



**NATIONAL UNIVERSITY OF PHYSICAL  
EDUCATION AND SPORT OF BUCHAREST**



**INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION  
FEDERATION INTERNATIONALE D'EDUCATION PHYSIQUE  
EUROPEAN NETWORK OF SPORT EDUCATION  
INTERNATIONAL UNIVERSITY SPORTS FEDERATION  
LONDON ACADEMY OF SPORTS AND HEALTH SCIENCES  
ROMANIAN COUNCIL OF SCIENCE AND SPORT**

**INTERNATIONAL CONGRESS OF EDUCATION, HEALTH  
AND HUMAN MOVEMENT / ICEHHM  
16<sup>th</sup> Edition**

*Active Societies 2026: The Role of Sport Science in Global Health*

**Bucharest, 11 - 13 June 2026**

## CONGRESS PRESIDENT

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**Rector of the National University of Physical Education and Sports**

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**Raluca COSTACHE**, PhD Researcher, UNEFS Bucharest

**Voluntary students**

# OVERALL PROGRAMME

Thursday, 11.06.2026

## Scientific and dissemination workshops

11<sup>00</sup> - 13<sup>00</sup> Workshops

12<sup>00</sup>-14<sup>00</sup> ICEHHM Online session

13<sup>30</sup> Lunch

15<sup>00</sup> – 18<sup>00</sup> Workshops

Friday, 12.06.2026

9<sup>00</sup> – 10<sup>00</sup> Registration (Congress Desk)

10<sup>00</sup> – 10<sup>30</sup> ICEHHM Opening Ceremony (Amphitheatre Hall) (for all conferences)

10<sup>30</sup> – 11<sup>45</sup> ICEHHM Plenary session

12<sup>00</sup> – 13<sup>30</sup> ICEHHM Sections (including Students sessions)

13<sup>45</sup> – 15<sup>00</sup> Lunch

15<sup>00</sup> – 16<sup>30</sup> International Conference of Healthcare (Amphitheatre Hall & C2 Hall)

### ICEHHM Sections

17<sup>30</sup> – 18<sup>30</sup> International Conference of Healthcare (Workshops)

18<sup>30</sup> – Official Dinner

Saturday, 13.06.2026

9<sup>00</sup> – 10<sup>00</sup> Registration (Conference Desk)

10<sup>00</sup>- 13<sup>00</sup> International Conference of Sport Psychology (Plenary session and Workshops)

### International Conference of Healthcare (Workshops)

13<sup>15</sup> – 14<sup>30</sup> Lunch

14<sup>45</sup> – 18<sup>00</sup> International Conference of Sport Psychology (Sections)

# DETAILED CONGRESS PROGRAM

ICEHHM

WORKSHOPS

Thursday, 11 June 2026

11<sup>00</sup> – 18<sup>00</sup> (Doctoral Hall)

***Erasmus Mundus Master Program: International Cooperation in the Sport Funds Management***

*Moderators: Doina Croitoru, Prof.PhD (UNEFS Bucharest)  
Monica Stănescu, Prof.PhD (UNEFS Bucharest)*

15<sup>00</sup> – 18<sup>00</sup> (Gymnastics Room)

***Bridge4Fitness – experiences, evidence-based practices, and guidelines for adapted fitness programs (Erasmus Plus Sport Project - 101181099)***

*Guests: representatives and beneficiaries of NGO acting in adapted and inclusive sport*

*Moderators: Gabriel Popescu, Prof.PhD (UNEFS Bucharest)  
Mihaela Zahiu, Lecturer PhD (UNEFS Bucharest)*

Thursday, 11 June 2026

ICEHHM Online session

12<sup>00</sup> – 14<sup>00</sup> (ONLINE)

12<sup>00</sup>-13<sup>30</sup> – Online Session via Google Meet (<https://meet.google.com/fdy-ibhe-vmn>)

***Moderators:***

- *Ionuț Corlaci, Associate Professor PhD (UNEFS Bucharest, Romania)*
- *Pompiliu Nicolae Constantin, Lecturer PhD (UNEFS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2466	DESIGNING VIDEO-BASED FEEDBACK AS A LEARNING AND EPISTEMIC PROCESS: AN ACE FRAMEWORK APPROACH IN YOUTH SOCCER	SIMONE FORNARI, CATALINA MANCAS, LIGIA RUSU	ACADEMY AL QADSIH SC. UNIVERSITY OF CRAIOVA	SAUDI ARABIA, ROMANIA
2468	THE IMPACT OF INTERPERSONAL RELATIONSHIPS IN SPORTS CLUBS ON THE PSYCHOSOCIAL DEVELOPMENT AND PERFORMANCE OF YOUNG ATHLETES	VICTORIA LESCO, VIOREL DORGAN, GHEORGHE BRANISTE	MOLDOVA STATE UNIVERSITY	MOLDOVA
2476	ANALYSIS OF THE OPINIONS OF SPECIALISTS ON THE ISSUE OF THE INFLUENCE OF BREATHING SIMULATORS ON THE SPECIAL AND FUNCTIONAL PHYSICAL TRAINING OF YOUNG SWIMMERS	IGOR PAPANAGA	MOLDOVA STATE UNIVERSITY	MOLDOVA
2482	OPTIMIZATION OF THE PREPARATORY PERIOD IN THE TRAINING PROCESS OF JUNIOR WATER POLO PLAYERS WITHIN AN ANNUAL TRAINING CYCLE THROUGH THE DIVERSIFICATION OF SPECIAL PHYSICAL PREPARATION EXERCISES	ANDREI CAVCALIUC	MOLDOVA STATE UNIVERSITY	MOLDOVA

