

**INTERNATIONAL UNIVERSITY SPORTS FEDERATION
INTERNATIONAL ASSOCIATION OF PHYSICAL EDUCATION AND
SPORT UNIVERSITIES
NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS OF
BUCHAREST**



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CONFERENCE OF STUDENTS AND
YOUNG SCIENTISTS
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**"UNIVERSITY SPORT: HEALTH AND
PROSPERITY OF THE NATION"**

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CONFERENCE PROGRAM

Thursday, 4 May 2017

10:30 – 19:00 – Arrival of the participants and check-in for accommodation at UNEFS Bucharest

Friday, 5 May 2017

8:30 – 10:30 – **Registration at the Conference venue** (UNEFS, 140 Constantin Noica Street, Bucharest)

11:00 – 12:00 – **Conference opening**

Welcome speech

CONFERENCE PRESIDENT Florin PELIN, Professor PhD, Rector of the National University of Physical Education and Sports, Bucharest

PRESIDENT OF THE INTERNATIONAL SCIENTIFIC CONFERENCE Viorel COJOCARU, Professor PhD H.C., President of the Senate of the National University of Physical Education and Sports, Bucharest

Vice-Rector Vasilica GRIGORE, Professor PhD, National University of Physical Education and Sports, Bucharest

Executive Director, Alexander MAKOGONOV, Professor PhD, International Association of Physical Education and Sport Universities

12:30 – 13:15 - **Visit in UNEFS**

13:30 – 14:30 – **Lunch** (*Marble Hall*)

15:00 – 17:00 – **Papers presentations**

Section 1

(F1 Room)

Moderators

- **Vladimir Potop, Professor PhD, Professor PhD (UNEFs, Romania)**
- **Rares Stanescu Associate Professor PhD (UNEFs, Romania)**

Secretaries

- **Marius Stoicescu, Lecturer PhD (UNEFs, Romania)**
- **Ana-Maria Mujea, Assistant Lecturer PhD (UNEFs, Romania)**

Section 2

(H Room)

Moderators

- **Carmen Gherghel, Associate Professor PhD (UNEFs, Romania)**
- **Alexandra Predoiu Assistant PhD (UNEFs, Romania)**

Secretaries

- **Oana Ionescu Assistant PhD (UNEFs, Romania)**
- **Alexandra Ghezea, Assistant PhD (UNEFs, Romania)**

17:30 – 19:30 – Visiting Bucharest

Saturday, 6 May

10:00 – 12:30 – Presentations

Section 1

(F1 Room)

Moderators

- **Manon Popescu, Associate Professor PhD (UNEF, Romania)**
- **Constanta Urzeala, Lecturer PhD (UNEF, Romania)**

Secretaries

- **Ana Maria Gavojdea, Assistant PhD (UNEF, Romania)**
- **Alin Fediuc, Assistant Drd (UNEF, Romania)**

Section 2

(H Room)

Moderators

- **Gabriel Iulian Ghitecu, Professor PhD (UNEF, Romania)**
- **Valeria Balan, Lecturer PhD (UNEF, Romania)**

Secretaries

- **Oana Ionescu Assistant PhD (UNEF, Romania)**
- **Alexandra Ghezea, Assistant PhD (UNEF, Romania)**

13:00 – 14:00 – Lunch (*Marble Hall*)

14:00 Closing of the Conference

Departure of participants

Friday, 5 May

**Section 1
(Room F1)**

15:00 – 17.00 Oral presentation

Moderators

- **Vladimir Potop, Professor PhD, Professor PhD (UNEFS, Romania)**
- **Rares Stanescu Associate Professor PhD (UNEFS, Romania)**

Secretaries

- **Marius Stoicescu, Lecturer PhD (UNEFS, Romania)**
- **Ana-Maria Mujea, Assistant Lecturer PhD (UNEFS, Romania)**

