

# NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT OF BUCHAREST



INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION  
FEDERATION INTERNATIONALE D'EDUCATION PHYSIQUE  
EUROPEAN NETWORK OF SPORT EDUCATION  
INTERNATIONAL UNIVERSITY SPORTS FEDERATION  
LONDON ACADEMY OF SPORTS AND HEALTH SCIENCES  
ROMANIAN COUNCIL OF SCIENCE AND SPORT

## INTERNATIONAL CONGRESS OF EDUCATION, HEALTH AND HUMAN MOVEMENT / ICEHHM

*Human Movement: New Paradigms in a Changing World*

**12<sup>th</sup> Edition - Hybrid**

**Bucharest, 15 - 18 June 2022**

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**Bucharest**

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**Cristian SUCIU**, IT Department, UNEFS Bucharest

# INTERNATIONAL CONGRESS ON EDUCATION HEALTH AND HUMAN MOVEMENT

## OVERALL PROGRAMME

Wednesday, 15.06.2022

### Students Scientific Conference

10<sup>00</sup>- 11<sup>15</sup> Plenary session (Amphitheatre Hall)

11<sup>30</sup> – 13<sup>00</sup> Conference Sections

Athletics Room Section 1	Basketball Room Section 2	Handball Room Section 3	F1 Room Section 4
Student Scientific Session	Student Scientific Session	Student Scientific Session	Student Scientific Session

F2 Room Section 5	F 3 Room Section 6	F 4 Room Section 7	H Room Section 8
Student Scientific Session	Student Scientific Session	Student Scientific Session	Student Scientific Session

13<sup>30</sup> Lunch (Marble Hall)

Thursday, 16.06.2022

10 <sup>00</sup> – 10 <sup>15</sup>	Opening Ceremony of the UNEFS Museum
10 <sup>00</sup> – 13 <sup>00</sup>	ICEHHM Workshops
15 <sup>00</sup> - 15 <sup>15</sup>	ICEHHM Opening Ceremony (Amphitheatre Hall/Virtual Room A) Day 1 YouTube channel <a href="https://infocongress.unefs.ro/">https://infocongress.unefs.ro/</a>
15 <sup>15</sup> – 17 <sup>00</sup>	ICEHHM Plenary Session 1 (Amphitheatre Hall/Virtual Room A) Day 1 YouTube channel <a href="https://infocongress.unefs.ro/">https://infocongress.unefs.ro/</a>
16 <sup>30</sup> - 17 <sup>30</sup>	Formal Meeting of the Deans' Forum (Senate Hall)
17 <sup>30</sup> – 19 <sup>00</sup>	Festive Session dedicated to the 20th anniversary of the establishment of the Faculty of Kinetotherapy – UNEFS (Amphitheatre Hall/Virtual Room A) Day 1 YouTube channel <a href="https://infocongress.unefs.ro/">https://infocongress.unefs.ro/</a>
17 <sup>30</sup> – 19 <sup>30</sup>	International Conference of Sport Psychology (Virtual Room D)
19 <sup>30</sup>	Dinner (Marble Hall)

Friday, 17.06.2022

10<sup>30</sup> – 11<sup>30</sup> Doctor Honoris Causa Ceremony (Marble Room/Virtual Room A)

Day 2 YouTube channel <https://infocongress.unefs.ro/>

12<sup>00</sup> – 13<sup>30</sup> International Conference of Healthcare (Amphitheatre Hall/Virtual Room A) -  
Plenary Session Day 2 YouTube channel <https://infocongress.unefs.ro/>

12<sup>00</sup> – 13<sup>00</sup> ICEHHM Plenary Session 2 (Online/Virtual Room C)

13<sup>00</sup> – 14<sup>00</sup> ICEHHM Sections

Virtual Room B	Virtual Room C	Virtual Room D	Virtual Room E
Section 1 Physical Education	Section 1 Sport and Performance	Section 1 Sport Management and Sport History	Section PhD Students

13<sup>45</sup> Lunch (Marble Hall)

15<sup>00</sup> – 16<sup>30</sup> International Conference of Healthcare Sections

Virtual Room A
Day 2 YouTube channel <a href="https://infocongress.unefs.ro/">https://infocongress.unefs.ro/</a>
Section 1 Healthcare and Physical Therapy

15<sup>00</sup> – 16<sup>30</sup> ICEHHM Sections

Virtual Room B	Virtual Room C	Virtual Room E
Section 2 Physical Education	Section 2 Sport and Performance	Section 2 PhD Student

15<sup>00</sup> – 16<sup>30</sup> International Conference of Sport Psychology

Virtual Room D
Section 1 Sport Psychology

16<sup>30</sup> – 18<sup>00</sup> International Conference of Health Section

Virtual Room A
Day 2 YouTube channel <a href="https://infocongress.unefs.ro/">https://infocongress.unefs.ro/</a>
Section 2 Healthcare and Physical Therapy

16<sup>30</sup> – 18<sup>00</sup> ICEHHM Sections

Virtual Room B	Virtual Room C	Virtual Room D	Virtual Room E
Section 3 Sport and Performance	Section 4 Sport and Performance	Section 1 Varia	Section 3 PhD Students

**18<sup>00</sup> – 19<sup>30</sup> International Conference on Health Sections**

<b>Virtual Room A</b> <b>Day 2 YouTube channel <a href="https://infocongress.unefs.ro/">https://infocongress.unefs.ro/</a></b>
<b>Section 3</b> <b>Healthcare and Physical Therapy</b>

**Saturday, 18.06.2022**

**10<sup>00</sup> – 14<sup>00</sup> International Conference of Healthcare Workshops (C1/C2 Hall/ Virtual Room A)**

**Day 3 YouTube channel <https://infocongress.unefs.ro/>**

**Workshops (UNEFS rooms)**

**10<sup>00</sup> – 14<sup>00</sup> International Conference of Sport Psychology**

**Workshops (UNEFS rooms)**

# DETAILED CONGRESS PROGRAM

## STUDENTS SCIENTIFIC CONFERENCE

Wednesday, 15 June 2022

### 10<sup>00</sup> – 11<sup>15</sup> Plenary presentation (Amphitheatre Hall)

➤ Moderators

*Rareş Stănescu, Associate Professor PhD, UNEFS Bucharest*

*Marius Stoicescu, Lecturer PhD, UNEFS Bucharest*

10<sup>00</sup> - 10<sup>45</sup> Irina Radevska, National Sport Academy Vassil Levski, Sophia, Bulgaria

*Best practices for virtual educational conference (Amphitheatre Hall)*

10<sup>45</sup> - 11<sup>15</sup> Anca Ionescu, Erasmus Ambassador, The National Agency for Community Programmes in the Field of Education and Vocational Training (ANPCDEFP)

*Erasmus Plus Program – as a source for professional development*

### 11<sup>30</sup> – 13<sup>00</sup> Students' Scientific Sessions

Athletics Room Section 1	Basketball Room Section 2	Handball Room Section 3	F1 Room Section 4
Moderator <i>Valentin Caracas, Lecturer PhD*</i>	Moderator <i>Ana Maria Vasiliu Lecturer PhD*</i>	Moderator <i>Stefania Chiriac Assistant PhD*</i>	Moderator <i>Mihaela Zahiu Associate PhD*</i>

F2 Room Section 5	F 3 Room Section 6	F 4 Room Section 7	H Room Section 8
Moderator <i>Alexandra Predoiu, Lecturer PhD*</i>	Moderator <i>Ştefan Toader, Lecturer PhD*</i>	Moderator <i>Aurel Marin Lecturer PhD*</i>	Moderator <i>Teodora Velea Assistant PhD*</i>