2497	FACTOR ANALYSIS OF JUNIOR FUTSAL PLAYERS TECHNICAL CONDITIONS ON PRELIMINARY BASIC STAGE	IRYNA IVANYSHYN, IHOR VYPASNIAK, YURII IVANYSHYN, ANNA PATRIICHUK	VASYL STEFANYK CARPATHIAN NATIONAL UNIVERSITY	UKRAINE
2501	DETERMINING THE DIFFERENTIAL EFFECT OF ARTIFICIAL AND NATURAL MOUNTAIN AIR ON ATHLETES	MEREDOVA TAVUS, ORAZMUHAMMEDOV AGADIDAR	TURKMEN STATE INSTITUTE OF PHYSICAL EDUCATION AND SPORTS	TURKMENISTAN
2467	INTEGRATION OF INFORMATION AND COMMUNICATION TECHNOLOGIES IN PHYSICAL EDUCATION LESSONS: PEDAGOGICAL FUNCTIONS AND METHODOLOGICAL BENCHMARKS	NICOLAE BRAGARENCO, ALINA JUNEA	MOLDOVA STATE UNIVERSITY	MOLDOVA
2491	TRENDS IN THE DEVELOPMENT OF MOTOR SKILLS IN MIDDLE SCHOOL STUDENTS THROUGH MEANS OF TOURISM	NATALIA NICOLAICIUC	MOLDOVA STATE UNIVERSITY	MOLDOVA
2498	THE IMPACT OF WEARABLE TECHNOLOGY ON STUDENT MOTIVATION AND PARTICIPATION IN PHYSICAL EDUCATION CLASSES	HYDYR NUNNAYEV, SERDAR GURDOV	TURKMEN STATE INSTITUTE OF PHYSICAL EDUCATION AND SPORTS	TURKMENISTAN
2698	INTERDISCIPLINARY ASSESSMENT IN PRIMARY PHYSICAL EDUCATION: CORRELATIONS BETWEEN KEY COMPETENCES AND COGNITIVE-MOTOR PERFORMANCE	RALUCA ANDREEA MACOVEI	MOLDOVA STATE UNIVERSITY	MOLDOVA
2477	SPORT INTEGRITY IN INITIAL COACH EDUCATION: A CURRICULAR STUDY	NICOLAE BRAGARENCO, ANASTASIA OCERETNII, ELENA MOCROUSOV	MOLDOVA STATE UNIVERSITY	MOLDOVA
2502	THE AKHAL-TEKE HORSE: INTEGRATING ANCIENT HERITAGE INTO MODERN EQUESTRIAN SPORTS AND NATIONAL PEDAGOGY IN TURKMENISTAN	GULNAZ GURBANOWA	TURKMEN STATE INSTITUTE OF PHYSICAL EDUCATION AND SPORTS	TURKMENISTAN
2499	AVICENNA - A SYMBOL OF FRIENDSHIP AND GOOD NEIGHBORLINESS: HISTORICAL LEGACY AND MODERN APPROACHES TO PHYSICAL EDUCATION AND PUBLIC HEALTH IN CENTRAL ASIA	JUMADURDY SOPYYEV	TURKMEN STATE INSTITUTE OF PHYSICAL EDUCATION AND SPORTS	TURKMENISTAN

**Friday, 12 June 2026**

**9<sup>00</sup> – 10<sup>00</sup> Registration (Congress Desk)**

**10<sup>00</sup> – 10<sup>30</sup> ICEHHM Opening Ceremony (Amphitheatre Hall)**

***Welcome Speech***

*Marius STOICA, Professor PhD, Rector UNEFS, Bucharest, Romania*

*Adrian CURAJ, PhD, Director Executive Agency for Higher Education, Research, Development and Innovation Funding (UEFISCDI), Bucharest, Romania*

*Beatrice ABĂLAȘEI, Professor PhD, President Deans' Forum of the Faculties of Physical Education and Sports, Romania*

*Radu BIDIUGAN, PhD, Director National Institute for Sport Research (INCS), Bucharest, Romania*

*Moderator: Ligia TUDOR, Lecturer PhD,  
UNEFIS Bucharest, Romania*

**10<sup>30</sup> – 11<sup>45</sup> ICEHHM Plenary session**

***ENHANCING QUALITY PHYSICAL EDUCATION THROUGH MEANINGFUL AND ENGAGING PE PRACTICES***

*Biljana POPESKA, Professor PhD*

*Goce Delcev University – Stip, North Macedonia*

*Senior Future Leader at The Foundation for Global Community Health (GCH)*

***TOWARD A COMPREHENSIVE NATIONAL SYSTEM FOR PHYSICAL ACTIVITY, PHYSICAL FITNESS, TALENT IDENTIFICATION, AND ATHLETE DEVELOPMENT IN ALBANIA***

*Arben KAÇURRI, Professor PhD*

*Sports University of Tirana, Albania*

Friday, 12 June 2026

**ICEHHM Section 1 – Physical Education**  
12<sup>00</sup> – 13<sup>30</sup> (F1 Hall)

**Moderators**

- *Aura Bota, Prof.PhD (UNEFIS, Bucharest, Romania)*
- *Liliana Dina, Associate Professor PhD (UNEFIS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2505	SPEED DEVELOPMENT IN SCHOOL PHYSICAL EDUCATION: A NARRATIVE CASE-BASED REVIEW OF TRAINING STRATEGIES AND NEUROMUSCULAR ADAPTATIONS IN PREADOLESCENT STUDENTS	ALINA ABABEI, ANDREI GABRIEL ANTONESCU	GEORGE BACOVIA UNIVERSITY OF BACĂU, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS BUCHAREST	ROMANIA
2490	THE USE OF THE 50 M SPRINT TEST IN AN INTERDISCIPLINARY APPROACH TO PHYSICAL EDUCATION IN MIDDLE SCHOOL	TEODORA BOBES, ANTOANELA OLTEAN	OVIDIUS UNIVERSITY OF CONSTANTA	ROMANIA
2522	DYNAMICS OF THE LEVEL OF TECHNICAL TRAINING OF 4TH GRADE STUDENTS FOLLOWING THE USE OF ELEMENTS FROM THE OINA GAME IN PHYSICAL EDUCATION LESSONS	VASILE ONICA	MOLDOVA STATE UNIVERSITY	MOLDOVA
2523	LEARNING STREET DANCE IN PRESCHOOL CHILDREN: A PRELIMINARY STUDY	MIHAELA ZAHIU, ALEXANDRA PREDOIU, ALEXANDRA GHEZEA, VALERIA BALAN, GERMINA COSMA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF CRAIOVA	ROMANIA
2691	THEORETICAL PERSPECTIVES ON THE BENEFITS OF MOTOR ART THERAPY AMONG CHILDREN WITH AUTISM	GABRIELA TOMESCU, MONICA STANESCU, CORINA STANCU	OVIDIUS UNIVERSITY OF CONSTANTA, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2658	THE ROLE OF MOTOR ACTIVITIES CARRIED OUT IN SUMMER CAMP AT SEA IN INTEGRATING PUPILS FROM DISADVANTAGED SOCIAL BACKGROUNDS	VALERIA BALAN, ANA MARIA MUJEA, MIRELA SHAAO	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF CRAIOVA	ROMANIA
2644	COMPARATIVE ANALYSIS OF THE VULNERABILITIES OF LOWER SECONDARY SCHOOL STUDENTS IN ROMANIA	DAN BADEA, TUDOR PALADE, GHEORGHE GRIGORE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

Friday, 12 June 2026

**ICEHHM Section 1 – Sport and Performance**  
12<sup>00</sup> – 13<sup>30</sup> (F2 Room)

**Moderators**

- *Alina Moanță, Professor Ph.D. (UNEFIS Bucharest, Romania)*
- *Dan Badea, Professor PhD (UNEFIS Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2478	THE USE OF GPS TECHNOLOGIES IN THE TECHNICAL TRAINING OF JUNIORS IN THE SPORTS ORIENTEERING TEST IN THE OPINION OF SPECIALISTS IN THE FIELD	ANDREI GOLOVEI	MOLDOVA STATE UNIVERSITY	MOLDOVA
2521	THE USE OF FAST THROW-OFF IN ELITE HANDBALL: A PERFORMANCE ANALYSIS OF THE 2026 EUROPEAN CHAMPIONSHIP	CRISTINA GEORGIANA VARZARU, ANA MARIA MUJEA, VIRGIL TUDOR	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

