

# NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT OF BUCHAREST



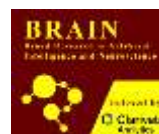
INTERNATIONAL UNIVERSITY SPORTS FEDERATION  
FEDERATION INTERNATIONALE D'EDUCATION PHYSIQUE  
INTERNATIONAL ASSOCIATION OF PHYSICAL EDUCATION AND SPORT UNIVERSITIES  
EUROPEAN NETWORK OF SPORT EDUCATION  
LONDON ACADEMY OF SPORTS AND HEALTH SCIENCES  
ROMANIAN COUNCIL OF SCIENCE AND SPORT

## INTERNATIONAL CONGRESS OF PHYSICAL EDUCATION, SPORTS AND KINETOTHERAPY 10<sup>th</sup> Edition - ONLINE

### EDUCATION AND SPORTS SCIENCE IN 21<sup>ST</sup> CENTURY

Bucharest, 11 - 13 June 2020

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**Oana BALTAG**, Assistant, PhD student, UNEFS, Bucharest

# CONGRESS PROGRAMME

**Thursday, 11.06.2020**

**10<sup>00</sup>**

<b>Virtual Room A Section 1</b>	<b>Virtual Room B Section 2</b>	<b>Virtual Room C Section 3</b>
<b>Student Scientific Session</b>	<b>Student Scientific Session</b>	<b>Student Scientific Session</b>

**12<sup>00</sup>**

<b>Virtual Room A Section 4</b>	<b>Virtual Room B Section 5</b>	<b>Virtual Room C Section 6</b>
<b>Student Scientific Session</b>	<b>Student Scientific Session</b>	<b>Student Scientific Session</b>

**12<sup>00</sup> Virtual Room D**

**Workshop: *Sustainable Social and Educational Integration through Sport*** (financed through SEE Norwegian Grants, a predefined project within the Framework for Local Development, Poverty Reduction and Roma Integration)

**14<sup>00</sup> Virtual Room D**

**Workshop: *Strategies for the Future, Strategies for Youth*** (Project financed with the financial support of the RO10-CORAI Program, program financed by the EEA Grants 2009-2014 and administered by the Romanian Social Development Fund)

**Friday, 12.06.2020**

**10<sup>00</sup> Opening Ceremony (Virtual Room A)**

**10<sup>15</sup> - 11<sup>00</sup> Plenary Session (Virtual Room A)**

**11<sup>00</sup> - 12<sup>30</sup>**

<b>Virtual Room A</b>	<b>Virtual Room B</b>	<b>Virtual Room C</b>
<b>Section 1 Physical Education</b>	<b>Section 1 Sport and Performance</b>	<b>Section 1 Health and Kinetotherapy</b>

**12<sup>30</sup> - 14<sup>00</sup>**

<b>Virtual Room A</b>	<b>Virtual Room B</b>	<b>Virtual Room C</b>
<b>Section 2 Physical Education</b>	<b>Section 2 Sport and Performance</b>	<b>Section 2 Health and Kinetotherapy</b>

**15<sup>30</sup> - 17<sup>30</sup>**

<b>Virtual Room A</b>	<b>Virtual Room B</b>	<b>Virtual Room C</b>
<b>Section 3 Sport and Performance</b>	<b>Section 1 Sport Management and Law</b>	<b>Section 1 Varia</b>

**Saturday, 13.06.2020**

**10<sup>00</sup> - 11<sup>30</sup>**

<b>Virtual Room A</b>	<b>Virtual Room B</b>
<b>Section 3 Physical Education</b>	<b>Section 4 Sport and Performance</b>

**11<sup>30</sup> Closing Ceremony (Virtual Room A)**

**Thursday, 11 June 2020**

**10<sup>00</sup> – 12<sup>00</sup> STUDENT SCIENTIFIC SESSION**

<b>Virtual Room A Section 1</b>	<b>Virtual Room B Section 2</b>	<b>Virtual Room C Section 3</b>
Moderator <i>Radu Predoiu, Lecturer PhD*</i>	Moderator <i>Georgiana Mitrache, Associate Prof.PhD*</i>	Moderator <i>Laurențiu Ticală, Lecturer PhD*</i>
Secretary <i>Alin Fediuc, Assistant PhD Student*</i>	Secretary <i>Ana-Mujea Mujea, Assistant PhD*</i>	Secretary <i>Alexandra-Stefania Ghezea, Assistant PhD Student*</i>
<i>*UNEFS Bucharest, Romania</i>	<i>*UNEFS Bucharest, Romania</i>	<i>*UNEFS Bucharest, Romania</i>

**12<sup>00</sup> – 14<sup>00</sup> STUDENT SCIENTIFIC SESSION**

<b>Virtual Room A Section 4</b>	<b>Virtual Room B Section 5</b>	<b>Virtual Room C Section 6</b>
Moderator <i>Constanța, Mihăilă, Lecturer PhD*</i>	Moderator <i>Ciprian Panait, Lecturer PhD*</i>	Moderator <i>Tudor Palade, Lecturer PhD*</i>
Secretary <i>Sonia Albu, Assistant PhD Student*</i>	Secretary <i>Ștefan Toader, Assistant PhD*</i>	Secretary <i>Andrei Simion, Assistant PhD Student*</i>
<i>*UNEFS Bucharest, Romania</i>	<i>*UNEFS Bucharest, Romania</i>	<i>*UNEFS Bucharest, Romania</i>

