



**NATIONAL UNIVERSITY OF PHYSICAL
EDUCATION AND SPORT OF BUCHAREST**



**INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION
FEDERATION INTERNATIONALE D'EDUCATION PHYSIQUE
EUROPEAN NETWORK OF SPORT EDUCATION
INTERNATIONAL UNIVERSITY SPORTS FEDERATION
LONDON ACADEMY OF SPORTS AND HEALTH SCIENCES
ROMANIAN COUNCIL OF SCIENCE AND SPORT**

**INTERNATIONAL CONGRESS OF EDUCATION, HEALTH
AND HUMAN MOVEMENT / ICEHHM**

Anniversary Edition UNEFS Centenary

**100 YEARS OF EXCELLENCE IN RESEARCH
AND EDUCATION**

Bucharest, 14 - 17 June 2023

CONGRESS PRESIDENT

Professor PhD Florin PELIN

Rector of the National University of Physical Education and Sports

Bucharest

INTERNATIONAL SCIENTIFIC COMMITTEE

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Adrian Nagel, Prof. PhD, West University, Timisoara, Romania

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Tatjana Iancheva, Prof.Ph.D., National Sport Academy Vassil Levski, Sophia, Bulgaria

Uri Schaefer, President, International Council of Sport Science and Physical Education

Vassilis Barkoukis, Associate Prof. Ph.D., University of Thessaloniki, Greece

Veaceslav Manolachi, Prof. PhD Hab., Rector of the State University of Physical Education and Sport, Republic of Moldova

Virgil Tudor, Prof. PhD, National University of Physical Education and Sports, Bucharest, Romania
Vladimir Platonov, Prof. Ph.D.Hab., National University of Physical Education and Sport from Kiev, Ukraine
Xavier Sanchez, Prof.Ph.D., University of Halmstadt, Sweden
Zakirianov Baurjan, Prof. PhD Hab, Kazakh Academy of Sports and Tourism, Kazakhstan

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Marius STOICESCU, Associate Professor PhD, UNEFS Bucharest

Pompiliu-Nicolae CONSTANTIN, Lecturer PhD, UNEFS Bucharest

Ana-Maria MUJEA, Lecturer PhD, UNEFS Bucharest

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Ștefan Dragoș TOADER, Lecturer PhD, UNEFS Bucharest

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Virgil TEODORESCU, PhD. Student, UNEFS Bucharest

Laurențiu TICALĂ, Lecturer PhD, UNEFS Bucharest

Sonia ALBU, Assistant PhD, UNEFS Bucharest

Cristian SUCIU, IT Department, UNEFS Bucharest

Voluntary students

OVERALL PROGRAMME

Wednesday, 14.06.2023

Students Scientific Conference

11⁰⁰ - 12⁰⁰ Plenary session (Amphitheatre Hall)

12³⁰ - 13³⁰ Lunch (Marble Hall)

13³⁰ – 15⁰⁰ Conference Sections

ICEHHM Congress

14⁰⁰ – 18³⁰ Workshops

Thursday, 15.06.2023

9⁰⁰ - 10⁰⁰ Registration (Central Court)

10⁰⁰ – 10¹⁵ ICEHHM Opening Ceremony (Amphitheatre Hall/Virtual Room A)

Day 1 YouTube channel <https://infocongress.unefs.ro/>

10³⁰ – 12³⁰ ICEHHM Plenary session

13⁰⁰ – 14³⁰ Lunch

15⁰⁰ – 18³⁰ International Conference of Healthcare Sections (Amphitheatre Hall)

15⁰⁰ – 18³⁰ ICEHHM Sections

19⁰⁰ Lunch (Marble Hall)

Friday, 16.06.2023

10⁰⁰ – 11¹⁵ Doctor Honoris Causa Ceremony (Marble Hall)

11³⁰ - 13⁰⁰ Centenary Festive Session (Amphitheatre Hall/Virtual Room A)
Day 2 YouTube channel <https://infocongress.unefs.ro/>

13⁰⁰ - 14³⁰ Lunch

16³⁰ CENTENARY EVENT (Palace of Parliament) (by invitation only)

Saturday, 17.06.2023

International Conference of Sport Psychology (Amphitheatre Hall)

9⁰⁰ - 13⁰⁰ Workshops (Amphitheatre Hall)

13⁰⁰ - 14³⁰ Lunch

14³⁰ – 15³⁰ Plenary Session

15³⁰ – 18³⁰ Oral presentations

DETAILED CONGRESS PROGRAM

STUDENTS SCIENTIFIC CONFERENCE

14 June 2023

11⁰⁰ – 12⁰⁰ Plenary presentation (Amphitheatre Hall)

➤ Moderators:

Rocsana Manea Bucea, Associate Professor PhD, UNEFS Bucharest

Marius Ciprian Panait, Lecturer PhD, UNEFS Bucharest

12⁰⁰ – 13³⁰ Lunch

13³⁰ – 15⁰⁰ Conference Sections

F1 Room Section 1 Moderator: Lecturer PhD Roxana Bejan Mureşan	F2 Room Section 2 Moderator: Lecturer PhD Viorel Ceascai	F3 Room Section 3 Moderator: Lecturer PhD Aurel Marin	F4 Room Section 4 Moderator: Lecturer PhD Tudor Palade
Student Scientific Session	Student Scientific Session	Student Scientific Session	Student Scientific Session