*\*National University of Physical Education and Sports, Bucharest*

*(for the detailed program of the student scientific session please check the following link*

*<https://infocongress.unefs.ro/students-conference/>)*

**Thursday, 16 June 2022**

**10<sup>00</sup> – 12<sup>00</sup> Opening Ceremony of UNEFS Museum (Museum Hall)**

**Workshop: *Sustainable Social and Educational Integration through Sport (PNP001 project, financed through SEE Norwegian Grants, a predefined project within the Framework for Local Development, Poverty Reduction and Roma Integration)***

- *Moderators: Prof.PhD Gabriel Ghițescu, Prof.PhD Virgil Tudor  
Associate Prof. PhD Corina Ciolcă*

**10<sup>00</sup> – 12<sup>00</sup> (Gymnastics Hall)**

**Workshop: *Post-pandemic Educational Integration through physical activities (Erasmus Plus Project: Autism Play Therapy for movement / APT)***

- *Moderators: Prof.PhD Gabriel Popescu, Assistant PhD Mihaela Zahiu*

**12<sup>00</sup> – 13<sup>00</sup> (UNEFs Museum Hall)**

**Workshop: *Sport Diplomacy and Olimpism – new trends in contemporary sport (Erasmus Plus Project: TES-D – Towards an EU Sport Diplomacy – Building a shared framework)***

- *Moderators: Prof.PhD Alina Moanță, Lecturer PhD Pompiliu Constantin*

**15<sup>00</sup> – 15<sup>15</sup> ICEHHM Opening Ceremony (Amphitheater Hall/ Virtual Room A)**

**Welcome Speeches**

*Florin Pelin, Professor PhD – Rector UNEFS*

*Mihai Covaliu – President of the Romanian Olympic Committee*

*Carmen Tocală, PhD – President of the Romanian Basketball Federation*

*Virgil Tudor, Professor PhD – President of the UNEFS Senate*

- *Moderator: Lecturer PhD Ligia Tudor*

**15<sup>15</sup> – 17<sup>00</sup> Plenary Session 1 (Amphitheater Hall/ Virtual Room A)**

**15<sup>15</sup> - 15<sup>45</sup> Uri Schaefer, PhD, President International Council of Sport Science and Physical Education**

***The critical role of teachers and coaches in promoting physical activity: what does latest research tell us?***

**15<sup>45</sup> - 16<sup>15</sup> Eleonora Mileva, Professor DSc, National Sports Academy Vassil Levski, Sofia, Bulgaria**

***Online Physical Education – Advantages and Challenges***

**16<sup>15</sup> - 16<sup>45</sup> Bogdan Ioan Goga, Fiziotherapist PhD**

***Integrating the physiotherapist into the therapeutic breast cancer intervention team***



Friday, 17 June 2022

**12<sup>00</sup> – 13<sup>00</sup> Plenary Session 2 (Online/Virtual Room C)**

Moderator

- *Aura Bota, Professor PhD (UNEFS, Romania)*

Secretary

- *Mihaela Zahiu, Lecturer PhD (UNEFS, Romania)*

**12<sup>00</sup> - 12<sup>15</sup>** Adam Nicholls, University of Hull, United Kingdom

*The effects of the anti-doping values in coach education mobile application: a feasibility randomised controlled trial*

**12<sup>15</sup> - 12<sup>30</sup>** Aage Radmann, School of Sport Sciences, Oslo, Norway

*Sport during and after Covid 19*

**12<sup>30</sup> - 12<sup>45</sup>** Miguel Crespo, International Tennis Federation, Spain

*Innovation in sport organizations: research on international and national federations*

**12<sup>45</sup> - 13<sup>00</sup>** Rafael Martinez-Galego, University of Valencia, Spain

*Notational analysis in tennis: latest research and practical applications*

**Friday, 17 June 2022**

**ICEHHM Section 1 – Physical Education  
13<sup>00</sup> – 14<sup>00</sup> (Virtual Room B)**

Moderators

- *Sorin Serbanoiu, Associate Prof. PhD (UNEFS, Romania)*
- *Ligia Tudor, Lecturer PhD (UNEFS, Romania)*

Secretary

- *Stefania Chiriac, Lecturer PhD (UNEFS, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1682	EXAMINATION OF PHYSICAL EDUCATION AND SPORTS TEACHERS ANXIETY AND MOTIVATION LEVELS IN THE COVID-19 PANDEMIC PROCESS	Numan Bahadir KAYISOGLU Seda BOSTANOGLU	Karabuk University	Turkey
1727	EFFECTS OF A POSTURAL EDUCATION PROGRAM ON DAILY HABITS IN PRIMARY SCHOOL CHILDREN	Josep VIDAL-CONTI Aina GALMES-PANADES Pere PALOU Pere BORRÀS Adrià MUNTANER-MAS	University of the Balearic Islands	Spain
1722	IMPORTANCE OF HAND ABILITY DEVELOPMENT OF CHILDREN AGED 5-6	Xiong ZHI PANG	Beijing Sport University	China
1664	THE EFFECT OF USING WATER WIRELESS AQUA COM SYSTEM ON THE DEVELOPMENT OF DOLPHIN KICK MOVEMENTS ON THE FEMALE SWIMMING TEAM AT THE FACULTY OF PHYSICAL EDUCATION	Wisal WISAL	Yarmouk University	Jordan
1924	PSYCHOMOTOR LEVEL - AN IMPORTANT INDICATOR OF GLOBAL DEVELOPMENT OF CHILDREN IN PRIMARY SCHOOL	Anamaria BERDILĂ Olena YARMOLIUK Iuliia PAVLOVA Teodora ICONOMESCU Laurentiu TALAGHIR	Dunarea de Jos University, Borys Grinchenko Kyiv University, Lviv State University of Physical Culture	Romania, Ukraine
1926	STUDY ON THE THEORETICAL CONTENT TAUGHT BY PHYSICAL EDUCATION TEACHERS DURING THE COVID-19 PANDEMIC	Bogdan Sorin OLAR Laurențiu TALAGHIR Teodora ICONOMESCU	Dunărea de Jos University of Galati	Romania

Friday, 17 June 2022

**ICEHHM Section 1 - Sport and Performance**  
**13<sup>00</sup> – 14<sup>00</sup> (Virtual Room C)**

Moderators

- *Doina Croitoru, Professor PhD (UNEFS Bucharest, Romania)*
- *Cezar Hantău, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Roxana Bejan, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1680	ANALYSIS OF POWER SPEED TRAINING IN PREPARATION OF A SECOND LEAGUE QATAR FOOTBALL TEAM	Ciprian PANAIT Elena Loredana PANAIT	National University of Physical Education and Sport, Bucharest	Romania
1703	METHODOLOGY FOR OBJECTIFYING THE EFFECTS OF TRAINING IN THE HANDBALL GAME	Robert SAKIZLIAN Ligia RUSU Mihnea MARIN Iuliana Carmen BARBACIORU	University of Craiova	Romania
1741	THE EFFECTS OF THE COVID-19 PANDEMIC ON THE PARTICIPATION IN NATIONAL JUNIOR HANDBALL COMPETITIONS	Cristina VĂRZARU Virgil TUDOR Ana Maria MUJEA	National University of Physical Education and Sports	Romania
1711	THE CORRELATION BETWEEN BODY SCHEME AND SOMATIC MEASUREMENTS OF JUNIOR HANDBALL PLAYERS	Vlad-Alexandru MUNTIANU Beatrice ABALASEI Maria-Emilia VIZITIU	Alexandru Ioan Cuza University, Iași, National University of Physical Education and Sport	Romania
1705	EFFECT OF CONDITIONED TASKS ON MOOD AND PERFORMANCE OF BASKETBALL PLAYERS	Pablo CAMACHO LAZARRAGA	Centro Universitario San Isidoro	Spain
1707	EFFECT OF TIME CONSTRAINT ON THE USE OF SPECIFIC INDIVIDUAL SKILLS IN BASKETBALL PLAYERS	Pablo CAMACHO LAZARRAGA	Centro Universitario San Isidoro	Spain
1748	DIFFERENT METHODS OF TEACHING IN BASKETBALL SKILLS: A SYSTEMATIC REVIEW	Gregory MASADIS Kiriakoula EMMANOUILIDOU Filippou FILIPPOS	Democritus University of Thrace	Greece