Oral presentation

ID	Title	Authors' names	Country	Institution
1	THINKING AND GAME ATTENTION DEVELOPING METHODS AMONG 12-13 YEARS OLD ATHLETES, ENGAGED IN TABLE TENNIS	Bashirova, D.M., Burtseva, E.V.	Russia	Volga Region State Academy Of Physical Culture, Sports And Tourism,
2	THE SELECTION OF CHILDREN FOR THE FIELD AND TRACK ATHLETICS CLASSES BASED ON THE INDEXES OF PHYSICAL DEVELOPMENT	Nadejda Bushueva	Moldova	State University of Physical Education and Sport
3	BIOMECHANICAL MARKERS DYNAMICS IN QUALIFIED POWERLIFTERS UNDER THE INFLUENCE OF A POWER LOAD	Gavrilov Aleksej	Russia	Moscow State Academy of Physical Education,
4	MODEL CHARACTERISTICS SPORTS-TECHNIQUE INDICATORS FREE PROGRAMS YOUNG SINGLE SKATERS	Layzan Ksenia	Russia	Siberian State University of Physical Education and Sports
5	PHYSICAL TRAINING OF FUTSAL PLAYERS DURING PREPARATION PERIOD	Sokolov Sergei	Russia	Moscow State Academy of Physical Education
6	ANALYZING THE MATCH BETWEEN THE TEAMS OF BULGARIA AND FRANCE. SEMIFINAL OF EUROPEAN CHAMPIONSHIP 2015 IN BULGARIA	Tachev Tomi	Bulgaria	National Sports Academy "Vasil Levski"
7	DESIGN OF MODEL CHARACTERISTICS OF ELEMENTS ON THE BASIS OF THE COMPLEX BIOMECHANICAL ANALYSIS OF MOVEMENTS IN ACROBATIC ROCK'N'ROLL	Terekhin Vladimir	Russia	FSEI HE «Lesgaft NSU
8	INDIVIDUALIZATION OF THE TRAINING PROCESS IN COMMAND SPORTS (ON THE EXAMPLE OF HANDBALL) ON THE BASIS OF THE INDICATORS OF THE NERVOUS-MUSCULAR APPARATUS	Yampolskiy Alexey Sergeevich	Russia	Siberian State University of Physical Education and Sports

9	INFLUENCE OF TWO SIDES OF SKILL OF HIGHLY QUALIFIED FIGURE SKATERS UPON EVALUATION OF THEIR COMPETITION PROGRAMS	Zibrova Ekaterina	Russia	Moscow State Academy of Physical Culture
10	STUDY REGARDING THE LATERAL SPEED, AGILITY, AND BODY CONTROL IN BACAU COUNTY SIXTH GRADERS	Caleap Carina Oxana, Ailutoaei Tudor-Costin	Romania	"Vasile Alecsandri" University of Bacau,
11	COMPARATIVE STUDY REGARDING THE TESTING OF THE ABILITY TO CONTROL THE STRENGTH, SPEED, AND DYNAMIC BALANCE IN BACAU COUNTY SIXTH GRADERS	Popa Roxana Nicoleta, Rotariu Maria Monica	Romania	"Vasile Alecsandri" University of Bacau,
12	COMPETITIVE RESULTS INCREASING IN YOUNG ATHLETES USING METHODS OF ATTENTION DEVELOPMENT	Savinkina Alexandra	Russia	Russian State University of Physical Education, Sport, Youth and Tourism
13	THE OPTIMIZATION OF THE BEGINING PERIOD OF EQUITATION IN THE YOUTH PROGRAM IN MODERN PENTATHLON, BASED ON MORPHOLOGICAL, FUNCTIONAL AND PSYCHOLOGICAL CHARACTERISTICS OF ATHLETES 8-15 YEARS OLD	Ananina Polina	Russia	Russian State University of Physical Education, Sport, Youth and Tourism

Section 2
(Room H)
15:00 – 17:00 Oral presentation

Moderators

- **Carmen Gherghel, Associate Professor PhD (UNEFS, Romania)**
- **Alexandra Predoiu Assistant PhD (UNEFS, Romania)**

Secretaries

- **Oana Ionescu Assistant PhD (N UNEFS, Romania)**
- **Alexandra Ghezea, Assistant PhD (UNEFS, Romania)**