Athletics Room Section 5	Handball Room Section 6	Basketball Room Section 7	H Room Section 8
Student Scientific Session Lecturer PhD Corlaci Ionuţ	Student Scientific Session Lecturer PhD Ana Maria Mujea	Student Scientific Session Lecturer PhD Ana Maria Vasilu	Student Scientific Session Lecturer PhD Cozeta Minculescu

G2 Room Section 9 Moderator: Lecturer PhD Valentin Caracaş
Student Scientific Session

- The Students Conference program is available on congress site.

ICEHHM Congress

WORKSHOPS

14⁰⁰ – 15⁰⁰ Museum

Workshop *Dual Career for student-athletes with disabilities*

Moderators: *Aura BOTA, Professor PhD, UNEFS*

Valeria BĂLAN, Associate Professor PhD, UNEFS

15⁰⁰ – 16⁰⁰ Museum

Workshop *The Romanian contribution to a history of sport in Europe - Mihai Epuran and the actograph*

Speakers: *Monica STĂNESCU (Prof.PhD, UNEFS), Anita STEREA (Ph.D., University of Bucharest), Bogdan POPA (PhD, Institute Nicolae Iorga)*

Moderator: *Pompiliu Nicolae CONSTANTIN, Lecturer PhD, UNEFS*

15⁰⁰ – 16⁰⁰ F1 Hall

Workshop *Dual Career – an early approach in elite sport*

Moderators: *Roxana BEJAN, Lecturer PhD, UNEFS*

Florentina TONIȚA, Lecturer PhD, Romanian – American University of Bucharest

17⁰⁰ – 18³⁰ Sports Game Hall

Workshop *The importance of game-based approaches to learning*

Moderators: *Aspasia DANIA, National and Kapodistrian University of Athens, Greece*

Claudio FARIAS, Senior Lecturer PhD, University of Porto, Portugal

Alina MOANȚĂ, Professor PhD, UNEFS Bucharest, Romania

17³⁰ – 18³⁰ Museum

Workshop *Sustainable social and educational integration through sports activities*

Moderators: *Corina CIOLCĂ, Associate Professor PhD, UNEFS Bucharest, Romania*

Dan BADEA, Associate Professor PhD, UNEFS Bucharest, Romania

Thursday, 15 June 2023

9⁰⁰ – 10⁰⁰ Registration (Central Court)

10⁰⁰ – 10¹⁵ ICEHHM Opening Ceremony (Amphitheatre Hall/Virtual Room A)

Day 1 YouTube channel <https://infocongress.unefs.ro/>

Moderator:

- *Ligia Tudor, Lecturer PhD, UNEFS Bucharest (Romania)*

100 years of excellence in research and education – National University of Physical Education and Sports, Bucharest, Romania

Florin PELIN, Professor PhD, Rector of the National University of Physical Education and Sports (Bucharest, Romania)

10¹⁵ – 12³⁰ ICEHHM Plenary session

Current Challenges of Physical Education and Sport

Uri Shaefer, International Council of Sport Science and Physical Education (ICSSPE)

Tandem Teaching in Physical Education and its Application in Active School in Primary Schools in Slovakia

Branislav Antala, Federation International d'Education Physique et Sportive (FIEPS)/ Comenius University Bratislava, Slovakia

Digital innovation in international sport organizations: the example of the International Tennis Federation

Miguel Crespo, International Tennis Federation/University of Elche

The effect of proprioception and scapular motor control in rotator cuff rehabilitation

Filiz Can, Senior Lecturer, Hacettepe University of Ankara, Turkey

13⁰⁰ – 14³⁰ Lunch

Thursday, 15 June 2023

**ICEHHM Section 1 – Physical Education
15⁰⁰ – 16³⁰ (F1 Hall/ Virtual Room B)**

Moderators

- *Aura Bota, Professor PhD, UNEFS Bucharest (Romania)*
- *Liliana Dina, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Daniel Murărețu, Lecturer PhD (UNEFS, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1931	INFLUENCE OF ANGULAR VELOCITY ON HITTING VELOCITY IN A PROFESIONAL WHEELCHAIR TENNIS PLAYER	Alejandro Sánchez PAY	Sport Science Faculty of Murcia University	Spain
1947	INITIATION IN KIN BALL AND PRE AND POST PANDEMIC EFFECTS ON HAND STRENGTH, RESISTANCE AND COORDINATION OF STUDENTS FROM ROMANIA	Daniel ROȘU Sebastian ENACHE	University of Pitești	Romania
1937	SOMATO-POSTURAL ASPECTS ENCOUNTERED IN CANDIDATES FOR ADMISSION TO THE INSTITUTIONS OF THE MINISTRY OF INTERNAL AFFAIRS	Mircea MOCANU	University Dunărea de Jos of Galați	Romania
1955	EXAMINING A STUDENT-CENTERED PROGRAM TAILORED FOR EQUITY, INCLUSION AND SOCIAL DEVELOPMENT IN PHYSICAL EDUCATION	Claudio FARIAS, Eugenio RIBEIRO, Cristiana BESSA, Isabel MESQUITA	Faculdade de Desporto, Universidade do Porto	Portugal
1956	PRESERVICE TEACHERS' ADAPTIVE COMPETENCE IN DIFFERENT CONTENT DOMAINS: A CASE STUDY	Claudio FARIAS, Beatriz VILANA, Peter ISERBYT,	Faculdade de Desporto, Universidade do Porto	Portugal