Friday, 17 June 2022

**ICEHHM Section 1 Sport Management and Sport History  
13<sup>00</sup> – 14<sup>00</sup> (Virtual Room D)**

Moderators

- *Laurentiu Bocioacă, Associate Professor PhD (UNEFS Bucharest, Romania)*
- *Sorin Ciolcă, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Adina Dreve, Assistant PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1719	HUMAN RESOURCE MANAGEMENT IS THE BACKBONE OF A SPORTS ORGANIZATION	Florin Remus STOIAN	Bioterra University of Bucharest	Romania
1819	EXPLORING THE RELATIONSHIP BETWEEN TOURISM AND SUSTAINABLE DEVELOPMENT GOALS. EVIDENCE BASED ON CONTENT ANALYSIS	Aurel MARIN Laurentiu BOCIOACĂ	National University of Physical Education and Sports, Bucharest, Romania	Romania
1767	AKHAL-TEKE HORSES – THE SOUL OF TURKMENS	Ogulnazik ISENOVA Shasoltan ORAZOVA	Turkmen State Institute of Physical Education and Sports	Turkmenistan
1769	PROMOTION TO OUR HEALTHY LIFE	Bagul CHARYYAROVA Ogulbabek MOVLIYEVA	Turkmen State Institute of Physical Education and Sports	Turkmenistan
1735	FROM THE SPORT PODIUM TO DIPLOMACY. HOW AN ATHLETE COULD BECOME A SPORTS DIPLOMAT	Pompiliu Nicolae CONSTANTIN Alexandru Virgil VOICU Monica STANESCU	National University of Physical Education and Sports, Bucharest, Romania	Romania
1768	SUCCESS OF TURKMENISTAN'S SPORTS DIPLOMACY	Charyarguly MAMMETGULYEV Ogulbeg OVEZOVA	Turkmen State Institute of Physical Education and Sports	Turkmenistan

**Friday, 17 June 2022**

**ICEHHM Section 1 PhD Students  
13<sup>00</sup> – 14<sup>00</sup> (Virtual Room E)**

Moderators

- *Silvia Teodorescu, Professor PhD (UNEFS Bucharest, Romania)*
- *Corina Ciolcă, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Raluca Costache, Research Assistant PhD (UNEFS Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1684	COMPARISON AND MONITORING THE RESULTS OF PHYSICAL THERAPY PROGRAM IN POST INJURIES REHABILITATION	Adnan WALEED Ligia RUSU	National University of Physical Education and Sports Bucharest, University of Craiova	Romania
1694	ANTHROPOMETRICS MEASUREMENTS AND ITS RELATIONS WITH SKILLED PHYSICAL PERFORMANCE IN JUNIOR BASKETBALL PLAYERS	Hisham ABU TAHA, Majed EL-SALEH, Rusu LIGIA	Al Ain University, University of Craiova	United Arab Emirates, Romania
1737	THE SOCIAL CONTEXT AND THE DEVELOPMENT OF WOMEN'S FOOTBALL IN ROMANIA	Andreea TRUSCA, Silvia TEODORESCU	National University of Physical Education and Sport	Romania
1715	IMPROVING COORDINATION SKILLS IN YOUNG FOOTBALL PLAYERS AGED 8-10 YEARS	Rafael VIȘAN, Marius STOICA, Adina DREVE	National University of Physical Education and Sports Bucharest	Romania
1760	ORGANIZATIONAL LEARNING AS A CRITICAL FACTOR IN ACCESSING THE ERASMUS + SPORT PROGRAM – A COMPARATIVE STUDY ROMANIA - ITALY	Anca IONESCU, Monica STANESCU, Francesco FRANCESCHETTI Andrea CELANI, Aivaz Ainur KAMER	National University of Physical Education and Sports, Ovidius University of Constanta, University of Bologna	Romania Italy
1725	THE EVOLUTION OF TECHNIQUE AND PERFORMANCE IN SPEED RUNNING IN 12-YEAR-OLD GIRLS	Andreea GEORGESCU, Gloria RAȚĂ, Adrian GEORGESCU, Antoanela OLTEAN, Aura BALABAN	National University of Physical Education and Sports, Vasile Alecsandri of Bacau, Ovidius University of Constanta	Romania

**Friday, 17 June 2022**

**ICEHHM Section 2 Physical Education and Sport  
15<sup>00</sup> – 16<sup>30</sup> (Virtual Room B)**

Moderators

- *Mihaela Manos, Professor PhD (UNEFS Bucharest, Romania)*
- *George Dina, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Ana-Maria Vasiliu, Lecturer PhD (UNEFS Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1740	COMPARATIVE STUDY OF AEROBIC CAPACITY IN FEMALE STUDENTS BEFORE AND AFTER THE COVID-19 PANDEMIC	Camelia BRANEȚ, Raluca PELIN, Valeria BĂLAN, Adrian PRICOP, Carmen GRIGOROIU	Politehnica University, National University of Physical Education and Sports	Romania
1732	MOTOR SKILL LEVEL OF STUDENTS AT RISK OF EDUCATIONAL EXCLUSION IN MUREȘ COUNTY, ROMANIA	Virgil TUDOR, Florin PELIN, Corina CIOLCĂ, Valeria BĂLAN, Dan BADEA, Marina IGOROV, Laurențiu TICALĂ, Cristina VĂRZARU, Adrian RĂDULESCU, Ana-Maria MUJEA, Alin SĂFTEL, Adina DREVE, Paul Florin RITEA, Csaba ADORJAN	National University of Physical Education and Sports Bucharest, Ogra Middle School, Sărățeni Middle School	Romania
1762	DISTINGUISHABLE HARDSHIPS FOR A SAMPLE OF MIDDLE SCHOOL STUDENTS FROM VRANCEA COUNTY	Dan BADEA Doina CROITORU, Sorin CIOLCA, Gheorghe GRIGORE, Virgil TUDOR	National University of Physical Education and Sports Bucharest	Romania
1791	PARENTS' OPINIONS ABOUT THE USE OF STRATEGIC GAMES IN THE PHYSICAL EDUCATION LESSON	Alina-Valentina HORA, Rela-Valentina CIOMAG	American International School of Bucharest, University of Economic Studies of Bucharest	Romania
1883	EXAMINATION OF PHYSICAL EDUCATION AND SPORTS TEACHERS' OPINIONS AND LEVELS OF MOTIVATION ON COVID-19 IN THE COVID-19 EPIDEMIC	Seda BOSTANOGLU	Karabuk University	Turkey
1927	RESEARCH ON THE POSSIBILITIES FOR DEVELOP AN ONLINE PLATFORM FOR DISTANCE LEARNING IN PHYSICAL EDUCATION	Korneliya NAYDENOVA	National Sports Academy Vassil Levski	Bulgaria
1700	STUDY ON THE IMPROVEMENT OF PSYCHOMOTOR CAPACITY OF STUDENTS IN SECONDARY SCHOOL	Carmen GRIGOROIU Adrian PRICOP Teodora WESSELY Mihaela NETOLITZCHI Mariana DOSARU	Politehnica University of Bucharest, Secondary School no. 280, Bucharest	Romania
1723	A STUDY OF CAREER CHOICE OPTIONS FOR RUGBY STUDENTS IN VOCATIONAL HIGH SCHOOLS	Oroles FLORESCU Mariana MEZEI Adrian PRICOP Carmen GRIGOROIU Teodora WESSELY	Politehnica University of Bucharest	Romania