2480	SHORT-TERM HIIT EFFECTS IN YOUTH DANCESPORT ATHLETES: RPE AND HEART RATE	ALIN CRISTIAN ROȘA, MONICA GULAP, SONIA GABRIELA NEAGU	UNIVERSITY "1 DECEMBRIE 1918" OF ALBA IULIA, UNIVERSITY OF BUCHAREST, UNIVERSITY "LUCIAN BLAGA" OF SIBIU	ROMANIA
2463	PERIODIZATION OF SPORTS TRAINING FOR THE CROSSFIT TEAM OF THE NAVAL FORCES GENERAL STAFF	HORIA CROITORU, VIRGIL ENE- VOICULESCU, CARMEN ENE-VOICULESCU, CONSTANTIN CRISTINEL OLARU, ALEXANDRU ABRAMIUC	MIRCEA CEL BATRAN NAVAL ACADEMY, CONSTANTA, OVIDIUS UNIVERSITY OF CONSTANȚA	ROMANIA
2494	THE RELATIONSHIP BETWEEN TEAM COHESION AND COMPETITIVE ANXIETY IN HIGH-PERFORMANCE MALE VOLLEYBALL PLAYERS	BOGDAN - DORIN PREDA, ELIANA LICA, DUMITRU BARBU, LAURENTIU LICA	UNIVERSITY OF CRAIOVA	ROMANIA
2665	A COMPARATIVE ANALYSIS OF THE TECHNIQUE OF SIMPLE ATTACK AND DEFENSE ACTIONS IN SPORT FENCING AND ARTISTIC FENCING	DINTICA GABRIELA, DOMINTE ANDREI, DIANA LIGIA TUDOR	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF ARTS TARGU MURES	ROMANIA

**Friday, 12 June 2026**

**ICEHHM Section 1– Sport Management and Varia  
12<sup>00</sup> – 13<sup>30</sup> (F3 Room)**

**Moderators**

- *Grigore Gheorghe, Professor PhD (UNEFIS Bucharest, Romania)*
- *Rocsana Manea Tonis, Associate Professor PhD (UNEFIS, Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2462	ESPORTS LAW: CONCEPTUAL LIMITS AND LEGITIMACY OF A NEW FRAMEWORK IN THE GLOBAL DIGITAL LEGAL ORDER	FLORENTINA-CAMELIA MEDEI	WEST UNIVERSITY OF TIMIȘOARA	ROMANIA
2541	INTEGRATED MANAGEMENT STRATEGIES FOR ENHANCING HUMAN RESOURCES AND PERFORMANCE CULTURE IN COMPETITIVE SPORTS ORGANIZATIONS	FLORENTIN VASILESCU, IONUȚ EDUARD SERSEA, LUCIAN PĂUN	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2542	FROM VISION TO VIABILITY: STRATEGIC LEADERSHIP AND FINANCIAL SUSTAINABILITY IN SCHOOL SPORTS ORGANIZATIONS	FLORENTIN VASILESCU, IONUȚ EDUARD SERSEA, LUCIAN PĂUN	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2486	INTERNATIONALIZATION OF HIGHER EDUCATION IN PHYSICAL EDUCATION AND SPORT THROUGH THE ATTRACTION AND INTEGRATION OF INTERNATIONAL STUDENTS	GHEORGHE VOLCU, MONICA STĂNESCU, IRINA VOLCU, LUCIELA VASILE, DOINA CROITORU, ALEXANDRA PREDOIU	MOLDOVA STATE UNIVERSITY NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	MOLDOVA, ROMANIA
2475	THE ROLE OF SPORTS TOURISM IN THE SUSTAINABLE DEVELOPMENT OF TOURIST DESTINATIONS IN THE REPUBLIC OF MOLDOVA	MIHAIL ONOI, ECATERINA LUNGU	„DUNĂREA DE JOS” UNIVERSITY, „ION CREANGA” STATE PEDAGOGICAL UNIVERSITY OF CHISINAU	ROMANIA, MOLDOVA

**Friday, 12 June 2026**

**ICEHHM Section 1 - PhD Students (Oral presentations)**

**12<sup>00</sup> – 13<sup>30</sup> (F4 Room)**

**Moderators:**

- *Luciela Vasile, Professor PhD (UNEFIS, Bucharest, Romania)*
- *Carmen Gherghel, Professor PhD (UNEFIS, Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2465	FROM FUNDAMENTAL MOTOR SKILLS TO ATHLETICISM: A CONCEPTUAL FRAMEWORK FOR YOUTH DEVELOPMENT AGED 6-12 YEARS BASED ON THE B.E. A.C.T.I.V.E. MODEL	FLAVIA GIORGIANA POP (BARBU FLORESCU), ALIN LARION, ANTOANELA OLTEAN	UNIVERSITY OVIDIUS OF CONSTANȚA	ROMANIA
2470	FROM BALANCE TO EXPRESSIVENESS: SELF-IMAGE AND BODY AWARENESS THROUGH CHOREOGRAPHIC LANGUAGE IN SCHOOLS	ALINA - ELENA (HURGHİȘ) CIORCILĂ, BOGDAN-CONSTANTIN RAȚĂ	NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY POLITEHNICA BUCHAREST, "VASILE ALECSANDRI" UNIVERSITY OF BACĂU	ROMANIA
2471	PHYSICAL ACTIVITY AND BULLYING IN THE SCHOOL ENVIRONMENT: A SYSTEMATIC REVIEW	ANA (VARMEZ) COJOCARI, BOGDAN-CONSTANTIN RAȚĂ	NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY POLITEHNICA BUCHAREST, "VASILE ALECSANDRI" UNIVERSITY OF BACĂU	ROMANIA
2503	THE EFFECTIVENESS OF STREETBALL IN PHYSICAL EDUCATION AND SPORTS LESSONS IN SECONDARY EDUCATION	ALEXANDRA DUMITRACHE, MONICA STĂNESCU, GEORGIANA MITRACHE, VIRGIL TUDOR, ALINA STOICA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2511	EFFECTS OF A MOTOR INTERVENTION PROGRAM ON THE FUNCTIONAL CAPACITY OF INSTITUTIONALIZED OLDER ADULTS	EUSEBIU VELEA, MONICA STĂNESCU, VIRGIL TUDOR, AURA BOTA, EMILIA GROSU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2676	PHYSICAL ACTIVITY PATTERNS AND INFLUENCING FACTORS AMONG UNIVERSITY STUDENTS	VLAD COSMESCU, RAREȘ STĂNESCU, DOINA CROITORU, CAMELIA BRĂNEȚ, ALEXANDRU DANCU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY POLITEHNICA BUCHAREST	ROMANIA