Thursday, 15 June 2023

**ICEHHM Section 1 - Sport and Performance
15⁰⁰ – 16³⁰ (C1 Hall/ Virtual Room C)**

Moderators

- *Silvia Teodorescu, Professor PhD (UNEFS Bucharest, Romania)*
- *George Dina, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Adina Dreve, Assistant PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1944	SPARING AND SELF-DEFENSE-ASSESSMENT OF COACHES' THEORETICAL KNOWLEDGE	Silvia ILIEVA-SINIGEROVA	National Sports Academy "Vassil Levski"	Bulgaria
1945	PATTERN-ASSESSMENT OF COACHES' THEORETICAL KNOWLEDGE	Silvia ILIEVA-SINIGEROVA	National Sports Academy "Vassil Levski"	Bulgaria
1933	LEARNING THE TECHNICAL ELEMENTS OF PASSING THE BALL AT THE LEVEL OF A 10-12 YEAR OLD SOCCER TEAM	Rafael VISAN, Marius STOICA, Adina Andreea DREVE	National University of Physical Education and Sport	Romania
1939	TACTICAL ORGANIZATION, A DETERMINING CONDITION OF PERFORMANCES IN FOOTBALL, AT THE WORLD CUP IN QATAR	Ciprian PANAIT, Elena Loredana PANAIT, Mohammad Naim SHATH	National University of Physical Education and Sport Saudi Council of Engineers	Romania
1948	COMPARATIVE STUDY REGARDING THE LEVEL OF MOTRIC QUALITIES IN OLYMPIC LOT AND NATIONAL BOBSLEDDERS LOT	Corina ȚIFREA, Raluca COSTACHE	National University of Physical Education and Sport	Romania
1959	IMPACT OF ARM SWINGS ON VOLLEYBALL PLAYER'S MAXIMUM JUMP HEIGHT PERFORMANCE	Mohammed ZERF	Physical Education Institute	Algeria
2094	HISTORY OF CHESS AND WAYS OF DEVELOPMENT	Selbi AMANNAZAROVA, Ogulsuray BAYRAMBAYEVA	Turkmen State Institute of Physical Education and Sports	Turkmenistan

Thursday, 15 June 2023

**ICEHHM Section 1 Sport Management, Sport History, Sports Law and Varia
15⁰⁰ – 16³⁰ (C2 Hall)**

Moderators

- *Marius Stoica, Professor PhD (UNEFS Bucharest, Romania)*
- *Constanța Mihăilă, Lecturer PhD (UNEFS Bucharest, Romania)*

Secretary

- *Ana Maria Vasiliu, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2048	OPINION OF PARENTS AND SPECIALISTS REGARDING THE PRACTICE OF FENCING	Gabriela DINTICA, Ana Maria VASILIU, Mircea BRATU	National University of Physical Education and Sport	Romania
1938	THE NEED FOR PHYSICAL ACTIVITY AND POSTURAL ASSESSMENT IN SCHOOL-AGE CHILDREN	Marcel DRAGOMIR	University Dunărea de Jos, Galați	Romania
1954	FINANCIAL IMPACT OF OBESITY: A SYSTEMATIC LITERATURE REVIEW	Elena Loredana PANAIT, Mariana CORDUN, Silvia TEODORESCU, Carmen Liliana GHERGHEL, Ciprian PANAIT	National University of Physical Education and Sport	Romania
1960	THE PROFILE OF A SUCCESSFUL PROJECT MANAGER IN ATTRACTING EUROPEAN FUNDS IN SPORT	Anca IONESCU, Monica STANESCU, Rocsana BUCEA-MANEA-TONIS	National University of Physical Education and Sport	Romania
2062	CONSIDERATIONS ON THE CUMULATION OF TORT LIABILITY WITH CRIMINAL O SPORT COACHES	Ion IFRIM, Alexandru Virgil VOICU Mihaela SHILBAYA MATEI	Romanian Academy	Romania
2083	STUDY REGARDING THE BARRIERS OF STUDENT-ATHLETES WITH DISABILITIES IN ROMANIA	Valeria BĂLAN, Aura BOTA, Monica STĂNESCU	National University of Physical Education and Sport	Romania

Thursday, 15 June 2023

**ICEHHM Section 2 – Physical Education
17⁰⁰ – 18³⁰ (F1 Hall)**

Moderators

- *Sorin Ciolcă, Associate Professor PhD (UNEFIS Bucharest, Romania)*
- *Ionuț Corlaci, Associate Professor PhD (UNEFIS, Bucharest, Romania)*