Friday, 17 June 2022

**ICEHHM Section 2 Sport and Performance**  
**15<sup>00</sup> – 16<sup>30</sup> (Virtual Room C)**

Moderators

- *Dan Badea, Associate Professor PhD (UNEFS Bucharest, Romania)*
- *Ionuț Corlaci, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Alexandra Ghezea, Assistant PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1790	ANALYSIS OF AREA-ACTIONS RATIO BETWEEN SMALL-SIDED GAME AND OFFICIAL GAME IN RINK HOCKEY FOR YOUNG ATHLETES	Samuel HONORIO, Marco BATISTA, Jorge SANTOS, Joao SERRANO, Joao PETRICA, Miguel CAMOES, Joao ALMEIDA,	Polytechnic Institute of Leiria	Portugal
1821	THE TIME PRECEDING THE BARBELL LIFTING, A PREMISE FOR PERFORMANCE ACHIEVEMENT	Constantin Daniel MURARETU, Razvan-Liviu PETRE, Daniela MURARETU, Marian Daniel TEODORU	National University of Physical Education and Sport	Romania
1729	INFLUENCES OF ARM SWINGS PROTOCOL FIELD TEST ON VERTICAL JUMP PERFORMANCE	Zerf MOHAMMED, Messalti LAKHDAR, Hamzaoui HAKIM, Hadjar Kherfane MOHAMED	University of Abdel Hamid Ibn	Algeria
1742	THE EVOLUTION OF THE RESULTS OF THE ROMANIAN ATHLETES IN THE SPEED RACES DURING THE STAGES AND THE NATIONAL ATHLETICS CHAMPIONSHIPS FROM 2022	Razvan Andrei TOMOZEL, Gabriela STEFAN NEONILA, Anca – Raluca TANASA, Cristina Elena MORARU	Alexandru Ioan Cuza University of Iasi	Romania
1670	EVOLUTION OF WOMEN'S HIGH JUMP PERFORMANCE BETWEEN 2011-2020	Aura BALABAN, Gloria RATA, Andreea GEORGESCU	National University of Physical Education and Sport, Bucharest	Romania
1716	CONCEPTUALIZATION FOR A RESEARCH PROBLEM ON FACTORS AFFECTING SPORTS PERFORMANCE	Nama Ashish Prem SINGH	Motilal Nehru College	India



**Friday, 17 June 2022**

**ICEHHM Section 2 PhD Students  
15<sup>00</sup> – 16<sup>30</sup> (Virtual Room E)**

Moderators

- *Corina Țifrea, Professor PhD (UNEFS Bucharest, Romania)*
- *Gheorghe Grigore, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Tudor Palade, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1869	OPTIMIZING STRENGTH BY USING CROSS – TRAINING IN PHYSICAL EDUCATION LESSON IN MILITARY EDUCATION	Gabriel CRACANA Virgil TUDOR	National University of Physical Education and Sport	Romania
1807	ENDURANCE IMPROVEMENT AFTER USING HEART RATE VARIABILITY IN TRAINING PRESCRIPTION	Mircea PURCARU Silvia TEODORESCU	National University of Physical Education and Sport	Romania
1877	THE ROLE OF HEREDITY AND THE ENVIRONMENT IN WATER POLO GAMES	Costel MATEI, Virgil TUDOR Ion DRÎMBOCEANU	National University of Physical Education and Sport	Romania
1667	PROMOTION IN THE PHYSICAL EDUCATION LESSON OF THE THEMATIC CONTENTS PREFERRED BY THE STUDENTS	Marina IORDĂCHESCU Dorina ORȚĂNESCU Carmen-Mariana GEORGESCU (BĂRȚĂGUI-GEORGESCU)	University of Craiova	Romania
1676	BALANCE REHABILITATION IN CHILDREN WITH AUTISM SPECTRUM DISORDER – A CASE REPORT STUDY	Andreea Maria ROȘCA Ligia RUSU Mihnea MARIN Doina MIRON	University of Craiova	Romania
1677	COMPENSATION EFFECTS ON BALANCE DISORDERS IN UNILATERAL VESTIBULAR HYPOFUNCTION BY MULTISENSORY STIMULATION	Oana Alis SANDU Doina MIRON (BISTRICEANU) Ligia RUSU	University of Craiova	Romania
1691	THE PERCEPTIONS AND ATTITUDES OF ROMANIAN PHYSIOTHERAPISTS TOWARDS ONLINE THERAPY	Marjan MIHAJLOV	University of Craiova	Romania
1687	IMPROVING LEARNING STRATEGIES FOR INSTITUTIONALIZED CHILDREN THROUGH DANCESPORT	Gabriela TOMESCU, Monica STANESCU, Ayvaz Ainur KAMER	National University of Physical Education and Sports, Ovidius University of Constanta	Romania



Friday, 17 June 2022

**ICEHHM Section 3 Sport and Performance**  
**16<sup>30</sup> – 18<sup>00</sup> (Virtual Room B)**

Moderators

- *Ioszeff Hidi, Professor PhD (UNEFIS Bucharest, Romania)*
- *Răzvan Petre, Associate Professor PhD (UNEFIS Bucharest, Romania)*

Secretary

- *Adina Dreve, Assistant Ph.D., (UNEFIS Bucharest, Romania)*

<b>Paper ID</b>	<b>TITLE</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1743	SENSORY COMMUNICATION IN MOTOR LEARNING	George DINA Liliana DINA	National University of Physical Education and Sports	Romania
1820	STUDY ON THE EFFECTS OF PRACTICING JUDO ADAPTED TO PEOPLE WITH ASD AND DOWN	Laurentiu BOCIOACĂ Aurel MARIN	National University of Physical Education and Sport	Romania
1771	CHARACTERISTICS OF SUPPORT REACTIONS DURING THE PASSAGE INTO THE BODY WITH KNOCKING IN WRESTLING	A.O. SAPAROV Ya. CHARYEV B. BAYRYEV G. KAKALYEV	Turkmen State Institute of Physical Education and Sports	Turkmenistan
1772	DETERMINING THE POSITION OF THE BODY OF AN ATHLETE-WRESTLER IN SPACE DURING A SOMERSAULT	G. SAHEDOV Y. CHARYEV B. BAYRYEV Sh.MAMMEDOV	Turkmen State Institute of Physical Education and Sports	Turkmenistan
1775	ANALYSIS OF TECHNICAL PREPARATION AND MENTAL ACTIVITY OF WRESTLERS	A. SAPAROV H. NUNNAYEV	Turkmen State Institute of Physical Education and Sports	Turkmenistan
1773	FEATURES OF PREPARING PROFESSIONAL BOXERS FOR THE MAIN TOURNAMENT OF THE YEAR	Gurbanmyrat SAHEDOV Hydyrguly TATOV	Turkmen State Institute of Physical Education and Sports	Turkmenistan
1784	POSSIBILITIES TO OBJECTIFY THE TECHNICAL ELEMENTS OF MARTIAL ARTS WITH THE HELP OF KINEMATIC ANALYSIS	Robert DELIU Marius STOICA Andrei DRAGOMIR	National University of Physical Education and Sports	Romania
1738	SIGNIFICANCE OF KEEPING IN UCHI KOMI EXECUTION THE PUSH-PULL JUDO PRINCIPLE AS STATED BY JIGORO KANO	Calin PALAGA	Alexandru Ioan Cuza Police Academy, Bucharest	Romania