*(for the detailed program of the student scientific session please check the following link  
<https://congres.unefsb.ro/students-conference/>)*

**Thursday, 11 June 2020**

**12<sup>00</sup> - 14<sup>00</sup> Workshop (Virtual Room D):**

***Sustainable Social and Educational Integration Through Sport***

Moderators

- *Iulian Gabriel Ghițescu, Professor PhD (UNEFIS Bucharest, Romania)*
- *Corina Ciolcă, Associate Professor PhD (UNEFIS Bucharest, Romania)*

Secretary

- *Alin Mihăiță, Assistant PhD Student (UNEFIS Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1228	<b>INTERVENTION MODELS FOR THE PRE-INTEGRATION OF CHILDREN WITH ASD IN MAINSTREAM EDUCATION</b>	Corina Ivan Corina Ciolca Dreve Adina Andreea	National University of Physical Education and Sport, Bucharest	Romania
1263	<b>THE ROLE OF PHYSICAL EDUCATION ACTIVITIES AT MOTOR AND PSYCHOLOGICAL LEVEL – TEACHERS' PERCEPTION</b>	Radu Predoiu Pelin Florin Mitrache Georgeta Corina Ciolca Alin Mihaita Saftel Aage Radmann	National University of Physical Education and Sport, Bucharest Norwegian School of Sport Sciences	Romania Norway
1270	<b>SOMATO-FUNCTIONAL PROFILE OF CHILDREN AT RISK OF EDUCATIONAL AND SOCIAL EXCLUSION IN WESTERN ROMANIA</b>	Virgil Tudor Florin Pelin Iulian Gabriel Ghitescu Alina Daniela Moanta Vasilica Grigore Laszlo Hidi Iozsef Ana-Maria Mujea et al.	National University of Physical Education and Sport, Bucharest	Romania
1280	<b>SCHOOL LEAVE IN VASLUI COUNTY - CAUSES, RISK SITUATIONS</b>	Sorin Ciolca	National University of Physical Education and Sport, Bucharest	Romania
1283	<b>ANALYSIS ON THE VULNERABILITY OF THE MIDDLE-SCHOOL POPULATION IN VASLUI COUNTY</b>	Dan Badea Sorin Ciolca Gheorghe Grigore	National University of Physical Education and Sport, Bucharest	Romania
1298	<b>THE IMPORTANCE OF KINETIC TREATMENT FOR INTEGRATING CHILDREN WITH SEN INTO EDUCATION</b>	Oana - Cristiana Ionescu Mariana Cordun Mario di Carlo	National University of Physical Education and Sport, Bucharest University of Pisa	Romania Italy
1308	<b>DIDACTIC METHODS USED IN SPORT FOR THE INSTRUCTION OF CHILDREN IN SOCIAL EXCLUSION RISK</b>	Alina Daniela Moanta Valentin Caracas Sorin Ciolca Doina Croitoru Gabriel Iulian Ghitescu Gheorghe Grigore Cezar Hantau Alin Mihaita Saftel	National University of Physical Education and Sport, Bucharest	Romania
1359	<b>WHEN BEING IN SOCIAL EXCLUSION RISK BECOME RISKIER: SCHOOL OF SLIMNIC, VRANCEA, IN PANDEMIC</b>	Doina Croitoru Ana Gavrilescu	National University of Physical Education and Sport, Bucharest Middle School Tamboesti, Vrancea, Romania	Romania

Thursday, 11 June 2020

**14<sup>00</sup> - 16<sup>00</sup> Workshop (Virtual Room D):**

***Strategies for the Future, Strategies for Youth***

Moderators

- *Florin Pelin, Professor PhD (UNEFIS Bucharest, Romania)*
- *Corina Ciolcă, Associate Professor PhD (UNEFIS Bucharest, Romania)*

Secretary

- *Alin Mihăiță, Assistant PhD Student (UNEFIS Bucharest, Romania)*

Topic no.	Title	Authors' names	Institution	Country
1	<b>INTEGRATION OF YOUNG PEOPLE IN SPORTS GAMES ACCORDING TO THE SOMATIC AND MOTOR PROFILE OF THE POPULATION AT RISK OF SOCIAL EXCLUSION</b>	Dan Badea	National University of Physical Education and Sport, Bucharest	Romania
2	<b>INFORMATION CAMPAIGNS - RESEARCH COORDINATED DURING THE PROJECT</b>	Diana Pasat	Foundation for Education	Romania
3	<b>STRATEGIES FOR SOCIAL INTEGRATION OF YOUNG STUDENTS THROUGH SPORTS ACTIVITIES -</b>	Corina Ciolcă	National University of Physical Education and Sport, Bucharest	Romania

Friday, 12 June 2020

**10<sup>00</sup> Opening Ceremony (Virtual Room A)**

*Welcome Speech*

**Florin Pelin**, Professor PhD, Rector UNEFS Bucharest (Romania)

**10<sup>15</sup> - 11<sup>00</sup> Plenary Session (Virtual Room A)**

Chair: Monica Stănescu, Professor PhD, Vice-Rector UNEFS Bucharest (Romania)