**13<sup>45</sup> – 15<sup>00</sup> Lunch**

**Friday, 12 June 2026**

**ICEHHM Section 2 – Sport Performance and Varia**

**15<sup>00</sup> – 16<sup>30</sup> (F1 Hall)**

**Moderators**

- *Sorin Ciolcă, Associate Professor PhD (UNEFIS Bucharest, Romania)*
- *Răzvan Petre, Associate Professor PhD (UNEFIS, Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2643	PANETH FARKAS, JEWISH IDENTITY, SPORT, AND SURVIVAL DURING THE HOLOCAUST	POMPILIU NICOLAE CONSTANTIN	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2493	THE EFFECTS OF ANATOMICAL POSTURE ON MAXIMAL HANDGRIP STRENGTH IN YOUNG ADULTS	PETRUȚ FLORIN TROFIN, MARIA- ANDREEA COTEAȚĂ	ALEXANDRU IOAN CUZA UNIVERSITY	ROMANIA
2572	AI FOR PRE-SERVICE AND IN-SERVICE PHYSICAL EDUCATION AND SPORT TEACHERS	ALINA GABRIELA RUSANESCU, MARIUS STOICESCU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2496	JOB SATISFACTION OF SPORT SECONDRY SCHOOL TEACHERS IN RELATION TO THEIR SELF ESTEEM	NAHAL HAMID	UNIVERSITY OF TISSEMSILT	ALGERIA
2509	ANALYSIS OF THE "DUO" COMPETITIVE SYSTEM IN JU JITSU	DORU D. GALAN, DORU P. GALAN, ALEXANDRA TINTA	ALEXANDRU IOAN CUZA POLICE ACADEMY, VALAHIA UNIVERSITY, MOLDOVA STATE UNIVERSITY	ROMANIA, MOLDOVA
2474	THE IMPACT OF SMALL SIDED GAMES (SSG) ON EFFORT CAPACITY AND TECHNICAL ACCURACY AT THE HANDBALL PLAYERS	CEZAR HANTAU, VLADI IONESCU, PAPADOPOULOU ZACHARO	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, ARISTOTELIS UNIVERSITY	ROMANIA, GREECE
2629	ACTUAL PLAYING TIME IN THE ROMANIAN FOOTBALL SUPERLIGA: A QUANTITATIVE ANALYSIS OF THE 2024-2025 REGULAR SEASON IN AN INTERNATIONAL CONTEXT	TUDOR PALADE, SORIN CIOLCA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

## Friday, 12 June 2026

### ICEHHM Section 2 – PhD Students (Oral presentations)

15<sup>00</sup> – 16<sup>30</sup> (F2 Room)

#### Moderators

- *Silvia Teodorescu, Professor PhD (UNEFȘ Bucharest, Romania)*
- *Adina Dreve, Lecturer PhD (UNEFȘ Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2500	LED VISUAL PACING TECHNOLOGY IN YOUTH COMPETITIVE SWIMMING: EFFECTS ON RACE STRATEGY AND STROKE EFFICIENCY IN THE 200 M FREESTYLE	ANDREEA NATALIA (GHEORGHE) JURESCHI, LUCIELA VASILE, MARIUS STOICA, MONICA STĂNESCU, DANIELA ADUCOVȘCHI	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF BUCHAREST	ROMANIA
2504	PREVALENCE OF FUNCTIONAL LIMB ASYMMETRIES: A COMPARATIVE STUDY OF ATHLETES ACROSS DIFFERENT SPORTING DISCIPLINES	DANA ION-MUSAT, PAUL HAJ, GEORGE DINA, MONICA STANESCU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT BUCHAREST, TECHNICAL UNIVRSITY OF CLUJ-NAPOCA	ROMANIA
2517	EMOTIONAL INTELLIGENCE AND SELF-ESTEEM IN U10-U12 FOOTBALL PLAYERS: A MONTESSORI-INFORMED APPROACH BEYOND MOTOR SKILL DEVELOPMENT	IONUT ROBERT CARP, MONICA STANESCU, ALINA DANIELA MOANTA, MERIMA PETROVICI, TUDOR PALADE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, ECOLOGICAL UNIVERSITY OF BUCHAREST	ROMANIA
2518	THE INFLUENCE OF ATHLETIC TRAINING ON PHYSICAL PERFORMANCE AND INJURY PREVENTION IN RUGBY SEVENS	ELENA TUDOSIU, MARIUS STOICA, ADINA DREVE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

2472	WEARABLE TECHNOLOGIES AND ARTIFICIAL INTELLIGENCE IN LACTATE MONITORING FOR PERFORMANCE OPTIMIZATION IN AEROBIC GYMNASTICS	ANDREEA SPÎNU, CARMEN ENE-VOICULESCU, MARIANA MEZEI	OVIDIUS UNIVERSITY OF CONSTANȚA, NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY POLITEHNICA BUCHAREST	ROMANIA
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**Friday, 12 June 2026**

**ICEHHM Section 3 - PhD Students (Oral presentations)**

**15<sup>00</sup> – 16<sup>30</sup> (F3 Room)**

- *Virgil Tudor, Professor PhD (UNEFIS, Bucharest, Romania)*
- *Ruxandra El-Bsat, Associate Professor PhD (UNEFIS, Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2473	EXTERNAL LOAD PROFILING DURING 4V4 SMALL-SIDED GAMES IN JUNIOR I FEMALE HANDBALL PLAYERS	ROXANA NICOLETA POPA, ALEX SECIU, CLAUDIU-CONSTANTIN ARDELEANU, VIRGIL ENE-VOICULESCU	UNIVERSITY OF CRAIOVA, MIRCEA CEL BĂTRÂN NAVAL ACADEMY	ROMANIA
2487	TECHCIRCUIT: VALIDATION OF A SPORT-SPECIFIC PROTOCOL FOR ASSESSING TECHNICAL-TACTICAL PERFORMANCE IN J2 MALE HANDBALL PLAYERS	ALEX SECIU, ROXANA NICOLETA POPA, CLAUDIU-CONSTANTIN ARDELEANU, VIRGIL ENE-VOICULESCU	UNIVERSITY OF CRAIOVA, MIRCEA CEL BĂTRÂN NAVAL ACADEMY	ROMANIA
2516	OPTIMIZING COGNITIVE CONTROL AND DECISION-MAKING IN 3X3 BASKETBALL THROUGH DUAL-TASK TRAINING AND PERCEPTUAL-COGNITIVE TECHNOLOGIES	EMILIAN-ALEXANDRU OLTEANU	OVIDIUS UNIVERSITY OF CONSTANȚA	ROMANIA
2520	ANALYSIS OF THE RELATIONSHIP BETWEEN PHYSICAL PERFORMANCE AND MATCH OUTCOMES IN ROMANIAN THIRD LEAGUE FOOTBALL	ANDREI GABRIEL ANTONESCU, MONICA STANESCU, SILVIA TEODORESCU, GHEORGHE GRIGORE, IONEL MELENCO	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, OVIDIUS UNIVERSITY OF CONSTANȚA	ROMANIA
2525	THE ROLE OF WATER POLO PARTICIPATION IN MAINTAINING PSYCHOLOGICAL HEALTH IN FORMER WATER POLO ATHLETES	LIXANDRU ANDREI-FLORIN, LUCIELA VASILE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