**Friday, 17 June 2022**

**ICEHHM Section 4 Sport and Performance  
16<sup>30</sup> – 18<sup>00</sup> (Virtual Room C)**

Moderators

- *Gabriela Dințică, Associate Professor PhD (UNEFB Bucharest, Romania)*
- *Dan Muraretu, Lecturer PhD (UNEFB Bucharest, Romania)*

Secretary

- *Alin Săftel, Assistant PhD (UNEFB Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1724	FATIGUE AND STRESS RESPONSES IN ATHLETES PERFORMING A SINGLE BOUT OF FUNCTIONAL-FITNESS TRAINING WORKOUT AND ITS ASSOCIATION WITH WELL-BEING	Arthur ZECCHIN Rodrigo AQUINO Marcel FREZZA PISA Enrico Fuini PUGGINA Omero Benedicto POLI-NETO	University of Sao Paulo Federal University of Espírito Santo	Brazil
1728	FREESTYLE STROKE PARAMETRES ANALYSIS IN COMPETITIVE JUNIOR MALE	Adrian RADULESCU Gheorghe MARINESCU Laurentiu TICALA Dragos LUSCAN	National University of Physical Education and Sports Bucharest	Romania
1681	PSYCHO-PHYSICAL TRAINING OF MINOR ATHLETES	Florentina-Camelia MEDEI	University of Bucharest	Romania
1751	EFFECTS OF ECCENTRIC/CONCENTRIC TRAINING ON MORPHOPHYSIOLOGICAL INDICATORS IN MALE PERFORMANCE VOLLEYBALL	Iancu RĂCHITĂ Nicoleta LEONTE Ofelia POPESCU Diana CHILOM Narcis NEAGU	University Politehnica of Bucharest	Romania
1921	CIRCUIT IMPACT ON FOOTBALL TRAINING PERFORMANCE – MULTIPLE PERSPECTIVES	Dan PAUN Gheorghe GRIGORE Laurian PAUN	Spiru Haret University, National University of Physical Education and Sport	Romania
1809	MODEL OF USING REAL TIME DATA IN PROMOTING FOOTBALL PLAYERS, REGARDING THEIR CONDITIONING ATRIBUTES	Andrei Gabriel ANTONESCU Tudor PALADE	National University of Physical Education and Sport	Romania
1792	ASPECTS REGARDING PROFESSIONAL FOOTBALL CLUBS FROM ROMANIA	Narcis RĂDUCAN	Football Academy	Romania
1799	OPPORTUNITIES AND THREATS THAT HAVE INFLUENCED THE MANAGEMENT OF LEAGUE 1 CLUBS IN THE LAST 4 YEARS	Narcis RĂDUCAN	Football Academy	Romania

**Friday, 17 June 2022**

**ICEHHM Section 1 Varia  
16<sup>30</sup> – 18<sup>00</sup> (Virtual Room D)**

Moderators

- *Liliana Dina, Associate Professor PhD (UNEFIS Bucharest, Romania)*
- *Cristina Varzaru, Lecturer PhD (UNEFIS Bucharest, Romania)*

Secretary

- *Ştefan Toader, Lecturer PhD (UNEFIS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1734	BETTER PREADOLESCENT CARE - THE TEMPERAMENT OF ROMANIAN PRE-TEENS AT RISK OF EARLY SCHOOL LEAVING	Radu PREDOIU Florin PELIN Georgeta MITRACHE Corina CIOLCA Dan BADEA Laurentiu TICALA Marius STOICESCU Alexandra PREDOIU	National University of Physical Education and Sport	Romania
1744	GENDER STUDIES - MALE AND FEMALE IN SPORT	George DINA Liliana DINA	National University of Physical Education and Sport	Romania
1757	STRENGTHENING THE PROFESSIONAL PSYCHOPEDAGOGICAL PROCESS OF PUBLIC LAWS AND SECURITY, WITH THE HELP OF SPECIAL PROFESSIONAL MEANS	Danut STOICA	State University of Physical Education and Sports, Chisinau	Moldova
1774	ATHLETES TAKING SUNBATHING	J. SOPYYEV M. ATAGELDIYEV E. SOPYYEV	Turkmen State Institute Of Physical Education And Sports	Turkmenistan
1720	THE CONTRIBUTION OF PSYCHOMOTOR QUALITIES FOR THE FORMATION OF SPECIFIC PROFESSIONAL SKILLS OF PUBLIC SECURITY AND SECURITY	Danut STOICA	State University of Physical Education and Sports, Chisinau	Moldova
1795	VOLLEYBALL REFEREES PERSONAL TRAITS. A STUDY FOR ROMANIA	Doina CROITORU Adin COJOCARU Doru DRAGOMIR	National University of Physical Education and Sport Spiru Haret University	Romania
1770	VOLUNTEERS ARE THE KEY OF THE SUCCESSFUL SPORTS EVENT	Allaberdi SAPAROV Charyarguly MAMMETGULYEV Shasoltan ORAZOVA	Turkmen State Institute Of Physical Education And Sports	Turkmenistan
1903	PERSONALITY FEATURES-DECISIVE FACTORS IN THE DEVELOPMENT OF THE OUTDOOR EDUCATION ACTIVITIES	Veronica MANDRESCU Rocsana B. MANEA-TONIS	Transilvania University, National University of Physical Education and Sport	Romania
1918	STUDY REGARDING THE DUAL CAREER IN ROMANIAN STUDENT-ATHLETES WITH DISABILITIES	Valeria BALAN Monica STANESCU Aura BOTA	National University of Physical Education and Sport	Romania

**Friday, 17 June 2022**

**ICEHHM Section 3 PhD Students  
16<sup>30</sup> – 18<sup>00</sup> (Virtual Room E)**

Moderators

- *Marius Stoica, Professor PhD (UNEFB Bucharest, Romania)*
- *Marian Teodoru, Professor PhD (UNEFB Bucharest, Romania)*

Secretary

- *Teodora Velea, Assistant PhD (UNEFB Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1755	ASPECTS REGARDING THE DEVELOPMENT OF MOTOR QUALITIES, STRENGTH AND BALANCE, IN FOOTBALL AT U16 LEVEL	Paul SOROCEANU Silvia TEODORESCU	National University of Physical Education and Sports	Romania
1706	THE SOMATOMOTOR PROFILE OF U14 BASKETBALL PLAYERS	Miruna Elena TRIFAN Marius STOICA	National University of Physical Education and Sports Bucharest	Romania
1798	THE IMPACT OF ENDURANCE TRAINING ON SWIMMERS	Norbert TRANDAFIR-ORBAN Silvia TEODORESCU	National University of Physical Education and Sport	Romania
1693	STUDY ON IMPROVING PHYSICAL CONDITION THROUGH XBODY TECHNOLOGY	Ștefan Dinu-CRISTINESCU Virgil TUDOR	National University of Physical Education and Sports, Bucharest, Romania	Romania
1747	THEORETICAL DEEPENING THROUGH THE WAYS TO INCREASE THE EFFICIENCY OF FOOTBALL PLAYING ACTIONS THROUGH INTERNAL FACTORS OF PERFORMANCE CAPACITY (12-14 YEARS)	Sebastian-Iulian VICOL Silvia TEODORESCU	National University of Physical Education and Sports	Romania
1750	OPTIMIZING THE EFFORT CAPACITY IN THE POST-PANDEMIC PERIOD IN PRIMARY AND SECONDARY SCHOOL STUDENTS	Sabina Maria GRECEANU Monica STANESCU	National University of Physical Education and Sports	Romania
1895	STUDY ON THE CORRELATION BETWEEN PHYSIOLOGICAL AND PSYCHOLOGICAL FACTORS IN ELITE FENCING	Amalia Alexandra TATARAN Silvia TEODORESCU Gabriela DINTICA	National University of Physical Education and Sports	Romania
1754	OPTIMAL EXERCISE TO INCREASE THE QUALITY OF LIFE OF THE ELDERLY IN RESIDENTIAL CENTERS	Eusebiu VELEA, Monica STANESCU	National University of Physical Education and Sports Bucharest	Romania