Oral presentation

ID	Title	Authors' names	Country	Institution
1	EXPERIENCE OF IMPLEMENTING HEALTH-FORMING TECHNOLOGIES INTO PHYSICAL EDUCATION OF PRIMARY-AGED SCHOOL CHILDREN	Goncharova N., Nosova N., Butenko H.	<i>Ukraine</i>	National University Of Physical Education And Sport
2	METHODICAL REQUIREMENTS TO ENSURE SAFETY IN LESSONS IN PHYSICAL EDUCATION AND SPORT	Boncheva, M.D. Vladova, I.	Bulgaria	National Sports Academy "Vasil Levski"
3	THE DEVELOPMENT OF MOTOR QUALITIES OF SECONDARY SCHOOL STUDENTS IN PHYSICAL EDUCATION LESSONS WITH FOOTBALL THEMES	Cebotaru Veronica	Moldova	State University of Physical Education and Sport
4	EVALUATION OF THE CONTEMPORARY STATE AND DEVELOPMENT OF PHYSICAL CULTURE AND SPORTS IN THE REPUBLIC OF TAJIKISTAN	Saidova M.H. Davlyatova M.	<i>Tajikistan</i>	Tajik State University of Commerce
5	SPORT AND EVENT QUEST-TOUR AS AN INNOVATIVE FORM OF YOUTH TOURISM	Moskalenkova, A, Kravchyk, T	Russia	Siberian State University of Physical Education and Sports
6	ASSESSMENT QUALITY OF SERVICES SPORTING EVENTS IN THE REPUBLIC OF KAZAKHSTAN	Iskakov, T., Kulbaev, A.	Kazakhstan	Kazakh academy of sport and tourism
7	PECULIARITIES OF FORMATION AND DEVELOPMENT OF THE NETWORK OF SUBSIDIARY SCHOOLS-BOARDERS IN SPECIFIC CONDITIONS OF THE REPUBLIC OF TAJIKISTAN	Karimova D.D., Bakhodurova Oimkhon Zafarovna	<i>Tajikistan</i>	Tajik Institute of Physical Culture named after S. Rakhimov
8	КОНТРОЛЬ ЗА ТЕХНИЧЕСКОЙ ПОДГОТОВКОЙ ДЗЮДОИСТОК В УСЛОВИЯХ СОРЕВНОВАНИЙ.	Альмуханбетова Г.Н., Джамбербаев БО, Конакбаев БМ	Kazakhstan	The Kazakh Academy of Sport and Tourism
9	UNIQUE WAYS OF REGULATION AND SPECIFICS OF EXPRESSING PRE-START EMOTIONS OF A SHOOTER	Elmira Karapetian	<i>Armenia,</i>	Department of Sports Pedagogy and psychology after A.A. Lalayan,

10	THE EFFECTIVENESS OF APPLYING THE NEURO- PROPRIOCEPTIVE FACILITY TECHNIQUES IN THE RECOVERY OF ANKLE FRACTURES	Morari Maria	Moldova	State University of Physical Education and Sport
11	REDUCING THE MUSCLE CHAIN HYPERTONY THROUGH MYOFASCIAL TECHNIQUES IN ATHLETES	Antohe Bogdan	Romania	"Vasile Alecsandri" University of Bacau,
12	THE ROLE AND IMPORTANCE OF THE NEURO-PROPRIOCEPTIVE MEANS IN THE PATHOLOGY OF THE POST TRAUMATIC SHOULDER	Giurea Ioana	Romania	"Vasile Alecsandri" University of Bacau,
13	TREATMENT OF CERVICAL SPONDYLOSIS USING PHYSIO AND ELECTROTHERAPY MODALITIES	Giurea Ioana	Romania	"Vasile Alecsandri" University of Bacau,
14	STRIDE FREQUENCY AND LENGTH OPTIMIZATION IN RACE WALKING	Raivo Saulgriezis	Latvia	Latvian Academy of Sport Education
15	PEDALING CADENCE OPTIMIZATION IN ROAD CYCLING	Davis Dzenis	Latvia	Latvian Academy of Sport Education
16	NEW CONCEPTS ON THE ETIOLOGY OF IDIOPATHIC SCOLIOSIS	Goga Bogdan	Romania	National University of Physical Education and Sport

Saturday, 6 May
Section 1
(Room F1)
10:00 – 12:30 Oral presentation

Moderators

- **Manon Popescu, Associate Professor PhD (UNEFS, Romania)**
- **Constanta Urzeala, Lecturer PhD (UNEFS, Romania)**

Secretaries

- **Ana Maria Gavojdea, Assistant PhD (UNEFS, Romania)**
- **Alin Fediuc, Assistant Drd (UNEFS, Romania)**

