

NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS



**INTERNATIONAL CONGRESS OF
PHYSICAL EDUCATION, SPORTS AND
KINETOTHERAPY
6th Edition**

Education and Sports Science in 21st Century

Bucharest, 16-18 June 2016



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About the Congress

The International Congress of Physical Education, Sports and Kinetotherapy (ICPESK) is a multidisciplinary scientific event which aims to provide empirical research, reviews and debates relating to sports science, physical education and kinetotherapy.

ICPESK intends to bring together researchers, academics, teachers, graduate and undergraduate students to share and approach both theoretical and practical knowledge about sports science, physical education, kinetotherapy and other related topics within a scientific environment.

ICPESK 2016 will be held in Bucharest, Romania, from 15 to 18 June, and will be hosted by the National University of Physical Education and Sports. All papers submitted will be peer reviewed and evaluated based on originality, content, appropriateness and relevance for the congress.

The 6th edition of the congress, ICPESK 2016, has the following sections: History, Philosophy, Anthropology, Psychology and Sociology, Sports and Performance, Physical Education and Teacher Training, Healthcare and Kinetotherapy, Management and Marketing in Physical Education, Sports and Kinetotherapy, Varia.

The congress papers, editions 2013 and 2014, were indexed in the largest scientific database, ISI Web of Knowledge. In 2013, they were published in *Procedia Social and Behavioral Sciences* (Elsevier), and in 2014, in *Medimond International Proceedings*.

The papers of the last edition, in 2015, were published in *European Proceedings of Social and Behavioral Sciences* (EpSBS), and currently they are submitted for indexation in ISI Web of Knowledge.

We would like to thank all participants in the congress for their valuable scientific contributions.

Best regards,

ICPESK Team

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CONGRESS PROGRAM

Thursday, 16 June 2016

STUDENT SESSION *(ATHLETICS Methodical Room)*

15:00 – 18:00 – e-Poster presentation

Chairmen

- Corina IVAN, Associate Professor PhD (UNEFS Bucharest, Romania)
- Valeria Cristina BĂLAN, Lecturer PhD (UNEFS Bucharest, Romania)

Secretary

- Ana Maria GAVOJDEA, Assistant Lecturer PhD (UNEFS, Romania)

e-Poster presentation

Paper ID	Title	Authors' names	Country	Institution
539	Sports - the motion that has itself as purpose and as meaning.	Petre Radescu , Mihai Brian Ciocan, Razvan Gutu	Romania	UNEFS
597	Folosirea metodelor metabolice in pregatirea inotatorilor copii antepubertari	Vasile Bianca	Romania	UNEFS
598	Managing model of organizing a sport event case study	Gabor Adrian Ionut	Romania	UNEFS
603	Studiu privind statutul femeii manager in sport	Sonia Albu	Romania	UNEFS
604	Particularitatile procesului de orientare in cariera profesionala	Marginean Vlad	Romania	UNEFS
605	Aspecte fundamentale comparative ale biomecanicii pasului alergator la indienii Tarahumara si maratonistii moderni	Gabriel Obirsan	Romania	UNEFS
607	Preventing back pain in highly sedentary adult population	Ciocirlan Mihai-Cosmin	Romania	UNEFS
608	Cultura manageriala in institutiile romanesti de invatamant preuniversitar de stat	Radu Vrabie	Romania	UNEFS
609	Consideratii privind alcatuirea unui program de pregatire fizica pentru dezvoltarea fortei utilizand metoda pliometrica	Iulian Dinu	Romania	UNEFS

610	Continutul tehnico-tactic al jocului fotbalistului specializat pe postul de fundas lateral la nivelul unei echipe seniori	Bogdan Dobrescu	Romania	UNEFS
611	Studiu privind relatia dintre unele particularitati somatice si performanta sportiva in TKD WTF prin utilizarea platformei video Dartfish	Maria - Liliana Mircica	Romania	UNEFS
612	Continutul tehnico-tactic al jocului fotbalistului specializat pe postul de mijlocas lateral la nivelul unei echipe de seniori	Pirvan Antonio Daniel	Romania	UNEFS
613	Studiu statistic privind eficienta actiunilor tehnico-tactice colective de atac la juniori I	Cretanu Catalin-Mihai	Romania	UNEFS
614	Proiectarea activitatilor instructiv - educative in "Saptamana Altfel"	Justin Doicila	Romania	UNEFS
615	Activitatile motrice de timp liber - mijloc de imbunatatire a imaginii de sine.	Medina Ciobanu	Romania	UNEFS
616	Rolul si importanta practicarii jocului de fotbal in timpul liber la tineri 20-35 de ani	Silviu Mitu	Romania	UNEFS
617	Cresterea eficientei lectiei de educatie fizica prin folosirea exercitiilor sub forma de stafeta la elevii din ciclul gimnazial, clasa A VIII-A	Permeti Ndinjon	Romania	UNEFS
618	Corelatia intre indicii dezvoltarii fizice si cei ai capacitatii motrice la elevii de clasa a- IV-a	Ghiuzan Alina Gabriela	Romania	UNEFS
619	Organizarea si functionarea bazelor sportive aferente fotbalului in Romania si Europa	Mircea Cristian Pavel	Romania	UNEFS
621	Studiu privind utilizarea jocurilor de miscare la elevii din ciclul primar	Alexandra Neagu	Romania	UNEFS
627	"Analiza biomecanica a actiunii de atac in volei"	Andrada Munteanu , Elena-Cristina Dutei , George Alecu	Romania	UNEFS
631	Aspects regarding the particularities of volleyball players in UNEFS	Oana Maria Baltag , Ionela Georgiana Virban , Andrei Gheorghe	Romania	UNEFS
635	Eficientizarea lectiei de educatie fizica prin intermediul jocurilor de miscare	Moraru Alexa Ana Maria	Romania	UNEFS
638	Studiu privind influenta antrenamentului de bob asupra capacitati de accelerare in probele de sprint	Maria -Adela Constantin	Romania	UNEFS