**Friday, 12 June 2026**

**Section 4 - PhD Students (Oral presentations and poster)**

**15<sup>00</sup> – 16<sup>30</sup> (F4 Room)**

- *Florin Pelin, Professor PhD (UNEFIS, Bucharest, Romania)*
- *Valeria Bălan, Associate Professor PhD (UNEFIS, Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2526	THE EVOLUTION OF TRAINING PERIODIZATION: FROM LINEAR DETERMINISM TO ADAPTIVE PARADIGMS IN SPORTS SCIENCE	LUCIAN PĂUN, IONUȚ EDUARD SERSEA, VIRGIL TUDOR	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2528	SCENARIO-BASED POLICE HANDCUFFING TRAINING THROUGH OPERATIONAL JUDO	EMANUEL LEONTIN GHIZDAVET, VIRGIL TUDOR	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2530	SEMIOMOTRICITY IN RELATION TO BASKETBALL GAME TACTICS	RAZVAN ALEXANDRESCU, SILVIA TEODORESCU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

2532	ADAPTIVE DIGITAL RESISTANCE AND THE EVOLUTION OF STRENGTH AND CONDITIONING METHODOLOGIES	CRISTIAN BALTARETU, VIRGIL TUDOR	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2538	INTEGRATED DIGITAL PLATFORMS FOR MONITORING PHYSICAL ACTIVITY IN AMATEUR ATHLETES	CONSTANTIN IONITA, MONICA STANESCU, MARIUS STOICESCU, LAURENȚIU NEAGU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

## ICEHHM WORKSHOPS

Friday, 12 June 2026

**15<sup>00</sup> – 18<sup>00</sup> (Doctoral School Round Hall, second floor)**

*Knowledge Cafe*

*Moderators: Roxana Bejan Mureșan, Lecturer.PhD (UNEFS Bucharest),*

*Alexandru Dancu, PhD Researcher, UNEFS Bucharest*

**16<sup>30</sup> – 18<sup>00</sup> (Doctoral School)**

*Emerging Technologies in Sport Science*

*Moderators: Dana Bădău, Professor PhD (Transilvania University of Brașov)*

*Germina Cosma, Professor PhD (University of Craiova)*

[Workshop Registration Link: Emerging Technologies in Sport Science](#)

**18<sup>30</sup> Official Diner**

## STUDENTS SCIENTIFIC CONFERENCE

Friday, 12 June 2026

10<sup>00</sup> – 11<sup>45</sup> Plenary presentations (Amphitheatre Hall)

12<sup>00</sup> – 13<sup>30</sup> Students Conference Sections

<b>G2 Room Section 1</b> Moderators: Associate Prof.PhD Gabriela Dintică	<b>G3 Room Section 2</b> Moderators: Lecturer PhD Stefan Toader	<b>G4 Room Section 3</b> Moderators: Lecturer PhD Viorel Ceascai	<b>Biochemistry Section 4</b> Moderator: Associate Prof.PhD Adina Geambașu
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<b>Athletics Room Section 5</b> Moderator: Lecturer PhD Cristina Niculescu Ciocan	<b>Handball Room Section 6</b> Moderator: Lecturer PhD Ana Maria Gavojdea	<b>Basketball Room Section 7</b> Moderator: Lecturer PhD Ana Maria Mujea	<b>H Room Section 8</b> Moderator: Lecturer PhD Aurel Marin
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13<sup>45</sup> – 15<sup>00</sup> Lunch (Calise Restaurant)

15<sup>00</sup> – 16<sup>30</sup> Students Conference Sections

<b>Athletics Room Section 9</b> Moderator: Lecturer PhD Stefania Prioteasa	<b>Handball Room Section 10</b> Moderator: Assistant PhD Alina Rusănescu	<b>Basketball Room Section 11</b> Moderator: Lecturer PhD Tudor Palade	<b>H Room Section 12</b> Moderator: Lecturer PhD Cristina Vărzaru
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- The Students Conference program is available on [congress website](#).

**INTERNATIONAL CONFERENCE OF HEALTHCARE**  
***CREATIVE APPROACHES TO MEDICAL RECOVERY DURING THE***  
***POSTPANDEMIC***

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**Mihaela Apostu**, Professor PhD, National University of Physical Education and Sports, Faculty of Physical Therapy, Bucharest, România

**Filiz Can**, Professor PhD, Hacettepe University, School of Physiotherapy and Rehabilitation, Orthopaedic Rehabilitation Unit, Ankara, Turke,

**Marilena Cojocaru**, Professor PhD, Spiru Haret University, Bucharest, România

**Ilie Onu**, Lecturer PhD, University AI Cuza, Iași, România

**Andrei Iordan**, Associate Professor PhD, University of Galați, România

**Ruxandra ElBsat**, Associate Professor PhD, National University of Physical Education and Sports, Faculty of physical therapy, Bucharest, Romania

**Jean-Michel Gracies**, Professor MD, PhD, Paris-East University, Hospital Henri Mondor, Creteil, France

**Marilena Rață**, Associate Professor PhD, Vasile Alecsandri University of Bacău, Romania

**Ligia Rusu**, Professor PhD, University of Craiova, Romania

**Ioan Turcu**, Associate Professor PhD, Transylvania University of Brașov, Romania

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**Oana Stoian**, Lecturer PhD (UNEFS Bucharest, Romania)