Oral presentation

ID	Title	Authors' names	Country	Institution
1	STUDY ON USING BADMINTON AS AN ATTRACTIVE LEISURE-TIME MEANS	Maftai Ștefan, Buiucliu Ștefan	Romania	National University of Physical Education and Sport
2	THE BENEFITS OF RESILIENCE AND SPORTS IN POOR SOCIETIES	Cîmpeanu Adrian Mădălin	Romania	National University of Physical Education and Sport
3	THE ANALYSIS OF MARKING AND DISPOSSESSION TO THE LEVEL OF THE TEAMS FROM PLAY-OUT AND PLAY-OFF	Constantin Dan, Săcuiu A.I., Tănase T.B., Vernescu M.F	Romania	National University of Physical Education and Sport
4	A FUNCTIONAL RECOVERY OF AN ATHLETE WITH POST-EFFORT LUMBAGO	Breană Bogdan, Maftai Ștefan,	Romania	National University of Physical Education and Sport
5	PHYSICAL TRAINING IN DOWN SYNDROM JUDO ATHLETES	Ionescu Gheorghe Drăguț	Romania	National University of Physical Education and Sport
6	STUDY ON THE DEVELOPMENT OF QUALITY DRIVING FORCE OF III LEVEL SWIMMERS	Gheorghe Marian Ciprian	Romania	National University of Physical Education and Sport
7	DEVELOPING MOBILITY OF CHILD SWIMMERS	Severin Alina	Romania	National University of Physical Education and Sport
8	THE ROLE OF THE LEADER AND EMOTIONAL EXCHANGE AMONG GROUP MEMBERS	Radu Roxana Maria Nicoleta	Romania	National University of Physical Education and Sport
9	THE ANALYSIS OF THE IMPORTANCE OF POSSESSION AT THE LEVEL OF THE TEAMS IN PLAY-OUT AND PLAY-OFF	Pătrașcu Cătălin, Oprea Ion, Furnică Alexandru, Tudor Marius	Romania	National University of Physical Education and Sport

10	THE COACHES' VISION REGARDING THE SHARE OF PSYCHIC FEATURES IN THE SELECTION AND TRAINING FOR INDIVIDUAL AND TEAM SPORTS	Buiucliu Ștefan, BREANĂ Bogdan	Romania	National University of Physical Education and Sport
11	THE COMPARATIVE ANALYSIS OF FINISHING OFFENSIVE ACTIONS OF THE FIRST PLACE TEAM IN PLAY-OFF AND PLAY-OUT AT THE END OF THE REGULATED SEASON	Cismaru Valentin, Stoica Marian Adrian, Ana Ciprian, Florea Sebastian	Romania	National University of Physical Education and Sport

Section 2
(Room H)
10:00 – 12:30 Oral presentation

Moderators

- **Gabriel Iulian Ghitescu, Professor PhD (UNEFIS, Romania)**
- **Valeria Balan, Associate Professor PhD (UNEFIS, Romania)**

Secretaries

- **Oana Ionescu Assistant PhD (UNEFIS, Romania)**
- **Alexandra Ghezea, Assistant PhD (UNEFIS, Romania)**

Oral presentation

ID	Title	Authors' names	Country	Institution
1	PERFORMANCE PREDICTION USING THE METHOD OF STANDARDIZATION, AT SWIMMERS	Bordei Alexandru-Silvian	Romania	National University of Physical Education and Sport
2	GENERAL ISSUES REGARDING GENDER EQUALITY IN ROMANIA	Albu Sonia	Romania	National University of Physical Education and Sport
3	SENSORY DIFFERENCES IN AUTISM SPECTRUM DISORDER	Danciu Răzvan, Fediuc Alin	Romania	National University of Physical Education and Sport
4	TAEKWONDO - MEANS OF INFLUENCING PSYCHOMOTOR CHARACTERISTICS	Mircică Liliana	Romania	National University of Physical Education and Sport
5	STUDY ON THE IMPORTANCE OF IMPROVING PASSING GAME WITH BOTH FEET TO IMPROVE PERFORMANCE IN FOOTBALL	Felegeanu Constantin-Cosmin, Sburlan Irina	Romania	National University of Physical Education and Sport
6	THE RELATION BETWEEN THE CLASS OF PHYSICAL EDUCATION AND THE SELECTION FOR FOOTBALL TRAINING WITH THE PURPOSE OF DEVELOPING THE GENERAL MOTRICITY FOR 7-8 YEAR OLD PUPILS	Rusu, O.H., Rusu, R.G.	Romania	National University of Physical Education and Sport
7	THE USE OF INFORMATION AND COMMUNICATION TECHNOLOGY MEANS IN PHYSICAL EDUCATION AND SPORTS CLASSES	Rusănescu Alina-Gabriela	Romania	National University of Physical Education and Sport
8	REVIEW ON THE USE OF BLOOD FLOW RESTRICTION TRAINING IN ADULT POPULATION	Ciocîrlan Mihai-Cosmin	Romania	National University of Physical Education and Sport
9	ASSESSMENT OF THE COACHES' OPINION ON THE USE OF THE QUESTIONING METHOD IN TRAINING 11-12-OLD FOOTBALL PLAYERS	Roman Iordan, Felegeanu Constantin	Romania	National University of Physical Education and Sport
10	THE EFFECTS OF HIGH VOLUME TRAINING ON BODY COMPOSITION IN ADULT MEN - CASE STUDY	Ciocîrlan Mihai-Cosmin	Romania	National University of Physical Education and Sport