*Gamification and E - Sport: the Digitalization era*

*Dr. Uri Schaefer*

*International Council of Sport Science and Physical Education*

*Anti-Doping education: Where we are and where we need to go*

*Associate Prof. PhD Vassilis Barkoukis*

*Aristotle University of Thessalonki, Greece*

*Are three halves better than two? An investigation of the football3 method*

*Louis Moustakas*

*General Secretary*

*European Network of Sport Education*



**Friday, 12 June 2020**  
**Section 1 Physical Education**  
**11<sup>00</sup> – 12<sup>30</sup> Virtual Room A**

Moderators

- *Raluca Pelin, Professor PhD (University Politehnica of Bucharest, Romania)*
- *Carmen Grigoriu, Lecturer PhD (University Politehnica of Bucharest, Romania)*

Secretary

- *Tudor Palade, Lecturer PhD (UNEFB Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1237	<b>THE LEVEL OF PHYSICAL CONDITION IN YOUNG PEOPLE AGED 20-22 YEARS</b>	Raluca Pelin Carmen Grigoriu Teodora Wesselly Mihaela Netolitzchi	University Politehnica of Bucharest	Romania
1260	<b>DETERMINING THE LEVEL OF ILLNESS OF STUDENTS IN VOCATIONAL AND NON-PROFILE BASED ON BODY MASS INDEX</b>	Adina Geambasu Ionut Corlaci Oana Ionescu Stoian Ana-Maria Gavojdea	National University of Physical Education and Sport Bucharest	Romania
1251	<b>INFLUENCE OF THE INSANITY WORKOUT ON THE EFFORT CAPACITY OF THE MILITARY STUDENTS</b>	Virgil Tudor Dănuț Smîdu Ion Frățilă Neluța Smîdu	National University of Physical Education and Sport Bucharest Bucharest University of Economic Studies	Romania
1295	<b>ANALYSIS ON THE MULTIPLE INTELLIGENCES OF STUDENTS FROM FACULTY OF PHYSICAL EDUCATION AND SPORTS</b>	Ana-Maria Suruba Rusen Daniela Muraretu Daniel Muraretu Razvan-Liviu Petre Marian Teodoru	National University of Physical Education and Sport, Bucharest Railway Technical College Mihai I	Romania
1277	<b>MENTAL SKILLS TRAINING FOR SOLDIER ATHLETE</b>	Florentina Olaru	State University of Physical Education and Sport, Chișinău	Moldova
1236	<b>STUDY ON THE HEALTH STATUS OF STUDENTS IN HIGHER MEDICAL EDUCATION</b>	Adrian Petreanu Manuel Petreanu	Carol Davila University of Medicine and Pharmacy	Romania
1242	<b>DIVERSIFICATION OF SPORTS ACTIVITIES IN TECHNICAL HIGHER EDUCATION BY IMPROVING SPORTS FACILITIES</b>	Adrian Pricop Raluca Pelin Oroles Florescu Mariana Mezei	University Politehnica of Bucharest	Romania
1250	<b>THE PHYSICAL EDUCATION LESSON AS SEEN BY THE STUDENTS OF POLITEHNICA BUCHAREST</b>	Oroles Florescu Mariana Mezei Camelia Branet Adrian Pricop	University Politehnica of Bucharest	Romania

Friday, 12 June 2020

**Section 2 Physical Education  
12<sup>30</sup> – 14<sup>00</sup> Virtual Room A**

Moderators

- *Mihaela Manos, Professor PhD (UNEFS Bucharest, Romania)*
- *Corina Ivan, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Roxana Bejan, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1224	<b>ORIGINAL ASPECTS REGARDING THE MOTOR AGE OF STUDENTS IN THE PRIMARY EDUCATION</b>	Gabriela Pană Bogdan Gozu	Bălașa Doamna High School of Arts, Targoviste University of Bucharest	Romania
1222	<b>ASSESSING THE ACTIVITY OF PHYSICAL EDUCATION IN ORDER TO OPTIMIZE INTERPERSONAL BEHAVIOR</b>	Gabriel Tudorache Liliana Mihăilescu	University of Pitești	Romania
1306	<b>THE ACTIVE LIFESTYLE OF CHILDREN - PREMISE OR PURPOSE OF PHYSICAL EDUCATION?</b>	Monica Stănescu Ciprian Mardare	National University of Physical Education and Sport, Bucharest	Romania
1223	<b>FEATURES IN ASSESSING THE PSYCHOSOCIAL APPROACHES ACCORDING FEEDBACK - RECEIVED AND SENT EMOTIONS</b>	Gabriel Tudorache, Liliana Mihăilescu	University of Pitești	Romania
1225	<b>BODY MASS INDEX OF DOWN SYNDROME CHILDREN</b>	Vicol Eduard Suta Lizia Ioana Suta Laurentiu Oprea Tiberiu Tataru	Constantin Paunescu Special Middle School, Bucharest School Inspectorate, Bucharest Constantin Brancusi University	Romania
1231	<b>STUDY ON THE LEVEL OF SELF-ESTEEM IN VISUALLY IMPAIRED STUDENTS</b>	Claudiu Luca Liliana Mihăilescu	University of Pitești	Romania
1272	<b>MOTIVATIONAL ASPECTS REGARDING PARTICIPATION AT PHYSICAL EDUCATION CLASSES OF STUDENTS WITH PARTIAL MEDICAL EXEMPTION</b>	Diana Consuela Mitu Mircea Neamtu Maria Tudor Iulian-Doru Tudor	Carol Davila University of Medicine and Pharmacy	Romania
1278	<b>AGRESSIVENESS ASSESSMENT IN PRIMARY SCHOOL CHILDREN</b>	Vlad Alexandru Muntianu Beatrice Abălașei Vlad Trofin	Alexandru Ioan Cuza University, Iasi	Romania