# INTERNATIONAL CONFERENCE OF HEALTHCARE

Dedicated to the 20<sup>th</sup> anniversary of the Faculty of Kinetotherapy - UNEFS

17 – 18 June 2022

Hybrid

## Scientific Committee

**Ioan Turcu**, Associate Prof.PhD, University Transilvania Braşov

**Ionel Melenco**, Associate Prof.PhD, University Ovidius Constanta

**Petru Ghervan**, Associate Prof.PhD, University Stefan cel Mare Suceava

**Gabriel Talaghir**, Prof.PhD, University Dunărea de Jos din Galaţi

**Leonard Fleancu**, Associate Prof.PhD, University of Piteşti

**Liviu Andrei Vasile**, Prof. PhD, University Aurel Vlaicu Arad

**Corina Predescu**, Associate Prof.PhD, National University of Physical Education and Sports from Bucharest

**Liliana Gherghel**, Associate Prof.PhD, National University of Physical Education and Sports from Bucharest

**Mircea Bratu**, Associate Prof.PhD, National University of Physical Education and Sports from Bucharest

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**Mihaela Apostu**, Professor PhD, National University of Physical Education and Sport, Bucharest

**Ruxandra ElBsat**, Associate Professor PhD, National University of Physical Education and Sport, Bucharest

**Oana Stoian**, Lecturer PhD, National University of Physical Education and Sport, Bucharest

**Adina Geambaşu**, Lecturer PhD, National University of Physical Education and Sport, Bucharest

**Oana Baltag**, Assistant PhD, National University of Physical Education and Sport, Bucharest

**Remus Glogojeanu**, Assistant Professor PhD, National University of Physical Education and Sport, Bucharest

**Alexandra Ghezea**, Assistant PhD, National University of Physical Education and Sport, Bucharest

## Friday, 17 June 2022

**12<sup>00</sup> – 13<sup>30</sup> Plenary Session** (Amphitheatre Hall/Virtual Room A)

*Moderators:*

- *Mariana Cordun, Professor PhD (UNEFB Bucharest)*
- *Mihaela Apostu, Professor PhD (UNEFB Bucharest)*

*Keynote speakers:*

**12<sup>00</sup>-12<sup>20</sup>** Elena Căciulan, Ph.D. Physiotherapist (Elena Căciulan Fizioclinique Rehabilitation Center)  
**Role of sensory-motor stimulation on the development of the child with cerebral palsy**

**12<sup>20</sup>-12<sup>40</sup>** Andrei Gheorghiu, President of the Orthopedical Manual Therapy Romania)  
***The applicability of pain phenotyping in manual orthopaedic therapy***

**12<sup>40</sup>-13<sup>00</sup>** Kostas Sakellariou – Physiotherapist, orthopedic manual therapy – Master of Science, senior clinical instructor  
**Bridging the gap of past and future musculoskeletal physiotherapy**

**13<sup>00</sup>-13<sup>20</sup>** Codruța Coponea, specialist in Physical Medicine and Rehabilitation  
***News on post-treatment physiotherapy with thrombocyte-enriched plasma in tendinopathy***

## Oral Presentation Section 1 Healthcare and Physical Therapy 15<sup>00</sup> – 16<sup>30</sup> (Amphitheatre Hall/Virtual Room A)

*Moderators*

- *Ruxandra ElBsat, Associate Professor PhD (UNEFB Bucharest, Romania)*
- *Cozeta Minculescu, Lecturer PhD (UNEFB Bucharest, Romania)*

*Secretary*

- *Oana-Cristiana Stoian, Lecturer PhD (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1847	THE EVOLUTION OF THE BODY MASS INDEX IN THE AGE CATEGORY 19-23 YEARS IN THE CONTEXT OF COVID-19 PANDEMIC	Oana Maria BALTAG, Oana Cristiana STOIAN, Adina GEAMBAȘU	National University of Physical Education and Sport	Romania
1701	THE ACUTE EFFECT OF DYNAMIC TAPING APPLICATION ON PLANTAR PRESSURE DISTRIBUTION IN CHILDREN WITH FLAT FOOT	Eva ILIE, Ligia RUSU, Michi GEAMBESA	University of Craiova	Romania
1702	THE EFFECTS OF A THERAPEUTIC PLAN WHICH COMBINES INSTRUMENT-ASSISTED SOFT TISSUE MOBILIZATION AND DRY NEEDLING THERAPY IN THE REHABILITATION OF ANKLE'S RANGE OF MOTION	Kristo XHARDO, Mariana CORDUN, George Sebastian IACOB, Vlad-Theodor COTROBAȘ-DASCĂLU, Alexandru MĂZĂREANU	National University of Physical Education and Sport, Alexandru Ioan Cuza" University of Iași, Dry Needling Romania	Romania
1708	THE IMPACT OF PHYSICAL EXERCISE ON THE FUNCTIONAL RECOVERY OF	Ramona Delia ARSANI, Marius STOICA,	National University of Physical	Romania



	PATIENTS WITH OPERATED LUMBAR DISC HERNIATION	Adina DREVE	Education and Sports Bucharest	
1714	COMPARASION OF FLAT FOOT EVOLUTION BETWEEN AGE GROUPS	Michi GEAMBESA, Andreea POPESCU, Mihnea MARIN, Ligia RUSU	University of Craiova	Romania
1721	EPIDEMIOLOGY OF SHOULDER INJURIES IN FOUR OVERHEAD SPORTS: BASKETBALL, HANDBALL, TENNIS AND VOLLEYBALL. A NARRATIVE REVIEW	Alexandra GLIGA, Nicolae NEAGU, Pia FAGARAS	University of Medicine and Pharmacy of Targu Mures	Romania
1683	EVALUATION OF PHYSIOTHERAPY EFFECTS USING SPECIFIC TESTS IN DUCHENNE MUSCULAR DYSTROPHY - CASE STUDY	Alexandra-Mihaela IONICĂ, Alexandru BUZESCU	National University of Physical Education and Sport, Bucharest, Romania	Romania
1745	STUDY REGARDING THE INCREASE OF SCAPULO-HUMERAL MOTIONS RANGE AFTER MASTECTOMY	Oana Maria BALTAG, Mihaela APOSTU, Mariana CORDUN	National University of Physical Education and Sports	Romania

**Friday, 17 June 2022**

**Oral Presentation Section 2 Healthcare and Physical Therapy  
16<sup>30</sup> – 18<sup>00</sup> (Amphitheatre Hall/Virtual Room A)**

Moderators

- Corina Predescu, Associate Professor PhD (UNEFIS Bucharest, Romania)
- Mircea Bratu, Associate Professor PhD (UNEFIS Bucharest, Romania)

Secretary

- Alexandra Ghezea, Assistant PhD Student (UNEFIS Bucharest, Romania)