Secretary

- *Alina Rusănescu, Assistant PhD (UNEFIS, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1946	SPORTS VIDEO GAMING - AN EDUCATIONAL RESOURCE IN THE PHYSICAL EDUCATION LESSON AND SPORTS IN SCHOOL?	Adina GEAMBASU, Andreea IONEL, Raluca COSTACHE, Dragana DRLJACIC, Milan DJUPOVAC, Aleksandar IVANOVSKI	National University of Physical Education and Sport, SDCS Sabac, Sport College Belgrade	Romania Serbia
1982	STUDY REGARDING THE NEED FOR AN APPLICATION THAT IMPLEMENTS THEORETICAL NOTIONS IN THE PHYSICAL EDUCATION LESSON	Bogdan Sorin OLARU, Teodora Mihaela ICONOMESCU, Gabriel-Laurențiu TALAGHIR	University Dunărea de Jos of Galați	Romania
1983	A NEW MODEL TO TEACH PHYSICAL EDUCATION: THE KNOWLEDGE-BASED APPROACH	Gabriel-Laurențiu TALAGHIR, Teodora Mihaela ICONOMESCU, Bogdan Sorin OLARU	University Dunărea de Jos of Galați	Romania
2033	PECULIARITIES OF THE APPLICATION OF MONTESSORI PEDAGOGY IN SPORTS ACTIVITIES	Ionuț Robert CARP	Școala Montessan o-Montessori- Sănătate, Bucharest	Romania
2039	PRESERVICE PHYSICAL EDUCATION TEACHERS RESISTANCE TO CHANGE. THE IMPORTANCE OF PROFESSIONAL SOCIALIZATION EXPERIENCES	Aspasia DANIA, Vasiliki BALASKA	University of Athens	Greece

Thursday, 15 June 2023

ICEHHM Section 2 - Sport and Performance
17⁰⁰ – 18³⁰ (C1 Hall/ Virtual Room C)

Moderators

- *Mihaela Manos, Professor PhD (UNEFS Bucharest, Romania)*
- *Răzvan Petre, Associate Professor PhD (UNEFS Bucharest, Romania)*

Secretary

- *Cristina Vărzaru, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1967	Y-BALANCE TEST AND STOMATOGNATHIC RECEPTOR STIMULATIONS	Simone FORNARI, Catalina MANCAS, Alessandro BETTIN, Stefano GAETANI, Vittorio MENNELLA, Paolo GIOVANNETTI, Andrea GIGLIOTTI, Ligia RUSU	University of Genoa University of Craiova	Italy Romania
1971	ASSESSING COORDINATION ABILITIES IN ROMANIAN WATER POLO PLAYERS AGED 10-12 USING THE BRUININKS-OSERETSKY TEST BATTERY	Costel MATEI, Virgil TUDOR, Ana Maria MUJEA, Laurentiu Daniel TICALA, Bogdan GOZU	National University of Physical Education and Sport University of Bucharest	Romania
1963	STATISTICAL ANALYSIS OF A CHAMPIONS LEAGUE WINNER TEAM IN THE COMPETITIONAL SEASON 2022-2023	Cristina Georgiana VARZARU, Virgil TUDOR, Ana Maria MUJEA	National University of Physical Education and Sport	Romania
1965	COMPARATIVE STUDY ON ANTHROPOMETRIC AND MOTOR DIFFERENCES IN U15 BASKETBALL PLAYERS	Miruna TRIFAN, Marius STOICA, Adina Andreea DREVE	National University of Physical Education and Sport	Romania
1969	TECHNICAL AND TACTICAL PERFORMANCE OF THE ROMANIAN NATIONAL WOMEN'S FOOTBALL TEAM IN THE QUALIFYING CAMPAIGN FOR FIFA WOMEN'S WORLD CUP 2023	Andreea TRUȘCĂ	National University of Physical Education and Sport University of Bucharest	Romania
1984	THE EFFECTS OF RESIN ON BALL WEIGHT AND BOUNCE IN HANDBALL	Carmen GHEORGHE, Claudiu MEREUTA	University Dunărea de Jos of Galați	Romania
2096	EFFICIENCY OF IMPACTING OF PHYSICAL TRAINING MEANS OF YOUNG JUDOISTS WITH THE APPLICATION CROSSFIT TRAINING.	Jennet GELDIBAYEVA	Turkmen State Institute of Physical Education and Sports	Turkmenistan

Thursday, 15 June 2023

ICEHHM Section 3 - Sport and Performance
17⁰⁰ – 18³⁰ (C2 Hall/ Virtual Room D)

Moderators

- Corina Țifrea, Professor PhD (UNEFB Bucharest, Romania)
- Cezar Hantău, Associate Professor PhD (UNEFB Bucharest, Romania)

Secretary

- Raluca COSTACHE, PhD Researcher, (UNEFB Bucharest, Romania)