Friday, 12 June 2020

**Section 1 Sport and Performance**  
**11<sup>00</sup> - 12<sup>30</sup> Virtual Room B**

Moderators

- Corina Țifrea, Professor PhD (UNEFS Bucharest, Romania)
- Sorin Ciolcă, Associate Professor, PhD (UNEFS Bucharest, Romania)

Secretary

- Raluca Costache, Research Assistant PhD (UNEFS Bucharest, Romania)

Paper ID	Title	Authors' names	Institution	Country
1265	<b>PERSONAL CONTRIBUTIONS REGARDING SELECTION, IDENTIFICATION AND PROMOTION TALENTS IN FOOTBALL</b>	Arben Kakurri Qurku Irakli	Sports University of Tirana ACS Gloria Kids, Bucharest	Albania Romania
1240	<b>THE PASS EFFICIENCY OF MIDFIELD PLAYERS IS CORRELATED WITH GOALS SCORED IN MODERN FOOTBALL</b>	Ciprian Panait Jeferson Colares	National University of Physical Education and Sport, Bucharest Federal University of Minas Gerais	Romania Brazil
1253	<b>COMPARATIVE TACTICAL ANALYSIS ON THE DEFENSIVE PHASE BETWEEN REAL MADRID AND FCSB FOOTBALL TEAMS</b>	Sorin-Mirel Ciolca Ion Frățilă Danut Smidu Neluta Smidu	National University of Physical Education and Sport, Bucharest University of Economic Studies, Bucharest	Romania
1229	<b>STUDY REGARDING THE TAKE-OFF RUNNING DURATION IN HIGH JUMP IN FEMALE JUNIORS</b>	Gloria Rață Bogdan Rață Aura Balaban Andreea Georgescu	Vasile Alecsandri University of Bacău	Romania
1232	<b>GAME ACTION EFFICIENCY ACCORDING TO THE OPPONENTS &amp; LEVEL ON VOLLEYBALL GAME STRUCTURES</b>	Nicolae Lucian Voinea Gloria Rață Alexandru Rares Puni	Vasile Alecsandri University of Bacău Alexandru Ioan Cuza University, Iasi	Romania
1244	<b>ASSESSING THE SPECIFIC FACTORS OF EXERCISE CAPACITY IN PERFORMANCE JUDO</b>	Laurentiu Bocioacă	National University of Physical Education and Sport, Bucharest	Romania
1247	<b>COORDINATION IN FORMATION DANCESPORT AT BEGINNER LEVEL</b>	Mihaela Zahiu, Mihaela Manos, George Florian Drăghici	National University of Physical Education and Sport, Bucharest Stop & Dance Sports Club Association	Romania
1252	<b>IMPROVING THE SPORTS PERFORMANCE OF THE BREASTSTROKE SWIMMING BY FITNESS MEANS</b>	Nicoleta Leonte, Narcis Neagu Iancu Rachita Ofelia Popescu	University Politehnica of Bucharest	Romania
1259	<b>ANALYSIS OF THE QUALITY INDICATORS FOR ELITE TENNIS IN AUSTRALIAN OPEN 2020</b>	Rareș Stănescu	National University of Physical Education and Sport, Bucharest	Romania

**Friday, 12 June 2020**

**Section 2 Sport and Performance  
12<sup>30</sup> – 14<sup>00</sup> Virtual Room B**

Moderators

- *Ionuț Corlaci, Associate Professor PhD (UNEFIS Bucharest, Romania)*
- *Dan Badea, Associate Professor PhD (UNEFIS Bucharest, Romania)*

Secretary

- *Cristina Vărzaru, Assistant PhD (UNEFIS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1399	<b>STUDY OF PHYSICAL AND PHYSIOLOGICAL INDICATORS OF THE WRESTLERS</b>	Allaberdi Saparov Ishanguly Meretniyazov	Turkmen State Institute of Physical Culture and Sport Ashgabat	Turkmenistan
1269	<b>IMPROVEMENT OF PSYCHOMOTRICITY FOR JUNIOR WRESTLERS USING STRENGTH TRAINING EXERCISES</b>	Florentin Vasilescu Corina Țifrea	National University of Physical Education and Sport, Bucharest	Romania
1380	<b>AN EXAMINATION OF FOOTBALL PLAYERS' BELIEFS ABOUT ANTI-DOPING EDUCATION</b>	Andreas Loukovitis Lida Skoufa Vassilis Barkoukis	Aristotle University of Thessaloniki	Greece
1382	<b>A PROTOCOL STUDY FOR THE INVESTIGATION OF CHEMICALLY ASSISTED PERFORMANCE ENHANCEMENT IN FOUR DOMAINS</b>	Despoina Ourda Lida Skoufa Vassilis Barkoukis Charalampos Tsormpatzoudis	Aristotle University of Thessaloniki	Greece
1258	<b>IMPACT OF VIDEO ANALYSIS OF MINIHANDBALL GAMES ON CHILDREN TRAINING</b>	Cezar Hantău Vladi Ionescu Athanasios Yannakos Neagu Narcis Florian	National University of Physical Education and Sport, Bucharest University Aristotle University of Thessaloniki University Politehnica of Bucharest	Romania Greece
1299	<b>ROMANIAN MEN'S HANDBALL VS. THE TOP OF EUROPE MEN'S HANDBALL</b>	Vladi Ionescu Silvia Teodorescu Cezar Hantău	National University of Physical Education and Sport, Bucharest	Romania
1254	<b>GAMES WITH REDUCED NUMBERS – MEANS OF PREPARATION AND EVALUATION TECHNICAL-TACTICAL FOR JUNIORS IN HANDBALL</b>	Cristina Romila Silvia Teodorescu	National University of Physical Education and Sport, Bucharest	Romania
1248	<b>THE EFFECT OF PLYOMETRIC TRAINING ON LOWER-BODY STRENGTH IN PREADOLESCENT ATHLETES</b>	Camelia Brăneț Carmen Grigoroiu Mihaela Netolitzchi Teodora Wesselly	University Politehnica of Bucharest	Romania