Paper ID	Title	Authors' names	Institution	Country
1686	DISTRIBUTION OF PLANTAR PRESSURES UNDER STATIC CONDITIONS, IN VARIOUS AREAS OF THE PEDIATRIC FLATFOOT	Elena Adelina PANAET, Gloria RAȚĂ, Maria Cristina MAN, Cristina Ioana ALEXE	National University of Physical Education and Sports Vasile Alecsandri University of Bacau 1 Decembrie 1918 University, Alba Iulia	Romania
1730	THE IMPACT OF AN INTERVENTION PROGRAM OF GREEK TRADITIONAL DANCES ON IMPROVING LIMB STIFFNESS AND THE CARDIORESPIRATORY FUNCTION OF A PARKINSON'S DISEASE PATIENT	Filippos FILIPPOU Sotirios GIAZITZOGLU Stella ROKKA Athina PITSI Ilias SMILIOS Erasmia GIANNAKOU Apostolos SPASIS Grigorios MASADIS Dimitrios BALABANO Iliana FOTIADOU Zoe KATSAROU	Democritus University of Thrace, Hippocratic., Hospital of Thessaloniki	Greece

1731	EPIDEMIOLOGY OF INJURY IN ELITE AND SUBELITE MALE ARTISTIC GYMNASTS IN BULGARIA	Mihail KONCHEV, Dilyana ZAYKOVA, Leyla DIMITROVA, Iliya YANEV	National Sports Academy Vassil Levski	Bulgaria
1679	COMPARATIVE ANALYSIS OF MUSCLE BEHAVIOR IN THE PROPHYLAXIS OF LOW BACK PAIN	Catalin POPA, Mihai Robert RUSU, Mihnea Ion MARIN, Ligia RUSU, Mihaela ZAVALEANU	University of Craiova	Romania
1668	REHABILITATION AFTER LOWER LIMBS LYMPHOEDEMA IN GYNECOLOGICAL MALIGNANCIES. THE ROLE OF PHYSIOTHERAPY.	Mihnea Peter BORDEA, Ruxandra EL-BSAT, Corina PREDESCU, Razvan Constantin DANCIU, Cristian Ioan BORDEA	Carol Davila University of Medicine and Pharmacy, National University of Physical Education and Sport, Bucharest	Romania
1697	WOMEN'S HEALTH SEEKING BEHAVIOUR AND KNOWLEDGE OF URINARY INCONTINENCE AND PELVIC ORGAN PROLAPSE	Éva SZATMÁRI, Alexandra MAKAI, Béla József BALLA, Márta HOCK	University of Pécs, Babeş-Bolyai University	Hungary, Romania
1746	UPPER MOTOR NEURON LESION REHABILITATION AT 0-4 YEARS OLD THROUGH ORIGINAL METHODS VERSUS CLASSICAL METHODS	Alexandru-Mădălin DINA, Mariana CORDUN, Dana NICULESCU, Petruța MITRACHE	National University of Physical Education and Sports, University of Medicine Carol Davila, Regina Maria Clinics, Bucharest Paediatric Hospital Grigore Alexandrescu	Romania
1671	EVALUATION AND MONITORING OF THE POSTURAL REHABILITATION PROCESS IN CEREBRAL PALSY BY ANALYZING THE DISTRIBUTION OF PLANTAR PRESSURE	Andreea UNGUREANU, Mihnea MARIN, Ligia RUSU, Michi GEAMBESA	University of Craiova	Romania

**Friday, 17 June 2022**

**Oral Presentation Section 3 Healthcare and Physical Therapy  
18<sup>00</sup> – 19<sup>30</sup> (Amphitheatre Hall/Virtual Room A)**

Moderators

- *Carmen Gherghel, Associate Professor PhD (UNEFB Bucharest, Romania)*
- *Remus Glogojanu, Lecturer, PhD (UNEFB Bucharest, Romania)*

Secretary

- *Oana Maria Baltag, Assistant PhD Student (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1695	EFFECTS OF INTERVAL TRAINING VERSUS MODERATE INTENSITY CONTINUOUS TRAINING ON ABDOMINAL SUBCUTANEOUS ADIPOSE TISSUE	Conghui LI Yiqing LIU Junping,LI	Beijing Sport University	China
1696	THE STRATEGY OF EXERCISE FOR SARCOPENIC OBESITY: A	Yiqing LIU	Beijing Sport University	China



	SYSTEMATIC REVIEW A AND META-ANALYSIS	Conghui LI Chunyan XU		
1665	THE IMPORTANCE OF THE DEVELOPMENT OF THE HAMSTRING MUSCLES IN FOOTBALL JUNIORS	Alexandru CHIVARAN	University of Craiova	Romania
1704	LIFE QUALITY ASSESSMENT OF PATIENTS WITH SURGICALLY CORRECTED VALVULOPATHIES AFTER CARDIAC REHABILITATION	Mariana CORDUN, Radu-Valentin CHITĂ, Mircea BRATU, Cozeta-Anca MINCULESCU	National University of Physical Education and Sports Bucharest	Romania
1785	COMPARATIVE STUDY REGARDING THE INFLUENCE OF HIGH-LEVEL AEROBIC GYMNASTICS ON BODY POSTURE	Alexandra-Stefania GHEZEA, Mariana CORDUN, Cozeta Anca MINCULESCU, Oana - Cristiana STOIAN	National University of Physical Education and Sports	Romania
1672	ROLE OF ELECTROMYOGRAPHY IN THE ASSESSMENT OF LUMBAR PATHOLOGIES	Denisa PIELE, Ligia RUSU, Mirela Lucia CALINA, Mihnea MARIN	University of Craiova	Romania
1662	THE IMPORTANCE OF HAND THERAPY IN THE REHABILITATION OF THE DISTAL RADIUS EPIPHYSIS COMMUNED DISLOCATION FRACTURES	Paul-Claudiu JABA	National University of Physical Education and Sport, Bucharest	Romania
1828	KNOWLEDGE, IDEAS AND LINKS FOR INCLUSION IN THE COMMUNITY OF YOUNG PEOPLE WITH SPECIAL NEEDS	Mihaela APOSTU, Mihaela ZAHIU	National University of Physical Education and Sport	Romania
1925	NEUROLOGICAL EFFECTS ON MUSCULOSKELETAL PATHOLOGIES IN VIRTUAL REALITY	Daniel Mădălin COJA, Luminița GEORGEȘCU, Corneliu Mircea CODREANU	Dunărea de Jos University of Galati, Pitești University	Romania

### Saturday, 18 June 2022

**10<sup>00</sup> – 14<sup>00</sup> (C1 Hall/ Virtual Room A)**

**Workshop: *Kinesitherapist – present and future of the profession***

➤ *Moderator: Carmen Gherghel, Associate Prof.Ph.D.*

**10<sup>00</sup> – 14<sup>00</sup> (C2 Hall/<https://meet.google.com/jqh-ywnp-fjm/>)**

**Workshop: *HopaSus for Sport* (organized within Erasmus Sport Plus project Hopa Sus for Sport)**

➤ *Moderator: Adina Geambașu, Lecturer Ph.D.*

# INTERNATIONAL CONFERENCE OF SPORT PSYCHOLOGY

16 – 18 June 2022

Online

## Scientific Committee

**Maurizio Bertollo**, Professor Ph.D., University G. d'Annunzio of Chieti-Pescara, Italy

**Ștefan Tüdös**, Professor PhD, National University of Physical Education and Sport Bucharest, Romania

**Alessandro Quartiroli**, Professor PhD, University of Wisconsin - La Crosse, USA

**Cristian Vasile**, Professor P.D, Petroleum-Gas University, Ploiesti, Romania, President of International Society for Applied Psychology