**Alexandra Ghezea**, Assistant PhD (UNEFS Bucharest, Romania)

**Kicsi Csongor**, Asistent PhD (UNEFS Bucharest, Romania)

**Friday, 12 June 2026**

**Section 1 Healthcare and Physical Therapy**

**15<sup>00</sup> – 16<sup>30</sup> (Amphitheatre Hall)**

**Moderators**

- *Cozeta Minculescu, Associate Prof. PhD (UNEFB Bucharest, Romania)*
- *Alexandra Ghezea, Assistant PhD (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2479	THE EVOLUTION FROM CRANIAL OSTEOPATHY TO SOMATOEMOTIONAL RELEASE	MIHAELA GUGU	UPLEDGER ROMANIA FOUNDATION	ROMANIA
2492	POSTOPERATIVE KNEE RECOVERY: A SYSTEMATIC REVIEW OF REHABILITATION PROTOCOLS FOLLOWING ACL RECONSTRUCTION, TOTAL ARTHROPLASTY AND MENISCECTOMY	ANDREEA-DANIELA BRAGUTA, MIHNEA - STEFAN DINU, ILEANA CRACIUN, RARES ANDREI CIRCIUMARU	UNIVERSITY OF CRAIOVA	ROMANIA
2507	ROLE OF EXERCISE THERAPY IN BREAST CANCER-RELATED LYMPHEDEMA REHABILITATION	ANA-MARIA-GABRIELA TARANU, RARES STANESCU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2508	THE IMPACT OF HYBRID MEDICAL RECOVERY ON PATIENTS WITH ASSOCIATED CERVICAL AND LUMBAR DISC HERNIATION	FLORIN CATALIN PREDOIU, MONICA STANESCU, COZETA MINCULESCU, ANDREI IORDAN	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT UNIVERSITY OF GALATI	ROMANIA
2514	THE EFFECTIVENESS OF DIGITALLY PHYSICAL THERAPY INTERVENTION IN LUMBAR DISC HERNIATION: A CASE STUDY	ALEXANDRU ILIE, MARIA TERESA MARTINEZ-ROMERO, LUCIELA VASILE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF MURCIA	ROMANIA, SPAIN
2515	IMPACT OF SWEDISH MASSAGE ON CARDIOVASCULAR PATHOLOGIES	RUXANDRA EL-BSAT, COZETA ANCA MINCULESCU, OANA - CRISTIANA STOIAN, RAMONA-MARIA BRAD	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2512	MOVEMENT SONIFICATION AS A FEEDBACK METHOD FOR POSTURAL RE-EDUCATION IN VISUALLY IMPAIRED INDIVIDUALS	OANA - CRISTIANA STOIAN, COZETA ANCA MINCULESCU, ANDREEA-MARIA SAVU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

**Friday, 12 June 2026**

**Section 2 Healthcare and Physical Therapy**

**15<sup>00</sup> – 16<sup>30</sup> (C2 HALL)**

**Moderators**

- *Mihaela Apostu, Professor PhD (UNEFB Bucharest, Romania)*
- *Oana Stoian, Lecturer PhD (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2529	VIRTUAL REALITY SOFTWARES USED IN PHYSIOTHERAPY: CLINICAL APPLICATIONS AND FUTURE PERSPECTIVES	NICOLAS ALEXANDRU BAICU, MONICA STĂNESCU, DANA BĂDĂU, COZETA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

		MINCULESCU, ALEXANDRU DANCU		
2539	CURRENT THERAPEUTIC APPROACHES IN THE RECOVERY OF POSTPARTUM OBSTETRIC SCARS	COZETA ANCA MINCULESCU, OANA - CRISTIANA STOIAN, IRINA LENE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2559	AI-ASSISTED CARDIOVASCULAR REHABILITATION: A PARADIGM SHIFT IN PHYSIOTHERAPY	ALINA GHERGHIN, ALEXANDRU SCAFA- UDRIȘTE	CAROL DAVILA UNIVERSITY OF MEDICINE AND PHARMACY, BUCHAREST EMERGENCY CLINICAL HOSPITAL	ROMANIA
2561	INSECT-BASED FOOD: AN ALTERNATIVE TO HUNGER	CERES GREHS BECK, ADRIANA DE FATIMA VALENTE BASTOS, ROCSANA BUCEA- MANEA-TONIS, OLIVA M. D. MARTINS	FEDERAL UNIVERSITY OF PARAIBA, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, POLYTECHNIC INSTITUTE OF BRAGANÇA	BRAZIL, ROMANIA, PORTUGAL
2564	FUNCTIONAL REHABILITATION PHYSIOTHERAPY PROGRAMS IN MALIGNANT HEMATOLOGICAL DISEASES - A MULTIDISCIPLINARY GUIDE	MOCANU (FARCASANU) MARIANA CRISTINA, SILVIA TEODORESCU, LILIANA VLADAREANU, ANDRA DANIELA MARCU, CHRISTINA GIANNO, MIHAELA APOSTU, ANCA COLITA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, FUNDENI CLINICAL INSTITUTE, OVIDIUS UNIVERSITY, UNIVERSITY OF MEDICINE AND PHARMACY "CAROL DAVILA" BUCHAREST	ROMANIA
2631	SPONTANEOUS MOVEMENTS AS A TOOL FOR EARLY ASSESSMENT AND INTERVENTION IN THE NEONATAL INTENSIVE CARE UNIT: A CASE STUDY	ANDREEA MANEA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2632	CLINICAL SIGNIFICANCE OF MAINTAINING FUNCTIONALITY AND PARTICIPATION THROUGH PHYSIOTHERAPY IN PEDIATRIC PALLIATIVE CARE	ALEXANDRA-MIHAELA IONICA, SILVIA TEODORESCU	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA

## WORKSHOPS

### 16<sup>30</sup> – 18<sup>00</sup> Workshop (C2 Hall)

#### *Quality and safety standards for healthcare services, regulations regarding the practice of physiotherapists*

*Moderators: Daniela Buciu, Lecturer. PhD (National Authority of Quality Management in Health, Romania) President of the Association for Safety and Quality in Healthcare Facilities*

### 16<sup>30</sup> – 18<sup>00</sup> Workshop (Amphitheatre Hall)

#### *Robot-assisted hand neurorehabilitation: from motor control to functional reintegration*

*Moderators: Ilie Onu, Lecturer PhD, (Grigore T. Popa University of Medicine and Pharmacy, Iasi, Romania)  
Andrei Iordan, Associate Professor PhD, ("Dunărea de Jos" University of Galați)*

### 18<sup>30</sup> Official Dinner (Marble Hall)

**10<sup>00</sup> – 11<sup>30</sup> Workshop (C2 Hall)**

***Recognition of cardiopulmonary arrest, chest compressions, and the use of a semi-automatic defibrillator***

*Moderators: Adi Manu, Coordinator of the Volunteer Department at the Bucharest-Ilfov Ambulance Service;*

*Robert Viziru, student at the Faculty of Physical Therapy, volunteer at the Bucharest-Ilfov Ambulance Service*

**12<sup>00</sup> – 13<sup>30</sup> Workshop (C2 Hall)**

***Application of Proprioceptive Neuromuscular Facilitation (PNF) techniques in the post-traumatic recovery and functional rehabilitation of high-performance athletes***

*Moderator: Kicsi Csongor, Assistent PhD (UNEFIS Bucharest)*

**NATIONAL CONFERENCE WITH INTERNATIONAL  
PARTICIPATION**  
***ADVANCES IN SPORT PSYCHOLOGY - NEW INSIGHTS AND  
DISCOVERIES***

**SCIENTIFIC COMMITTEE**

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**Roxana Bejan-Mureșan**, Lecturer PhD (UNEFS, Bucharest, Romania)

**Alin Mihaiță Săftel**, Lecturer PhD (UNEFS, Bucharest, Romania)

**9<sup>00</sup> – 10<sup>00</sup> Registration (Congress Desk)**

**10<sup>00</sup> – 13<sup>00</sup> International Conference of Sport Psychology - Plenary session and Workshops**

**10<sup>00</sup> – 11<sup>00</sup> (Amphitheatre Hall)**

**Moderators:**

- *Dina George, Associate Professor PhD., (UNEFB Bucharest, Romania)*
- *Alexandra Predoiu, Lecturer Ph.D. (UNEFB Bucharest, Romania)*