Paper ID	Title	Authors' names	Institution	Country
1993	RESEARCH ON THE IMPACT OF ENDURANCE TRAINING ON PERFORMANCE IN SWIMMERS	Norbert TRANDAFIR-ORBAN, Silvia TEODORESCU	National University of Physical Education and Sport	Romania
1952	THE PHYSICAL FITNESS LEVELS OF THE CZECH REPUBLIC AND POLAND U16 NATIONAL ICE HOCKEY TEAMS	Artur TERBALYAN, Robert ROCZNIOK, Petr STASTNY, Daria MANILEWSKA	University of Katowice	Poland
2029	THE EFFECTS OF FIFA 11+ WARM-UP PROGRAM AND A MODIFIED VERSION OF FIFA 11+ ON PHYSICAL PERFORMANCE IN FOOTBALL AT THE U17 LEVEL	Paul SOROCEANU, Silvia TEODORESCU	National University of Physical Education and Sport	Romania
1966	IMPACT OF SPECIFIC PHYSICAL TRAINING ON VOLLEYBALL PERFORMANCE CAPACITY	Valentina-Gabriela GHEORGHE, Marius STOICA	National University of Physical Education and Sport	Romania
1978	STUDY ON THE FACTORS THAT DETERMINE ABANDONMENT IN PERFORMANCE SPORT IN ROMANIA	Valentina BRAT, Silvia TEODORESCU	National University of Physical Education and Sport	Romania
2018	PERSPECTIVES REGARDING STRENGTH AND CONDITIONING TRAINING OF FOOTBALL PLAYERS FROM 3RD DIVISION, ROMANIA	Andrei Gabriel ANTONESCU, Monica STANESCU, Palade TUDOR	National University of Physical Education and Sport	Romania
2095	THE SIGNIFICANCE OF PSYCHOLOGICAL TRAINING IN ACHIEVING SPORTS SUCCESSES OF ATHLETES	Jeren GURBANOVA, Maysa MEREDOVA	Turkmen State Institute of Physical Education and Sports	Turkmenistan

INTERNATIONAL CONFERENCE OF HEALTHCARE

Thursday, 15 June 2023

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Bogdan Almăjan, Associate Professor PhD, West University of Timișoara, Romania

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Filiz Can, Prof. PhD, Hacettepe University, School of Physiotherapy and Rehabilitation, Orthopaedic Rehabilitation Unit, Ankara, Turke,

Marilena Cojocaru, Associate Professor PhD, Spiru Haret University, Bucharest, Romania

Marius Dima, Associate Professor PhD, Romanian-American University, Bucharest, Romania

Carmen Liliana Gherghel, Associate Professor PhD, National University of Physical Education and Sports, Faculty of physical therapy, Bucharest, Romania

Jean-Michel Gracies, Prof. MD, PhD, Paris-East University, Hospital Henri Mondor, Creteil, France

Ruxandra ElBsat, Associate Professor PhD, National University of Physical Education and Sports, Faculty of physical therapy, Bucharest, Romania

Corina Predescu, Associate Professor PhD, National University of Physical Education and Sports, Faculty of physical therapy, Bucharest, Romania

Marilena Rață, Associate Professor PhD, Vasile Alecsandri University of Bacău, Romaia

Ligia Rusu, Prof. PhD, University of Craiova, Romania

Ioan Turcu, Associate Professor PhD, Transylvania University of Brașov

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Lucian Eftimie, Lecturer PhD, National University of Physical Education and Sports, Bucharest, Romania

Oana Baltag, Assistant, PhD student, National University of Physical Education and Sports, Bucharest, Romania

Alexandra Ghezea, Assistant, PhD student, National University of Physical Education and Sports, Bucharest, Romania

Voluntary students

Thursday, 15 June 2023

**Section 1 Healthcare and Physical Therapy
15⁰⁰ – 16³⁰ (Amphitheatre Hall/Virtual Room A)**

Moderators

- *Mihaela Apostu, Prof. PhD (UNEFS, Romania)*
- *Adina Geambașu, Lecturer PhD (UNEFS, Romania)*

Secretary

- *Remus Glogojeanu, Lecturer PhD (UNEFS, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1932	GUIDED SELF-REHABILITATION CONTRACTS IN SPASTIC PARESIS	Jean Michel GRACIES	Henri Mondor University Hospital	France
1935	THE INFLUENCE OF VERTEBRAL COLUMN DEVIATIONS ON FOOT STATICS	Michi GEAMBESA	University of Craiova	Romania
1957	VAGINISMUS AND PERINEAL REHABILITATION	Alexandra TUFĂ, Silvia TEODORESCU	National University of Physical Education and Sport	Romania
1950	URINARY INCONTINENCE AND PELVIC ORGAN PROLAPSE KNOWLEDGE AMONG YOUNG WOMEN LIVING IN HUNGARY	Eva SZATMARI, Alexandra MAKAI, Jozsef BALLA, Marta HOCK	University Babes Bolyai, Cluj-Napoca	Romania
1936	FROM MEDICAL GYMNASTICS TO PHYSICAL THERAPY	Ioan Cosmin BOCA, Marcu VASILE, Emilian TARCĂU	Vasile Goldis Western University of Arad	Romania
1949	STUDY REGARDING THERAPEUTIC MANAGEMENT IN CARPAL TUNNEL SYNDROME	Alexandra-Mihaela IONICA, Mihaela APOSTU	National University of Physical Education and Sport	Romania
1951	DIGITAL TECHNOLOGY IN THE TRAINING OF FUTURE KINESIOTHERAPISTS	Aurora COJOCARU, Olivia Carmen TIMNEA	University of Craiova	Romania
1961	STUDY ON REGAINING GAIT THROUGH HYDROKINETIC THERAPY IN PATIENTS WITH TRANSTIBIAL AND TRANSFEMORAL AMPUTATION	Vlad Theodor COTROBAS DASCALU, Marius STOICA, Adina Andreea DREVE, Kristo XHARDO, Ramona Delia ARSANI (MARINESCU)	National University of Physical Education and Sport	Romania