**Zermeņa Vazne**, Professor PhD, Latvian Academy of Sport Education, Latvia

**Emilia Grosu**, Professor PhD, Babes-Bolyai University, Cluj-Napoca, Romania

**Monica Băcă**, Professor PhD, University Constantin Brâncuși, Târgu-Jiu, Romania

**Marius Ulăreanu**, Professor PhD, Ecological University of Bucharest, Romania

**Andrade Bichescu**, Professor PhD, Babeș-Bolyai University - Reșița Branch, Romania

**Dana Bădău**, Professor PhD, University of Târgu Mureș, Romania

**Ryszard Makarowski**, Professor PhD, Elblag University of Humanities and Economics, Poland

**Georgeta Pânișoară**, Associate Professor PhD, University of Bucharest, Romania

**Georgiana Mitrache**, Associate Professor PhD, National University of Physical Education and Sport Bucharest, Romania

**Dima Marius**, Associate Professor PhD, Romanian-American University, Bucharest, Romania

**Cornel Laurențiu Mincu**, Associate Professor PhD, University of Bucharest, Romania

**Marilena Cojocaru**, Associate Professor PhD, University Spiru Haret, Bucharest, Romania

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**Radu Predoiu**, Lecturer PhD, National University of Physical Education and Sport Bucharest, Romania

**Alexandra Predoiu**, Lecturer PhD, National University of Physical Education and Sport Bucharest, Romania

**Roxana Bejan-Mureșan**, Lecturer PhD, National University of Physical Education and Sport Bucharest, Romania

**Ana Maria Vasiliu**, Lecturer PhD, National University of Physical Education and Sport Bucharest, Romania

**Ștefania Chiriac**, Assistant PhD, National University of Physical Education and Sport Bucharest, Romania

**Thursday, 16 June 2022**

**Plenary presentation - Sport Psychology**

**17<sup>30</sup> – 18<sup>30</sup> (Virtual Room D)**

Moderator:

➤ *Radu Predoiu, Lecturer Ph.D. (UNEFS Bucharest, Romania)*

Secretary

➤ *Ștefania Chiriac, Assistant Ph.D. (UNEFS Bucharest, Romania)*

*Keynote speakers*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1793	HOW INTEROCEPTIVE AWARENESS CAN REGULATE PERCEIVED STRESS IN A UNIQUE SITUATION? THE CASE OF ITALIAN REBOOTING IN SPORT ACTIVITIES	Selenia di FRONSO, Cristina MONTESANO, Sergio COSTA, Giampaolo SANTI, Claudio ROBAZZA, Maurizio BERTOLLO	University of Chieti-Pescara, Independent Sport Psychology Consultant, Rome, Independent Sport Psychology Consultant, Verona	Italy
1838	CREATIVITY AND SPORTS	Vlad GLĂVEANU	Webster University Geneva	Switzerland

**Oral Presentations - Sport Psychology**

**18<sup>30</sup> – 19<sup>30</sup> (Virtual Room D)**

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1663	THE LEVEL OF SELF-CONFIDENCE AMONG AAINBALL PLAYERS VARSITY OF THE HASHEMITE UNIVERSITY	Abed Albasit Mobarak ALSHORMAN Faleh Sultan ABU EID	Hashemite University	Jordan
1804	SELF-ESTEEM, SELF-CONCEPT AND ACADEMIC PERFORMANCE IN MIDDLE-SCHOOL STUDENTS ACCORDING TO THEIR SPORT CONTEXT	Samuel HONORIO Luís RAMOS Jorge SANTOS João SERRANO João PETRICA Marco BATISTA	Polytechnic Institute of Leiria, Lisboa	Portugal
1736	INSTRUMENTAL AND STIMULATING RISK, AGGRESSION AND SPORTS ABILITY OF GOLF PLAYERS FROM UNITED STATES	Radu PREDOIU Alison HILDEBRAND Ryszard MAKAROWSKI Andrzej PIOTROWSKI Alexandra PREDOIU	National University of Physical Education and Sport, Westfield, Indiana, Elblag University, University of Gdańsk	Romania, United States of America, Poland
1788	IMPACT OF A SPORTS COUNSELING PROGRAM BASED ON ORIENTED SPORTS GAMES IN REDUCING AGGRESSIVE BEHAVIOR AMONG MIDDLE SCHOOL STUDENTS (11-15) YEARS OLD IN ALGERIA.	Benyoucef HAFSAOUI, Noureddine DERIADI Nassir BOUDJELTHIA	Institute of Physical Education and Sports, University of Chlef	Algeria

**Friday, 17 June 2022**

**Oral Presentations - Sport Psychology**  
**15<sup>00</sup> – 16<sup>30</sup> (Virtual Room D)**

Moderator

➤ *Georgiana Mitrache, Associate Prof. PhD (UNEFB Bucharest, Romania)*

Secretary

➤ *Ana-Maria Vasiliu, Lecturer Ph.D (UNEFB Bucharest, Romania)*

<b>Paper ID</b>	<b>Title</b>	<b>Authors' names</b>	<b>Institution</b>	<b>Country</b>
1712	ANALYSIS OF THE ROLE OF LEADER IN TEAM SPORTS	Simone FORNARI Cătălina MANCAȘ Ligia RUSU	University of Craiova	Romania
1749	PERSONALITY, AS AN INDICATOR OF THE OVERALL MENTAL STRUCTURE OF ATHLETES WHO PRACTICE BODYBUILDING	Elena MIHĂIȚĂ, Georgeta MITRACHE, Marius STOICA, Iozsef Laszlo HIDI	National University of Physical Education and Sport	Romania
1892	COGNITIVE FACTORS THAT PREDICT PERFORMANCE IN SPORT CLIMBING AT THE YOUTH LEVEL	Antonia Ioana VASILE (TRIFU) Monica STĂNESCU Florin PELIN	National University of Physical Education and Sport	Romania
1881	FLOW STATE IN HIGH-PERFORMANCE FENCERS	Ana Maria ZDANOVSKI Gabriela DINȚICĂ Radu PREDOIU Alina GHERGIȘAN	National University of Physical Education and Sport, Romanian Olympic and Sports Committee	Romania
1688	PERCEPTION OF PARENTS AND CHILDREN ASSESSMENT OF LEVEL OF INTELLIGENCE	Mariana CĂLINESCU Gloria RAȚĂ	National University of Physical Education and Sport	Romania
1673	CORRELATION BETWEEN MOTOR AND COGNITIVE DEVELOPMENT IN PRESCHOOL CHILDREN THROUGH PHYSICAL EXERCISE	Bogdan Constantin RAȚĂ, Marinela RAȚĂ, Gloria RAȚĂ	Vasile Alecsandri University of Bacău UNEFB	Romania
1733	THE EFFECT OF PRACTICING MARTIAL ARTS ON AUTOMATIC PROCESSING OF AGGRESSION	Radu PREDOIU, Mihai Valentin CIOLACU, Alexandra PREDOIU, Cătălin PAUNESCU, Marta MIKLOSI, Andrei ANASTASESCU	University of Bucharest, National University of Physical Education and Sport, University of Medicine and Pharmacy, University of Debrecen, Anastasescu Tyson style Club	Romania Hungary

## Saturday, 18 June 2022

**10<sup>00</sup> – 11<sup>30</sup> (F 1 Hall)**

**Workshop: *Perceptual-cognitive training in sports using the NeuroTracker system***

- *Moderator: Bogdan Gheorghiu (Cerebro-Consulting)*

**11<sup>45</sup> – 13<sup>15</sup> (F1 Hall)**

**Workshop: *Psychomotor training in performance sports - computerized tests***

- *Moderators: Radu Predoiu, Lecturer PhD (UNEFIS, Bucharest)*  
*Georgeta Mitache, Associate Prof.PhD (UNEFIS, Bucharest)*

**WE LOOK FORWARD**

**TO MEETING YOU AT ICEHHM 2023**

**TO CELEBRATE**

**THE 100<sup>TH</sup> ANNIVERSARY OF UNEFS**