**Keynote speakers**

***MENTAL TOUGHNESS OF ATHLETES FROM THEORY TO PRACTICE***

***Zermena VAZNE, Professor PhD***

*Department of Health Psychology and Paedagogy,  
Riga Stradiņš University, Riga, Latvia*

***PERFORMANCE UNDER PRESSURE: THE NEUROSCIENCE OF COLLAPSE IN DECISIVE MOMENTS***

***Cristian VASILE, Professor PhD***

*Faculty of Letters and Sciences,  
Petroleum-Gas University of Ploiești, Ploiești,  
Romania, President of International Society for Applied Psychology*

**Special Guest**

***EYE OF THE TIGER: HOW MUSIC PREFERENCES SHAPE ATHLETIC PERFORMANCE***

***Rafal LAWENDOWSKI***

*University of Applied Sciences in Elbląg, Poland*

**11<sup>00</sup> – 12<sup>00</sup> Workshop (Amphitheatre Hall)**

***Psychological self-regulation in performance contexts: adaptation, burnout, and engagement***

- *Special Guest: Ana Maria Cazan, Prof. PhD  
(Transilvania University of Brașov, Faculty of Psychology and Educational Sciences)*

**12<sup>00</sup> – 13<sup>00</sup> Workshop (Amphitheatre Hall)**

***Clarity, Feedback, and Performance: Communication Mechanisms in Sports Coaching***

- *Special Guests: Amalia Raluca Stepan, Assistant Lecturer PhD  
(University of Craiova, Teacher Training Department),  
Alina Chiracu, Lecturer PhD  
(University of Bucharest, Faculty of Psychology and Educational Sciences)*

**13<sup>30</sup> – 14<sup>30</sup> Lunch (Marble Hall)**

## Oral Presentations - Sport Psychology

14<sup>45</sup> – 16<sup>15</sup> (Amphitheatre Hall)

### Moderators

- *Roxana Bejan, Lecturer Ph.D. (UNEFB Bucharest, Romania)*
- *Mihaela Zahiu, Lecturer PhD (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2401	THE RELATIONSHIP BETWEEN CHRONIC PAIN AND PSYCHOLOGICAL WELL-BEING IN ENDURANCE ATHLETES: A LONGITUDINAL MIXED METHOD STUDY	LLOYD EMEKA	ST MARY'S UNIVERSITY, LONDON	UNITED KINGDOM
2402	EMOTION REGULATION AND EXPERIENCED PAIN IN COMBAT SPORTS	SAHIL PAWADE, ANDREI ANASTASESCU, IONUȚ PATENTEU, IONIȚĂ NISTOR, LLOYD EMEKA, RADU PREDOIU	UNIVERSITY OF THESSALY ANASTASESCU TYSON STYLE, ROMANIAN-AMERICAN UNIVERSITY, CSM GALATI, ST MARY'S UNIVERSITY, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	GREECE, ROMANIA, UNITED KINGDOM
2403	EXPLORING THE IMPACT OF COACHES' LEADERSHIP STYLES ON MOTIVATION AND PSYCHOLOGICAL RESILIENCE AMONG COMPETITIVE SWIMMERS	TOBIAS DUMITRACHE, CORNEL LAURENȚIU MINCU	UNIVERSITY OF BUCHAREST	ROMANIA
2404	THE RELATIONSHIP BETWEEN PERSONALITY TRAITS, PERFORMANCE MOTIVATION, AND THE PSYCHOPHYSICAL AND TECHNICAL-TACTICAL SKILLS OF SENIOR VOLLEYBALL PLAYERS	DINU ALICE, RADU PREDOIU	UNIVERSITY OF BUCHAREST, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2405	PASSION IN SPORT – DATA FROM LATVIA, LITHUANIA, POLAND, ROMANIA AND TUNISIA	ANDRZEJ PIOTROWSKI, ALEXANDRA PREDOIU, ZERMENA VAZNE, ROMUALDAS MALINAUSKAS, FATEN HAMDI, MAURIZIO BERTOLLO	UNIVERSITY OF GDANSK, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, RIGA STRADIŅŠ UNIVERSITY, LITHUANIAN SPORTS UNIVERSITY, UNIVERSITY OF JENDOUBA, UNIVERSITY "G. D'ANNUNZIO" OF CHIETI-PESCARA	POLAND, ROMANIA, LATVIA, LITHUANIA, TUNISIA, ITALY
2406	THE IKIGAI PERSPECTIVE: A PHILOSOPHICAL LENS FOR CONTEMPORARY SPORT PSYCHOLOGY	MATHIAS ALBERTON	MARTIAL ATTITUDE C.I.C., LONDON	UNITED KINGDOM
2495	THE PSYCHOLOGICAL CHARACTERS OF THE PLAYERS OF THE SCHOOL SPORTS TEAMS AND THE DIMENSIONS OF THE SPORTS MOTIVATION AND THE RELATIONSHIP BETWEEN THEM	SAIDIA HOUARI	UNIVERSITY OF TISSEMSILT	ALGERIA

## Oral Presentations - Sport Psychology

14<sup>45</sup> – 16<sup>15</sup> (C1 Hall)

**Moderators:**

- Radu Predoiu, Associate Prof. PhD (UNEFB Bucharest, Romania)
- Laurențiu Bocioacă, Associate Prof. PhD (UNEFB Bucharest, Romania)

Paper ID	Title	Authors' names	Institution	Country
2661	AUTOMATIC AGGRESSION IN BOXING	RADU PREDOIU, MARCIN SZULC, MIHAI CIOLACU, MIHAI NISTOR, BOGDAN IVAȘCU, SARA ALIZADEH	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF GDANSK, PETROLEUM-GAS UNIVERSITY OF PLOIEȘTI, MIHAI NISTOR SPORTS CLUB ASSOCIATION, GABRIEL COBZARU ACADEMY BUCHAREST/ BOGDAN IVAȘCU PSYCHOLOGY PRACTICE, ISLAMIC AZAD UNIVERSITY	ROMANIA, POLAND, IRAN
2666	THE INFLUENCE OF ATHLETIC PERFORMANCE, INJURY SEVERITY, AND INJURY ATTRIBUTION ON ATHLETES' COPING STRATEGIES AND HOPE LEVELS	MARLENA PARTENIE, CORNEL LAURENȚIU MINCU, RADU PREDOIU	UNIVERSITY OF BUCHAREST, NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2664	COPING STRATEGIES IN BASKETBALL COACHES	ALEXANDRA PREDOIU, ALIN SĂFTEL, ALESSANDRO QUARTIROLLI, ALINA MOANȚĂ	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF WISCONSIN - LA CROSSE, /UNIVERSITY OF PORTSMOUTH	ROMANIA, UNITED STATES OF AMERICA, UNITED KINGDOM
2407	MECHANISMS OF MOTIVATIONAL OVERCOMPENSATION IN PERSON WITH LOCOMOTOR DISABILITIES IN MOTORSPORT – A CASE STUDY	CĂTĂLIN STANCIU	OEDIP PRIVATE PSYCHOLOGY PRACTICE BRAȘOV	ROMANIA
2408	ON-FIELD UNITY: THE IMPACT OF TEAM BUILDING ON SPORTING PERFORMANCE	CĂLINA IUȘAN	UNIVERSITY OF BUCHAREST	ROMANIA
2409	TWO SIDES OF THE SAME CRISIS: OVERTRAINING SYNDROME AND COACH BURNOUT IN SPORT	DRAGOMIR GEORGIANA	ROMANIAN CENTER FOR SPORTS AND EDUCATIONAL STUDIES (C.R.S.S.E.)	ROMANIA