Thursday, 15 June 2023

**Section 2 Healthcare and Physical Therapy
17⁰⁰ – 18³⁰ (Amphitheatre Hall/Virtual Room A)**

Moderators

- *Corina Predescu, Associate Prof. PhD (UNEFIS, Romania)*
- *Ruxandra El-Bsat, Associate Prof. PhD (UNEFIS, Romania)*

Secretary

- *Cozeta Minculescu, Lecturer PhD (UNEFIS, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1940	BENIGN PAROXYSMAL POSITIONAL VERTIGO REHABILITATION BY VIRTUAL REALITY AND MULTISENSORY STIMULATION	Oana Alis SANDU, Ligia RUSU	University of Craiova	Romania
1941	EFFICIENCY OF WILLIAM'S VERSUS MCKENZIE'S THERAPY FOR PATIENTS DIAGNOSED WITH LOW BACK PAIN	Denisa PIELE	University of Craiova	Romania
1976	ANALYSIS OF OSCILLATIONS OF THE CENTER OF PRESSURE IN POSTURAL CONTROL	Carmen GHERGHEL, Virgil TEODORESCU, Raluca COSTACHE, Daniela Nicoleta STANCA, Ilie ONU, Mariana CORDUN	National University of Physical Education and Sport	Romania
1943	THE STUDY ON THE QUALITY OF LIFE OF WOMEN IN THE POSTPARTUM PERIOD	Virgil ENE - VOICULESCU, Horia CROITORU, Carmen ENE-VOICULESCU	University of Constanța	Romania
1980	ASSESSMENT AND TREATMENT OF ANKLE INSTABILITY USING THE MODERN THERAPY	Kristo XHARDO, Mariana CORDUN, Alexandru MAZAREANU, Vlad Theodor COTROBAS DASCALU, Oana BALTAG	National University of Physical Education and Sport, Buchrest	Romania
1989	ASPECTS REGARDING THE IMPORTANCE OF CARDIAC REHABILITATION IN PATIENTS WITH SURGICALLY CORRECTED VALVULOPATHIES	Radu Valentin CHITA, Mariana CORDUN, Mircea BRATU, Cozeta Anca MINCULESCU, Mario DI CARLO	National University of Physical Education and Sport, Bucharest	Romania
2027	MANAGEMENT OF PATELLOFEMORAL TENDINOPATHY THOROUGH MODERN APPROACHES	Alin Nicolae PARASCHIV, Mariana CORDUN, Kristo XHARDO	National University of Physical Education and Sport	Romania
1934	PREDICTING FACTORS OF PERIPHERAL NEUROPATHY AND PAIN AFTER MULTIDISCIPLINARY TREATMENT OF BREAST CANCER. A PROSPECTIVE OBSERVATIONAL STUDY.	Cristian Ioan BORDEA Ruxandra EL-BSAT Corina PREDESCU Mihaela APOSTU Mihnea Peter BORDEA Alexandru BLIDARU Silviu VOINEA Dan VISINESCU	Carol Davila University of Medicine and Pharmacy, National University of Physical Education and Sport	Romania

Friday, 16 June 2023

10⁰⁰ – 11³⁰ Doctor Honoris Causa Ceremony (Marble Hall)

Moderator:
Ligia Tudor, Lecturer PhD, UNEFS Bucharest (Romania)

11³⁰ - 13³⁰ UNEFS Centenary – Senate festive session (Amphitheatre Hall)

Moderator:
➤ *Virgil Tudor, Professor PhD, President of the UNEFS Senate*

INEF UNEFS – Time spirit and sustainability

Adrian Dragnea, Professor DHC, UNEFS Bucharest

Awards Ceremony – UNEFS 100 years

Florin Pelin, Professor PhD, Rector UNEFS Bucharest

13³⁰ – 15⁰⁰ Lunch

15³⁰ – 16³⁰ CENTENARY Event (Palace of Parliament) (by invitation only)

SPORT PSYCHOLOGY - NATIONAL CONFERENCE WITH INTERNATIONAL PARTICIPATION

Saturday, 17 June 2023

SCIENTIFIC COMMITTEE

Maurizio Bertollo, Professor Ph.D., University G. d'Annunzio of Chieti-Pescara, Italy

Anne-Marie Elbe, Professor Ph.D., University of Leipzig, Germany

Ștefan Tüdös, Professor PhD, National University of Physical Education and Sport Bucharest, Romania