Friday, 12 June 2020

**Section 3 Sport and Performance**  
**15<sup>30</sup> – 17<sup>30</sup> Virtual Room A**

Moderators

- *Marian Teodoru, Professor PhD (UNEFIS Bucharest, Romania)*
- *Răzvan Petre, Associate Professor PhD (UNEFIS Bucharest, Romania)*

Secretary

- *Silvia Stroescu, Lecturer PhD (UNEFIS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1311	<b>ASPECTS OF ADAPTATION IN SPORTS TRAINING OF STUDENTS WHO PRACTICE POWERLIFTING</b>	Viorel Dorgan Dumitru Prodan	State University of Physical Education and Sport, Chişinău	Moldova
1264	<b>ANALYSIS OF CONCENTRATION AND EXECUTION TIMES AT THE 2019 EUROPEAN WEIGHTLIFTING CHAMPIONSHIPS</b>	Daniela Muraretu Petre Razvan-Liviu Ana-Maria Suruba Rusen Daniela Muraretu Marian Daniel Teodoru	National University of Physical Education and Sport, Bucharest Mihai I Technical College, Bucharest	Romania
1287	<b>STUDY ON THE EFFECTS OF SPRINTS ON THE INJURY RATE OF FOOTBALL PLAYERS</b>	Adina Dreve Marius Stoica Cornel Blejan	National University of Physical Education and Sport, Bucharest University of Craiova	Romania
1309	<b>WOMEN VS. MEN - TECHNICAL AND TACTICAL EFFICIENCY IN FOOTBALL</b>	Tudor Palade Grigore Gheorghe Garry Barrel	National University of Physical Education and Sport, Bucharest This Girls Kicks Club	Romania United Kingdom
1284	<b>REACTION SPEED – AGILITY RELEVANCE ÎN THE PREPARATION OF RUGBY SEVEN'S PLAYERS</b>	Maria Emilia Vizitiu Viorel Cojocaru Dan Badea	National University of Physical Education and Sport, Bucharest	Romania
1233	<b>ASPECTS REGARDING STRENGTH AND AGILITY IN JUNIOR III WATER POLO PLAYERS</b>	Gheorghe Marinescu Laurentiu Ticala Adrian Radulescu Cristina Varzaru Ana Maria Mujea Elena Daniela Salih Khidir	National University of Physical Education and Sport, Bucharest	Romania
1271	<b>STUDY ON THE EVOLUTION OF THE ROMANIAN WOMEN'S EPEE TEAM AT THE OLYMPIC GAMES</b>	Amalia Tătăran Silvia Teodorescu Gabriela Dinţică	National University of Physical Education and Sport, Bucharest	Romania
1285	<b>IMPROVING BALANCE IN BEGINNER SKIERS</b>	Stefan Toader	National University of Physical Education and Sport, Bucharest	Romania
1385	<b>COMPARATIVE TEST OF THE EVOLUTION OF FITNESS LEVEL BETWEEN MEN AND WOMEN</b>	Mihai Cosmin Ciocîrlan	National University of Physical Education and Sport, Bucharest	Romania

Friday, 12 June 2020

**Section 1 Health Care and Kinetotherapy**  
**11<sup>00</sup> – 12<sup>30</sup> Virtual Room C**

Moderators

- *Ruxandra El-Bsat, Associate Professor PhD (UNEFB Bucharest, Romania)*
- *Marinela Rață, Associate Professor PhD (Vasile Alecsandri University Bacău, Romania)*