## Oral Presentations - Sport Psychology

16<sup>30</sup> – 18<sup>00</sup> (Amphitheatre)

### Moderators

- Alin Mihăiță Săftel, Lecturer Ph.D. (UNEFS Bucharest, Romania)
- Kicsi Csongor, Assistant Ph.D. (UNEFS Bucharest, Romania)

Paper ID	Title	Authors' names	Institution	Country
2410	THE ROMAN LEGION MODEL FOR TEAM COHESION AND LEADERSHIP IN SPORT	ADRIAN MOLDOVAN, FABIAN ISTVAN, CORNELIA TAMAȘ	“ION CREANGĂ” STATE PEDAGOGICAL UNIVERSITY OF CHIȘINĂU, “GEORGE EMIL PALADE” UNIVERSITY OF MEDICINE, PHARMACY, SCIENCE, AND TECHNOLOGY OF TÂRGU MUREȘ	MOLDOVA, ROMANIA
2411	PARENT/COACH - CHILD COMMUNICATION IN SITUATIONS OF CRISIS, PERFORMANCE AND COMPETITION	GEORGETA PÂNIȘOARĂ	UNIVERSITY OF BUCHAREST	ROMANIA
2412	LESSONS FROM THE COURT: SPORT PSYCHOLOGY PRACTICE IN PARA BADMINTON	LUKASZ PARTYKA	DEEPHELP CENTER, WARSAW	POLAND
2413	THE INVISIBLE OPPONENT: DIGITAL ADDICTION AND ITS IMPACT ON FRUSTRATION TOLERANCE AND IMPULSIVITY AMONG ADOLESCENTS	ANA-MARIA LUCIA ANGHELESCU	UNIVERSITY OF BUCHAREST	ROMANIA
2663	THE COPING STRATEGIES AND ANXIOUS MANIFESTATIONS AMONG ATHLETIC AND NON-ATHLETIC HIGH SCHOOL STUDENTS	ALIN-NICOLAE GHITA, MARIUS STOICA, BOGDAN GOZU, MONICA STĂNESCU, GEORGETA MITRACHE	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF BUCHAREST	ROMANIA
2414	FROM ROLE MODELS TO SOCIAL CHANGE: HOW SPORT EDUCATION REDEFINES VALUES IN ROMANIA	VALENTIN COMĂNOAIA	EGOAL ASSOCIATION – EDUCATIONAL PLATFORM FOR ATHLETES	ROMANIA
2662	DIFFERENT MINDS, DIFFERENT MESSAGES: PREFERENCES IN SPORT COMMUNICATION	ALEXANDRA PREDOIU, ALEXANDRU BONCU, HERLI PARDILLA	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, WEST UNIVERSITY OF TIMISOARA, SEKOLAH TINGGI OLAHRAGA & KESEHATAN BINA GUNA, MEDAN	ROMANIA, INDONESIA

## Oral Presentations - Sport Psychology

16<sup>30</sup> – 18<sup>00</sup> (C1 Hall)

### Moderators

- *Georgeta Mitrache, Associate Professor Ph.D. (UNEFB Bucharest, Romania)*
- *Sonia Albu, Assistant PhD (UNEFB Bucharest, Romania)*

Paper ID	Title	Authors' names	Institution	Country
2415	THE BODY AS RING AND REFUGE: A BODY-MAPPING STUDY OF TRAUMA AND RESILIENCE AMONG ADOLESCENT UKRAINIAN REFUGEE ATHLETES	IDER STEFAN	UNIVERSITY OF BUCHAREST	ROMANIA
2416	RESILIENCE AND RISK-TAKING BEHAVIOR IN OPEN (WUSHU KUNGFU) AND CLOSED (TRACK AND FIELD) SKILLS SPORTS	IONUȚ CIUDOIU, MARIUS STOICA, RYSZARD MAKAROWSKI	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, UNIVERSITY OF APPLIED SCIENCES IN ELBLĄG	ROMANIA, POLAND
2417	THE RELATIONSHIP BETWEEN TILTING AND UNCERTAINTY IN THE GAME OF GO	CLAUDIU CRISTIAN PAPASTERI, VLAD ALEXANDRU POPA, ANDRADA ESTERA ROȘU, DORINA MARIA NIJLOVEANU	UNIVERSITY OF BUCHAREST, SIMON FRASER UNIVERSITY, PETROLEUM-GAS UNIVERSITY OF PLOIEȘTI	ROMANIA, CANADA
2418	THE EFFECT OF EVALUATIVE PRESSURE ON PERFORMANCE IN A FLANKER TASK: THE ROLE OF FEAR OF NEGATIVE EVALUATION AND PHYSICAL ACTIVITY LEVEL	OANA MONICA NAE, ANDREEA BUTUCESCU	UNIVERSITY OF BUCHAREST	ROMANIA
2419	TWO WORDS, ONE RESET. EMOTIONAL CUEING FOR PERFORMANCE RECOVERY	ALEX BOBONETE	UNIVERSITY OF THESSALY/ LEIPZIG UNIVERSITY, AND BARCELONA ACADEMY	ROMANIA
2682	CHARACTERISTIC OF COPING STRATEGIES AND THINKING STYLE AMONG SPORTS MANAGEMENT STUDENTS AT U.N.E.F.S.	GEORGETA MITRACHE, SONIA ALBU, DIANA LIGIA TUDOR, ALIN GHIȚĂ	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT	ROMANIA
2420	THE IMPACT OF DIGITALIZATION, IN THE CONTEXT OF ARTIFICIAL INTELLIGENCE, ON STUDENTS' PHYSICAL ACTIVITY AND PSYCHO-EMOTIONAL WELL-BEING	ANDREI GABRIEL ANTONESCU, ALINA ABABEI	NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORT, GEORGE BACOVIA UNIVERSITY OF BACAU	ROMANIA

**WE LOOK FORWARD TO MEETING YOU  
AT ICEHHM 2027!**