Zermena Vazne, Professor PhD, Latvian Academy of Sport Education, Latvia

Alessandro Quartiroli, Professor PhD, University of Wisconsin - La Crosse, USA; Visiting Reader, University of Portsmouth, UK

Georgeta Pânișoară, Professor PhD, University of Bucharest, Romania

Cristian Vasile, Professor P.D, Petroleum-Gas University, Ploiesti, Romania, President of International Society for Applied Psychology

Emilia Grosu, Professor PhD, Babes-Bolyai University, Cluj-Napoca, Romania

Ryszard Makarowski, Professor PhD, Academy of Applied Medical and Social Sciences, Elblag, Poland

Mariela Pavalache, Professor PhD, Transilvania University of Brasov, Romania

Georgiana Mitrache, Associate Professor PhD, National University of Physical Education and Sport Bucharest, Romania

Cornel Laurențiu Mincu, Associate Professor PhD, University of Bucharest, Romania

ORGANIZING COMMITTEE

Radu Predoiu, Associate Professor PhD, UNEFS, Bucharest

Alexandra Predoiu, Lecturer PhD, UNEFS Bucharest

Roxana Bejan-Mureșan, Lecturer PhD, UNEFS Bucharest

Ana Maria Vasiliu, Lecturer PhD, UNEFS Bucharest

Laurențiu Ticală, Lecturer PhD, UNEFS Bucharest

Ștefania Prioteasa, Assistant PhD, UNEFS Bucharest

Saturday, 17 June 2023

9⁰⁰ – 11⁰⁰ (Amphitheatre Hall - in physical format)

Workshop: *EEG biofeedback and mindfulness techniques for optimizing sports performance*

- *Moderator: Cornel L. Mincu, Associate Prof. PhD (University of Bucharest)*

11⁰⁰ – 13⁰⁰ (Amphitheatre Hall - in physical format)

Workshop: *Implicit assessments in sports performance*

- *Moderators: Radu Predoiu, Associate Prof. PhD (UNEFES, Bucharest, Romania)*
Mihai Ciolacu, Lecturer PhD (University of Bucharest, Romania)
Georgeta Mitrache, Associate Prof. PhD (UNEFES, Bucharest, Romania)

13⁰⁰ – 14³⁰ Lunch (Marble Hall)

Plenary presentation - Sport Psychology
14³⁰ – 15³⁰ Amphitheatre - hybrid format*

Moderators:

- *Doina Croitoru, Prof. PhD (UNEFES, Romania)*
- *Alexandra Predoiu, Lecturer Ph.D. (UNEFES Bucharest, Romania)*

Secretary

- *Ştefania Prioteasa, Assistant Ph.D. (UNEFES Bucharest, Romania)*

Keynote speakers

Paper ID	Title	Authors' names	Institution	Country
2031	THE EFFECTS OF STATIC/DYNAMIC MINDFULNESS-BASED STRATEGIES ON PERCEIVED STRESS, PSYCHOBIOLOGICAL STATES AND MINDFULNESS LEVELS IN ATHLETES AND RECREATIONALLY ACTIVE PEOPLE	Selenia di FRONSO	University "G. d'Annunzio" of Chieti-Pescara	Italy
2038	EMOTIONS IN SPORT – CAN YOU SEE HOW I FEEL?	Julian FRITSCH	Karlsruhe Institute of Technology, Institute of Sports and Sports Science	Germany

* researchers who will participate online will receive *via* email a Zoom meeting link in due time

Special Guest

Paper ID	Title	Authors' names	Institution	Country
2053	FOOTBALL SUPPORTER CULTURE IN SCANDINAVIA	Aage RADMANN	Norwegian School of Sport Sciences	Norway

Oral Presentations - Sport Psychology
15³⁰ – 16³⁰ Amphitheatre - hybrid format*

Moderator

- *Luciela Vasile, Professor PhD (UNEFS Bucharest, Romania)*
- *Gheorghe Grigore, Associate Prof. PhD (UNEFS Bucharest, Romania)*

Secretary

- *Alexandra Predoiu, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2032	MENTAL HEALTH STATE OF ART IN ROMANIAN ATHLETE POPULATION	Alina GHERGHIŞAN	Romanian Olympic and Sports Committee	Romania
2030	DEVELOPING PERCEPTUAL-COGNITIVE ABILITIES AND IDENTIFYING ATHLETES WITH RAPID LEARNING CAPACITY	Eugen Bogdan GHEORGHIU	Cerebro Consulting	Romania
1970	EFFECTIVENESS OF MEASURING THE PSYCHOLOGICAL CHARACTERISTICS OF DEVELOPING EXCELLENCE IN TALENT DEVELOPMENT PATHWAY	Recep GÖRGÜLÜ Hacer CETIN Hilal ORUC	Bursa Uludag University	Turkey
1973	ASSESSING AND DEVELOPING CREATIVITY IN ATHLETES	Vlad GLAVEANU Radu PREDOIU Alessandro QUARTIROLI Alexandra PREDOIU	Dublin City University, UNEFS, University of Wisconsin - La Crosse	Ireland, Romania, United States of America
2036	A REVIEW OF THE COACH-ATHLETE RELATIONSHIP IN THE LAST DECADES	Alexandru BONCU	West University of Timisoara	Romania
2092	PSYCHOLOGICAL TRAINING PROGRAM FOR CHILDREN AND ADOLESCENTS WHO ARE PREPARING FOR PERFORMANCE IN FENCING	Răzvan Gabriel ZAHARIA	Performance and Wellbeing Psychologist and Psychotherapist	Romania