Secretary

- *Adina Geambașu, Lecturer PhD (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1396	<b>MANGEMENT OF PHYSICAL THERAPY FOR BALANCE AND ABILITY TO GAIT IN PARKINSON'S DISEASE</b>	Carmen Liliana Gherghel Mariana Cordun Alexandru Buzescu	National University of Physical Education and Sport Bucharest	Romania
1217	<b>OPTIMIZING THE VALIDITY OF SHOULDER RANGE OF MOTION EVALUATION: A COMPARATIVE STUDY</b>	Alexandra Gliga Nicolae Neagu Dan Alexandru Szabo	University of Medicine, Pharmacy, Science, and Technology of Targu Mures	Romania
1218	<b>HOW DO ROMANIAN PATIENTS PERCEIVE AND EXPERIENCE PUBLIC AND PRIVATE REHABILITATION SERVICES?</b>	Alexandra Gliga Nicolae Neagu Dan Alexandru Szabo	University of Medicine, Pharmacy, Science, and Technology of Targu Mures	Romania
1239	<b>BENEFITS NORDIC WALKING</b>	Jana Jurikova Jan Kyzlink	Faculty of Sports Studies, Masaryk University, Brno	Czech Republic
1220	<b>MUSCLE COACTIVATION INDEX IMPROVEMENT IN JUNIOR HANDBALL PLAYERS BY USING PROPIOCEPTIVE EXERCISES</b>	Bogdan Antohe Marinela Rata Gloria Rata	National University of Physical Education and Sport Bucharest Vasile Alecsandri University Bacău	Romania
1234	<b>TOPSPIN'S INFLUENCE ON THE SPINE IN FEMALE JUNIORS III IN TABLE TENNIS</b>	Daniel Andrei Iordan Mircea Mocanu Claudiu Mereuta	Dunărea de Jos University, Galați	Romania
1246	<b>THE ROLE OF PHYSICAL THERAPY IN THE RECOVERY OF STROKE</b>	Alexandru Lica Adina Geambasu Ruxandra Mirela El-Bsat	National University of Physical Education and Sport, Bucharest	Romania

Friday, 12 June 2020

Section 2 Health Care and Kinetotherapy

12<sup>30</sup> – 14<sup>00</sup> Virtual Room C

Moderators

- Antoaneta Crețu, Professor PhD (UNEFB Bucharest, Romania)
- Cozeta Minculescu, Lecturer PhD (UNEFB Bucharest, Romania)

Secretary

- Oana-Cristiana Ionescu-Stoian, Assistant PhD (UNEFB Bucharest, Romania)

Paper ID	Title	Authors' names	Institution	Country
1316	<b>IDENTIFYING THE MUSCLE CONTRACTION ACTIVITY AT ATHLETES USING BRAIN MAPPING</b>	Denisa Enescu Bieru Mihai Rusu Mirela Lucia Calina Mihnea Ion Marin Nilüfer Çetişli Korkmaz Ligia Rusu	University of Craiova Pamukkale University School of Physiotherapy and Rehabilitation, Denizli	Romania Turkey
1274	<b>SCOLIOSIS THERAPY, A COMPARATIVE STUDY BETWEEN THE SCHROTH-3D METHOD AND THE CLASSICAL TREATMENT METHOD</b>	Anca Cozeta Minculescu Oana – Cristiana Ionescu Stoian Radu Valentin Chita Alexandra-Stefania Ghezea	National University of Physical Education and Sport Bucharest	Romania
1305	<b>EFFECTS OF PHYSICAL EXERCISE IN THE PREPARTUM PERIOD ON A MULTIPAROUS PATIENT CASE STUDY</b>	Horia Croitoru Silvia Teodorescu Carmen Ene Voiculescu	National University of Physical Education and Sport Bucharest Ovidius University, Constanța	Romania
1281	<b>DIAGNOSIS: SCOLIOSIS. BIOMECHANICAL, STRUCTURAL AND EMOTIONAL APPROACH FOR 2-7 YEARS OLD CHILDREN.</b>	Alexandru Madalin Dina Andrei Lefter	National University of Physical Education and Sport Bucharest	Romania
1243	<b>PILOT STUDY TO ASSESS THE PHYSICAL DEFICIENCIES OF THE KYPHOTIC TYPE IN HIGH SCHOOL VOLLEYBALL PLAYERS (14-18 YEARS)</b>	Adina Geambașu, George Dina Veronica Puscasu	National University of Physical Education and Sport Bucharest	Romania
1303	<b>THE INCIDENCE OF VERTEBRAL STATIC DISORDERS AT CHILDREN AGED 11-14 YEARS</b>	Magdalena Bughircă-Georgescu	National University of Physical Education and Sport Bucharest	Romania
1304	<b>SCIENTIFIC CONSIDERATIONS REGARDING THE RESEARCH METHODOLOGY IN CRANIOSACRAL THERAPY IN CERVICALGIA</b>	Anca Maria Oltean Marius Stoica Vasile Marcu Adina Dreve	National University of Physical Education and Sport Bucharest	Romania
1401	<b>IMPROVING THE PHYSICAL AND PSYCHOLOGICAL POTENTIAL THROUGH ENEGETIC BALANCE</b>	Teodor Coldea	Yin Yang Clinic, Bucharest	Romania



