentiu Daniel TICALA	National University of Physical Education and Sports, Bucharest Physical Education University of Al- Quadisiyah	Romania, Iraq
1036	ROMANIA'S HANDBALL TEAM OFFENSE PLAY AT THE EHF EURO 2018	Cristina VARZARU, Virgil TUDOR, Viorel COJOCARU, Marina IGOROV, Ana-Maria MUJEA	National University of Physical Education and Sports, Bucharest	Romania

1049	THE SPECIFIC PARTICULARITIES OF GYMNASTS TRAINING WITH DOWN SYNDROME FOR HIGH-LEVEL COMPETITIONS	Gabriel POPESCU, Silvia STROESCU	National University of Physical Education and Sports, Bucharest	Romania
1053	OPINIONS OF THE PARTICIPANTS IN STREET RUNNING EVENTS	Daniela MARCU, Sabina MACOVEI, Gabriela DINȚICĂ	National University of Physical Education and Sports, Bucharest	Romania
1055	ASPECTS ON THE COGNITIVE OF TRAINING IN FOOTBALL PLAYERS IN HIGH PERFORMANCE	Marius STOICA, Cornel BLEJAN, Adina DREVE	National University of Physical Education and Sports, Bucharest	Romania
1069	PHYSIOLOGICAL DIFFERENCES BETWEEN PREPUBERTAL AND PUBERTAL SWIMMERS IN PERFORMING AN ANAEROBIC EFFORT	Adrian RADULESCU, Gheorghe MARINESCU, Laurentiu TICALA	National University of Physical Education and Sports, Bucharest, Aqua Team Swimming Club	Romania
1072	THE COACH-PARENT RELATIONSHIP IN JUVENILE FOOTBALL	Gheorghe GRIGORE, Sorin CIOLCĂ, Tudor PALADE	National University of Physical Education and Sports, Bucharest	Romania

## Section 2

### SPORTS AND PERFORMANCE (C2 Room)

#### 10<sup>00</sup> – 11<sup>30</sup> ORAL AND e-POSTER PRESENTATION

##### Moderators

- *Dan DELIU, Professor PhD (U.N.E.F.S. Bucharest, Romania)*
- *Dan BADEA, Associate Professor PhD (U.N.E.F.S. Bucharest, Romania)*

##### Secretary

- *Valentin CARACAȘ Lecturer PhD (U.N.E.F.S. Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1078	STUDY ON STRESS LEVEL IN ELITE JUNIOR GYMNASTS	Georgeta MITRACHE, Aura BOTA, Constanta URZEALA, Stefania CHIRIAC	National University of Physical Education and Sports, Bucharest	Romania
1085	A PROFILE OF EYE-HAND COORDINATION AND FORM CONSTANCY IN PERFORMANCE DANCESPORT	Mihaela ZAHIU, Sabina MACOVEI, Radu PREDOIU, Costinel MIHAIU, Maria GRIGORE	National University of Physical Education and Sports, Bucharest, University of Bucharest, Ecological University	Romania
1130	ANALYSIS OF THE SPECIFIC EFFORT IN PERFORMANCE JUDO	Laurențiu BOCIOACĂ	National University of Physical Education and Sports, Bucharest	Romania

1131	ANALYSIS OF CONCENTRATION AND EXECUTION TIMES AT WOMEN'S EUROPEAN WEIGHTLIFTING CHAMPIONSHIPS – 2018	Daniel Constantin MURĂREȚU, Ana-Maria ȘURUBA- RUSEN, Răzvan-Liviu PETRE, Marian TEODORU	National University of Physical Education and Sports, Bucharest	Romania
1152	ELECTRONIC DEVICES INVOLVED IN TENNIS PERFORMANCE	Rareș STĂNESCU	National University of Physical Education and Sports, Bucharest	Romania
1153	THE PSYCHOLOGICAL PROFILE OF GROUP RHYTHMIC GYMNASTS	Mihaela MANOS, Lavinia POPESCU	National University of Physical Education and Sports, Bucharest	Romania
1154	STUDY OF IMPROVING BALANCE AT PRE-SCHOOL LEVELS IN ALPINE SKIING	Marius Dan FODORAN, Gheorghe MARINESCU, Alin SAFTTEL, Adrian PICA	National University of Physical Education and Sports, Bucharest	Romania
1159	STUDY OF IMPROVE THE SHOOT ACCURACY AT ROMANIAN WHEELCHAIR BASKETBALL PLAYERS	Alina Daniela MOANȚĂ, Gabriel Iulian GHÎȚESCU, Alin Mihăiță SĂFTEL	National University of Physical Education and Sports, Bucharest	Romania
1201	HEART RATE VALUES OF THE ROMANIAN WHEELCHAIR BASKETBALL PLAYERS	Alina Daniela MOANȚĂ, Gabriel Iulian GHÎȚESCU, Alin Mihăiță SĂFTEL, Nicoleta LEONTE	National University of Physical Education and Sports, Bucharest Polytechnic University of Bucharest	Romania

**11<sup>45</sup> – 12<sup>00</sup> – Closing of the Congress**

**Call for Papers ICPEK 2020**

**10<sup>th</sup>INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION,  
SPORTS AND KINETOTHERAPY**

**Bucharest, 11-13 JUNE 2020**

**We are looking forward to meeting you in 2020!**