Oral Presentations - Sport Psychology

16³⁰ – 17³⁰ Amphitheatre - hybrid format*

Moderators

- *Ioszeif Hidi, Professor PhD (UNEFS Bucharest, Romania)*
- *Mircea Bratu, Associate Prof. PhD (UNEFS Bucharest, Romania)*

Secretary

- *Laurențiu Ticală, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2034	YOUNG PEOPLE'S ATTITUDES TOWARD TRANSGENDER ATHLETES' PARTICIPATION IN SPORT	Rodica Laura GIURGIU Diana-Elena DANIL	University Ovidius of Constanta	Romania
1975	RISK-TAKING BEHAVIOR AND INJURY SEVERITY IN MARTIAL ARTS ATHLETES	Ionut PATENTEU Ryszard MAKAROWSKI Ionut ISCRU Andrei ANASTASESCU	UMF Bucharest, Academy of Applied Medical and Social Sciences, ENYSSP, Anastasescu Tyson style Club	Romania, Poland
1979	RESILIENCE, AGGRESSION AND RISK-TAKING BEHAVIOR AMONG ROMANIAN RACING DRIVERS - A PRELIMINARY STUDY	Edwin KELETI Radu PREDOIU Ewa SYGIT-KOWALKOWSKA Alexandra PREDOIU Cristian NOTARU	The Romanian Motor Sports Federation (FRAS), UNEFS, Kazimierz Wielki University	Romania, Poland
1972	LIVED EXPERIENCES OF PAIN TOLERANCE IN ULTRA-RUNNING: CONSIDERATIONS FOR COACHES AND PRACTITIONERS	Lloyd EMEKA	St. Mary's University London	UK
2037	PSYCHODYNAMICS OF SPORTS PERFORMANCE: THE INNER GAME OF ATHLETIC EXCELLENCE	George FORȚU	Association for Sport Psychology	Romania
1985	STUDY OF THE PSYCHOMOTOR AND COGNITIVE PROFILE OF THE U14 FOOTBALL PLAYER	Sebastian-Iulian VICOL Silvia TEODORESCU	National University of Physical Education and Sport (UNEFS)	Romania

Oral Presentations - Sport Psychology

17³⁰ – 18³⁰ Amphitheatre - hybrid format*

Moderators:

- *Laurentiu Bocioacă, Associate Professor PhD (UNEFS Bucharest, Romania)*
- *Roxana Bejan-Mureşan, Lecturer PhD (UNEFS Bucharest, Romania)*

Secretary

- *Sonia Albu, Assistant Ph.D. (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
1981	EXERCISE ADDICTION: MENTAL COMMITMENT OR MENTAL DYSFUNCTION?	Bhavya CHHABRA	Eötvös Loránd University	Hungary
1942	WAYS TO DEVELOP PERSONALITY FACTORS DETERMINING THE EFFECTIVENESS OF BODYBUILDING AND FITNESS TRAINING	Elena MIHAIȚĂ Marius STOICA Georgeta MITRACHE Rocsana BUCEA-MANEA-TONIS	National University of Physical Education and Sport (UNEFS)	Romania
1986	COMPETITIVE STRESS AND MECHANISM OF COPING UTILIZED BY ATHLETES	Liliana Georgeta CIUPITU Germina COSMA	University of Craiova	Romania
1990	CONSENSUS STATEMENT ON EATING DISORDERS IN CLIMBING	Rebecca WILLIAMS Madeleine CRANE Mina MARKOVIČ Jamie VARDY Sarah HOWARD Miguel SANTOLAYA Andrei MANDZUK Emma WOOD Maria Stefania IONEL	IAPSYC, Smart Climbing, University of Primorska, Apex Climbing Coaching, National Health Service, Sputnik Climbing Research, University Autónoma, Mzk Performance, Douglas College, Emma Wood Therapy, English Institute of Sport, University of Derby, Babes-Bolyai University	Austria, UK, Slovenia, Spain, Canada, Romania
1974	COPING SKILLS AMONG FOOTBALLERS WHO HAVE BEEN ILL WITH COVID-19, FROM FIVE EUROPEAN COUNTRIES	Radu PREDOIU Andrzej PIOTROWSKI Maurizio BERTOLLO Selenia DI FRONSO Alexandra PREDOIU Ryszard MAKAROWSKI Romualdas MALINAUSKAS Zermena VAZNE	UNEFS, University of Gdańsk, University of Chieti-Pescara, Academy of Applied Medical and Social Sciences, Lithuanian Sports University, Latvian Academy of Sport Education	Romania, Poland, Italy, Lithuania, Latvia

* researchers who will participate online will receive *via* email a Zoom meeting link in due time

**WE LOOK FORWARD TO MEETING YOU
AT ICEHHM 2024 !**