**Friday, 12 June 2020**  
**Section 1 Sport Management and Law**  
**15<sup>30</sup> – 17<sup>30</sup> Virtual Room B**

Moderators

- *Marius Stoica, Professor PhD (UNEFS Bucharest, Romania)*
- *Ioszeff Hidi, Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Adina Dreve, Assistant PhD (UNEFS Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1363	<b>THE LIMITS OF THE ETHICAL FRAMEWORK FOR THE SPIRIT OF FAIR PLAY</b>	Alexandru Virgil Voicu	National University of Physical Education and Sport Bucharest	Romania
1360	<b>TRANSGENDER ATHLETES: THE BALANCE BETWEEN PERSONAL DATA PROTECTION AND THE FAIR COMPETITION PRINCIPLE</b>	Anna Di Giandomenico	University of Teramo	Italy
1400	<b>THE MODERNIZATION OF LEGAL BASE OF PHYSICAL CULTURE AND SPORTS IN TURKMENISTAN</b>	Mammetgulyev Charyarguly	Turkmen State Institute of Physical Culture and Sports Ashgabat	Turkmenistan
1257	<b>STUDY ON SOCIAL ENTREPRENEURSHIP IN ROMANIA</b>	Silvia Stroescu Vlad Porumb	National University of Physical Education and Sport Bucharest Faculty of Economics and Business, University of Groningen	Romania Netherlands
1230	<b>OPTIMIZATION OF MANAGEMENT ACTIVITY IN SPORTS ORGANIZATIONS</b>	Florentin Vasilescu Corina Tifrea	National University of Physical Education and Sport Bucharest	Romania
1275	<b>THE DIFFICULTIES ENCOUNTERED BY WOMEN IN PURSUING A MANAGERIAL CAREER IN SPORTS</b>	Sonia Albu Vasilica Grigore	National University of Physical Education and Sport Bucharest	Romania
1255	<b>STUDY ON THE IMPORTANCE OF ONLINE PROMOTION IN RUNNING SPORTS EVENTS</b>	Dana Marcu, Virgil Tudor, Gabriela Dințică	National University of Physical Education and Sport, Bucharest	Romania
1357	<b>DANGEROUS SPORTS IN PANDEMIC TIMES. ANALISYS FOR CHILDRENS SPORT PUBLIC UNITS OF ROMANIA</b>	Andrei Simion Doina Croitoru	National University of Physical Education and Sport, Bucharest	Romania
1279	<b>STUDY ON THE DEFINITION OF THE MANAGEMENT OF SPORTS ORGANIZATIONS</b>	Valentina Petre Viorel Cojocaru	National University of Physical Education and Sport, Bucharest	Romania
1297	<b>SCHOOL SPORTS ORGANIZATIONS AS LEARNING ORGANIZATIONS AND GOOD PRACTICE EXAMPLES IN TWO MANAGEMENT ISSUES</b>	Constanța-Valentina Mihăilă Gabriela Alina Paraschiva Vasilica Grigore Laurentiu Mihai Mihaila	National University of Physical Education and Sport, Bucharest University Politehnica, Timișoara Valahia University, Târgoviște	Romania
1307	<b>ENSURING PEACE AND ORDER WITHIN THE SPORTS ARENAS</b>	George Radu	Technological High School No.1, Fundulea	Romania



**Friday, 12 June 2020**

**Section 1 Varia  
15<sup>30</sup> - 17<sup>30</sup> Virtual Room C**

Moderators

- *Carmen Gherghel, Associate Professor PhD (UNEFB Bucharest, Romania)*
- *Gheorghe Grigore, Associate Professor, PhD (UNEFB Bucharest, Romania)*

Secretary

- *Ana Maria Suruba-Rusen, Lecturer PhD (UNEFB Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
<b>1389</b>	<b>A CONCEPTUAL FRAMEWORK FOR DEVELOPING COMMUNITIES OF PRACTICE FOR CLEAN SPORTS EDUCATION</b>	Ioannis Ntovolis Despoina Ourda Vassilis Barkoukis Lambros Lazuras	Aristotle University of Thessaloniki Sheffield Hallam University	Greece United Kingdom
<b>1379</b>	<b>A SERIOUS GAME AGAINST DOPING: EVALUATION OF GAME USABILITY, EASE AND USERS ENJOYMENT</b>	Efthymios Ziagkas Agisilaos Chaldogeridis Nikolaos Politopoulos Thrasylvoulos Tsiatsos Vasilis Barkoukis	Aristotle University of Thessaloniki	Greece
<b>1276</b>	<b>COMMUNICATION STRATEGIES FOR AN EFFECTIVE COACH-ATHLETE RELATIONSHIP</b>	Florina Olaru Bogdan Todiriță	State University of Physical Education and Sport, Chișinău	Moldova
<b>1394</b>	<b>RESILIENCE AND PERCEIVED STRESS LEVELS IN CORPORATE EMPLOYEES THAT PRACTICE LEISURE SPORT</b>	Monica Stănescu Roxana Bejan Adrian Cîmpeanu	National University of Physical Education and Sport, Bucharest Finnish School of Bucharest	Romania
<b>1294</b>	<b>VOLUNTEERING PROGRAM IN MEGA SPORT EVENTS: STUDY CASE UEFA EURO 2020, BUCHAREST</b>	Alin Fediuc	National University of Physical Education and Sport Bucharest	Romania
<b>1383</b>	<b>BELIEFS OF GREEK SPORT VOLUNTEERS ABOUT THEIR COMPETENCIES IN VOLUNTEERING</b>	Olga Bopota Andreas Loukovitis Virginia Politi Theofylaktos Anastasiadis Vasilis Barkoukis	Aristotle University of Thessaloniki	Greece
<b>1292</b>	<b>VOLUNTEERING AT MEGA SPORT EVENTS: DEVELOPING A RESEARCH FRAMEWORK</b>	Alin Fediuc	National University of Physical Education and Sport, Bucharest	Romania

**Saturday, 13 June 2020**

**Section 3 Physical Education**

**10<sup>00</sup> – 11<sup>30</sup> Virtual Room A**

Moderators

- *Doina Croitoru, Professor PhD (UNEFS Bucharest, Romania)*
- *Valeria Bălan, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Mihaela Zahiu, Assistant PhD (UNEFS Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1226	<b>SATISFACTION OF TEACHING ALTERNATIVE BASKETBALL SKILLS ON E &amp; F GRADERS</b>	Gregory Masadis George Mavridis Sofia Damianidou Filippos Filippou Stella Rokka Evangelos Bebetos Olga Kouli Aikaterini Koupani Eleni Samara	Democritus University of Thrace School of Physical Education & Sport Science, Komotini Care Center for People with Special Skills, Veroia 5 <sup>th</sup> High School of Katerini, Katerini	Greece
1293	<b>ANALYSIS OF THE NECESSITY OF PROMOTING RUGBY 7 GIRLS IN ROMANIAN SCHOOLS</b>	Ana-Maria Suruba Rusen Dan Badea, Manuel Carabias Herrero	National University of Physical Education and Sport, Bucharest Club Deportivo Chane, Chane	Romania Spain
1296	<b>OPINIONS OF TEACHERS ABOUT STUDENTS WITH SPECIAL EDUCATIONAL REQUIREMENTS</b>	Ana-Maria Sora Alina Rusănescu	Maria Rosetti Middle School, Bucharest Middle School 84, Bucharest	Romania
1245	<b>DETERMINATION OF NEUROMUSCULAR CONTROL OF THE UPPER LIMBS IN CHILDREN – CASE STUDY</b>	Carmen Magdalena Camenidis Irina Băițel Amalia Oatu, Octavian Valeriu Amzulescu Radu Bidiugan	University of Pitesti, Dante Alighieri Theoretical High School, Bucharest National Institute for Sport Research, Bucharest	Romania
1267	<b>STUDY ON LEARNING THE BOCCE-SPECIFIC TECHNIQUE</b>	Valeria Balan Nadija Strazdina Iveta Dirzininka Ana Maria Mujea	National University of Physical Education and Sport Bucharest Latvian Academy of Sport Education, Riga Viduskurzeme Primary School, Development Centre, Pelci	Romania Latvia
1301	<b>THE RELATION BETWEEN DANCE AND MULTIPLE INTELLIGENCES: A THEORETICAL FRAMEWORK FOR APPLICATIVE RESEARCHES</b>	Monica Stănescu Gabriela Tomescu	National University of Physical Education and Sport Bucharest	Romania
1291	<b>THE IMPACT OF INTRODUCING FITNESS THEMES IN THE PHYSICAL EDUCATION LESSON ON ADOLESCENT GIRLS</b>	Stefan Tudos Stefan Toader Nicoleta Leonte Stefan Dănuț Tudorancea	National University of Physical Education and Sport, Bucharest University Politehnica of Bucharest Grigore Moisil National College, Bucharest	Romania

**Saturday, 13 June 2020**  
**Section 4 Performance Sport**  
**10<sup>00</sup> - 11<sup>30</sup> Virtual Room B**

Moderators

- *Constanța Urzeală, Associate Professor PhD (UNEFB Bucharest, Romania)*
- *George Dina, Associate Professor PhD (UNEFB Bucharest, Romania)*

Secretary

- *Ana-Maria Gavojdea, Assistant PhD (UNEFB Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1288	<b>HEART RATE VARIABILITY IN MALE ARTISTIC GYMNASTICS` CASE STUDY</b>	Constanța Urzeală Aura Bota Monika Marton Daniel Courteix	National University of Physical Education and Sport, Bucharest Dinamo School Sports Club University Clermont Auvergne, Clermont-Ferrand	Romania France
1310	<b>VAULT FINALS ANALYSIS IN WOMEN'S ARTISTIC GYMNASTICS AT WORLD COMPETITIONS 2016 - 2019</b>	Ionuț Corlaci Ana-Maria Gavojdea Mihaela Manos Jose Ferreirinha	National University of Physical Education and Sport, Bucharest University of Trás-os-Montes and Alto Douro, Vila Real	Romania Spain
1302	<b>IMPACT OF THE FIG CODE OF POINTS ON EXERCISE COMPOSITION IN GROUP RHYTHMIC GYMNASTICS</b>	Mihaela Manos Lavinia Popescu	National University of Physical Education and Sport, Bucharest	Romania
1290	<b>PRELIMINARY STUDY ON PSYCHOMOTOR ABILITIES DETERMINANT FOR TECHNICAL DRILLS IN RHYTHMIC GYMNASTICS</b>	Stefania Chiriac Silvia Teodorescu Aura Bota	National University of Physical Education and Sport, Bucharest	Romania
1227	<b>NEUROMUSCULAR AND PHYSIOLOGICAL ASSESSMENT DURING A VERTICAL JUMPING TEST IN AEROBIC GYMNASTICS</b>	Mihaela Puiu, Andrei Dragomir	National Institute for Sport Research, Bucharest	Romania
1314	<b>IMPORTANCE OF BALANCE IN OBTAINING SPORTS PERFORMANCE</b>	Marian Dragoș Sârbu	National University of Physical Education and Sport, Bucharest	Romania
1300	<b>SELECTION OF RESEARCH SUBJECTS' TRAINING MANAGEMENT IN NAVAL PENTATLON</b>	Constantin Cristinel Olaru Silvia Teodorescu Virgil Ene Voiculescu	National University of Physical Education and Sport, Bucharest Mircea Cel Bătrân Naval Academy, Constanța	Romania